

# 45Degree Leg Press

Owner's Manual



## CALIFORNIA PROPOSITION

⚠️ 65 WARNING ⚠️

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**SB-LP2500**

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# IMPORTANT SAFETY GUIDELINES FOR OWNERS

Follow these guidelines to maintain proper working condition of the equipment:

Important: Do not modify the equipment or any of its parts, or permanently remove any part from the equipment.

Do not use accessory attachments that are not recommended by ours as such attachments might cause injuries.

Qualified technicians must perform all regular maintenance.

Make sure that trainers, facility personnel, and maintenance technicians understand how to use the equipment, know important safety guidelines, and can recognize potential problems such as a worn cable or cracked weld.

Strength training requires a significant focus by the facility and its staff to maintain the quality of the fitness environment. If possible, the facility should provide direct supervision of the fitness equipment at all times by people knowledgeable about the safe operation of the equipment and trained to recognize potential problems.

Make sure the equipment is stable and placed on a solid, level surface. The equipment is designed to be freestanding; however, equipment can be bolted to the floor for extra stability. Consult a qualified general contractor for proper fastening methods.

Make sure that the equipment is installed with enough free space for safe operation. With most equipment, the general rule is to allow about a 4-foot (1.2-meter) circle of space from the user's center. For Functional Training equipment, make sure that the operating space is large enough to allow the cables to be fully extended in all possible directions.

Place an "out-of-order" sign on the equipment during maintenance of the equipment or the surrounding area. Users should never be allowed to operate the equipment until it has been inspected and works properly. If a piece of equipment needs service, keep it out of use until repaired.

Whenever a weight can drop and hit a user, such as with an Olympic bench, We highly recommends that a helper or spotter be used.

Do not place the equipment outdoors or on wet surfaces.

# ASSEMBLY INSTRUCTIONS

Assembly of the Machine takes about 60 minutes to complete. If this is the first time you have assembled this type of equipment, plan on allowing more time.

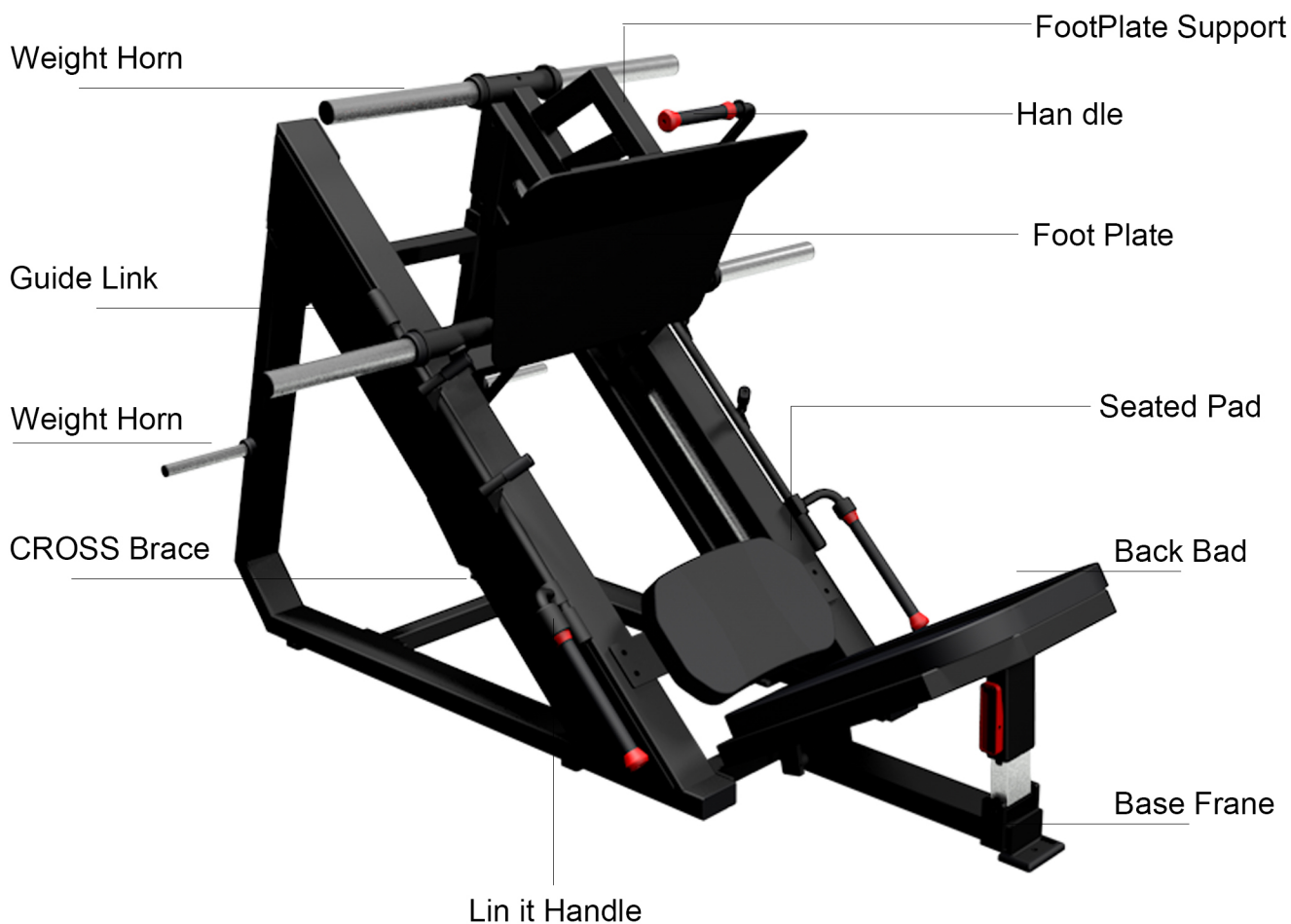
Be careful to open boxes and assemble components in the sequence presented in this manual.

Note: With so many assembled parts, proper alignment and adjustment is critical. While tightening the fasteners, be sure to leave room for adjustments.

Open the Box

Use wire cutters to open the box and remove the packing materials.

The illustration shows how the Machine will look when you have completed its assembly. The callouts identify specific pieces.





# INSTALLATION DIAGRAM



1. FIND THE LEFT AND RIGHT MAIN FRAMES.



2. INSTALL THE THREE CONNECTING BEAMS.



3. INSTALL BOTH SIDE MOUNTING HANDLES.



4. SLIDE THE GUIDE ROD INTO THE PULLEY.



5. AFTER THE RUBBER RINGS ARE SET AT BOTH ENDS, THEY ARE PLACED ON THE MAIN FRAME.



6. INSTALL THE BOLSTER BRACKET.



7. INSTALL THE COUPON BAR.

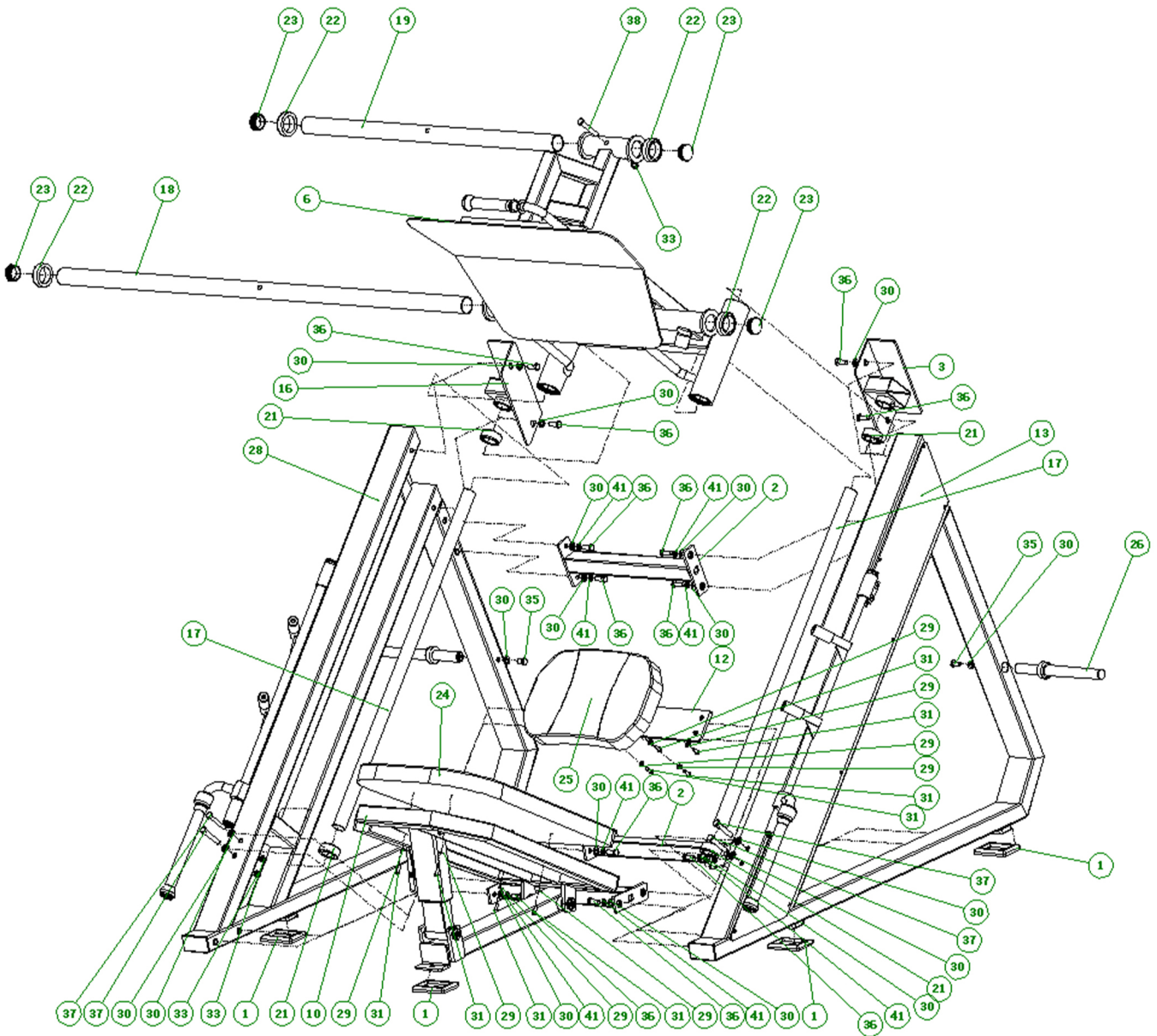


8. INSTALL THE CUSHION.



INSTALLATION IS COMPLETE.

# PRODUCT DEVICE EXPLODED VIEW



# LIST OF PRODUCT ACCESSORIES

ITEMS	QUANTITY	DESCRIPTION
1	5	FOOTMAT
2	2	ASSY PARTS
3	1	FIXED PARTS FOR GUIDING RODS
6	1	MOVABLE PARTS
10	1	SUPPORTS FOR CUSHION
12	1	MOUNTING PARTS
13	1	RIGHT FRAME PARTS
16	1	FIXED PARTS FOR GUIDING RODS
17	2	GUIDING RODS $\Phi 40 \times 1130$
18	1	BAR FOR WEIGHT STORAGE
19	1	BAR FOR WEIGHT STORAGE
21	4	ROUND SHOCK PAD $D40 \times D60 \times T25$
22	4	SHOCK PAD $D50 \times D70 \times T20$
23	4	CORKING $\Phi 50$
24	1	BACK CUSHION
25	1	CUSHION
26	2	BAR FOR WEIGHT STORAGE
28	1	RIGHT FRAME PARTS
29	8	FLAT GASKET
30	28	FLAT GASKET
31	8	"HEX SOCKET HALF ROUND HEAD SCREW $M8 \times 20$ "
33	6	LOCK NUT $M12$
35	2	HEX SCREW $M12 \times 20$
36	16	HEX SCREW $M12 \times 30$
37	4	HEX SCREW $M12 \times 75$
38	2	HEX SCREW $M12 \times 80$
41	12	SPRING WASHER

# MAINTENANCE STEPS

- ◆ 1. PLEASE USE ALL KINDS OF EQUIPMENT IN THE GYM CORRECTLY. IF YOU FIND ANY PROBLEM, STOP USING IT IMMEDIATELY, AND HANG UP THE WARNING SIGN OF “EQUIPMENT MAINTENANCE, DO NOT USE”, IN ORDER TO AVOID BODY INJURY AND EQUIPMENT DAMAGE.
  
- ◆ 2. DAILY CHECK THE PRODUCTS, WHETHER THERE IS LOOSE CONNECTION, WHETHER THERE IS DAMAGE. ENSURE NO EQUIPMENT DAMAGE, LOOSE CONNECTION PHENOMENON, AS FOR COMMERCIAL USE, MORE SHOULD BE IN USE BEFORE THE PRODUCT INSPECTION TO ENSURE THE SAFETY AND RELIABILITY OF USE. EVERY TIME BEFORE USING SHOULD BE CAREFULLY CHECKED FITNESS EQUIPMENT PARTS CONNECTED TO THE PARTS ARE IN PLACE TO PREVENT LOOSE PARTS CAUSED BY PHYSICAL INJURY. DO NOT TOUCH ANY MOVING PARTS WITH YOUR HANDS.
  
- ◆ 3. ALL EQUIPMENT IN THE GYM SHOULD BE CLEANED WITH A DRY SOFT CLOTH ONCE A DAY AND WIPED CLEAN WITH A DRY SOFT CLOTH. KEEP THE APPEARANCE, SEAT CUSHION, BACK CUSHION AND OTHER PARTS CLEAN AND CLEAN EVERY DAY. CLEAN THE SWEAT STAINS ON THE SURFACE OF THE RACK IN TIME (WIPE WITH A CLEAN SOFT CLOTH), ATTENTION TO THE PROTECTION OF THE SEAT CUSHION, CUSHION, AVOID CONTACT WITH SHARP OBJECTS, SHARP OBJECTS.

# MAINTENANCE STEPS

- ◆ 4. PAY ATTENTION TO THE PROTECTION OF THE PAINT SURFACE OF GYMNASIUM EQUIPMENT. DO NOT TOUCH THE PAINT SURFACE WITH HARD OBJECTS. DO NOT TOUCH THE STAINLESS STEEL PARTS WITH ACID OR ALKALINE SUBSTANCES TO PREVENT RUST SPOTS.
- ◆ 5. CHECK THE CONNECTION POINT AND BOLT OF THE INSTRUMENT EVERY WEEK, TIGHTEN IT. INSTRUMENT PARTS SCREW LOOSE, PARTS SHAKE OR INSTABILITY, IF FOUND, LOCK IMMEDIATELY. CHECK FITNESS EQUIPMENT OPERATING MECHANISM, TRANSMISSION AND SAFETY PROTECTION, SAFETY DEVICE IS SENSITIVE AND RELIABLE. (ESPECIALLY THE FIXING SCREWS AT BOTH ENDS OF THE ROTATING SHAFT)
- ◆ 6. EVERY HALF A MONTH TO COUNTERWEIGHT PIECE GUIDE ROD, SLIDE RAIL, ELECTROPLATING PARTS, CONNECTING SHAFT, MOVING ARM SHAFT, JOINTS AND OTHER ROTATING ADJUSTMENT PARTS ADD LUBRICATING OIL MAINTENANCE. MONTHLY CHECK WHETHER THE ROPE, BELT LOOSE DAMAGE, BITE ROPE (ROPE AND PULLEY EDGE FRICTION SERIOUS), FOR PULLEY, WIRE ROPE AND OTHER VULNERABLE PARTS, DAMAGE SHOULD BE REPLACED IN A TIMELY
- ◆ 7. USE 502 GLUE TO FIX THE FLOOR GLUE, THE PIPE PLUG AND THE LOOSE SCREW.



# MAINTENANCE STEPS

- ◆ 8. INSTRUMENTS SHOULD BE KEPT IN A COOL, DRY PLACE TO AVOID DAMPNESS OR OVERHEATING.
- ◆ AVOID THE USE OF GASOLINE, BENZENE AND OTHER ORGANIC SOLVENTS TO SCRUB EQUIPMENT SO AS NOT TO DAMAGE THE SURFACE OF THE INSTRUMENT, LOSE LUSTER.
- ◆ 9. IF THE APPARATUS NEEDS TO CHANGE, IT MUST BE THE ORIGINAL FACTORY OR THE NATIONAL STANDARD, OTHERWISE THE CONSEQUENCE BEARS BY THE CUSTOMER.
- ◆ 10. WHEN MEMBERS USE THE EQUIPMENT, THEY MUST OPERATE IT PROPERLY UNDER THE GUIDANCE OF A PROFESSIONAL. (ESPECIALLY FOR NEW MEMBERS) OTHERWISE THE PERSONAL INJURY OR OTHER CONSEQUENCES TO THE MEMBERS SHALL BE BORNE BY THE CUSTOMERS THEMSELVES.
- ◆ IMPORTANT: IF IT IS DETERMINED THAT THE DEVICE NEEDS TO BE REPAIRED, APPROPRIATE MEASURES SHOULD BE TAKEN TO AVOID MISUSE OF THE DEVICE. THE "DEVICE FAILURE" LABEL SHOULD BE PLACED ON THE DEVICE. AT THE SAME TIME, THE USER NEEDS TO BE INFORMED THAT THE POWER DEVICE NEEDS TO BE REPAIRED.

# ASSUMPTION OF RISK



## WARNING



THIS PRODUCT HAS BEEN MANUFACTURED WITH SAFETY IN MIND. WARRANTY APPLIES ONLY WHEN USED AS INSTRUCTED. FAILURE TO COMPLY WITH THE WARNINGS AND PRECAUTIONS DESCRIBED IN THIS DOCUMENT MAY CAUSE PERSONAL INJURY AND RESULT IN WARRANTY BEING VOIDED. PLEASE NOTE THAT SB FITNESS ASSUMES NO RESPONSIBILITY FOR ANY ACCIDENTS RESULTING FROM USE.

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