



Anthony C. Harward MS CRNA
Phone # (208) 201-3737

BEFORE YOU RECEIVE ANESTHESIA

- **Do not eat anything within 8hrs of your scheduled appointment. You may drink clear liquids (water, apple juice or Gatorade) until 4hrs before your scheduled appointment. NOTHING after that. *Children under 6 years of age are ok to consume clear liquids 4oz of either water, apple juice or Gatorade ONLY up to 3 hours before your scheduled appointment. Failure to comply with fasting guidelines will result in:**
 - (1) Forfeiture of your deposit.**
 - (2) Payment for the balance of your scheduled anesthesia appointment.**
 - (3) Cancellation of your surgery cancellation.**
- If you need to take scheduled medications, please take them with only a sip of water and let your Anesthetist know which medications you have taken
- **If you have Asthma and use an inhaler, please bring it to your appointment.**
- Please have child bathe the morning of the appointment, wear loose fitting clothing, and ideally a short sleeve shirt. Also girls with long hair please put in pig-tails (it is more comfortable for your child and easier to position their head in the chair)
- Do not wear jewelry, contact lenses or makeup to your appointment.
- Arrive 15 minutes early to your appointment to allow adequate time for paperwork.
- **If you/patient become sick, have a fever over 100.0 degrees or have a cough/sore throat PLEASE contact the dentist as soon as possible to possibly reschedule. **If you have tested positive for Covid within 4weeks of your scheduled appointment please contact your dentist to reschedule.**
- Parents, on the day of your child's anesthesia and dental procedure, please make arrangements for your other children to be supervised and if possible do not bring them to the office. Your child will need your complete attention on the day of their procedure.
- The child's parent or legal guardian must remain at the office during the complete procedure.

AFTER YOU RECEIVE ANESTHESIA

- **Go home and rest.** It is not unusual to have blurred vision for 2-4 hours afterwards. Watch children closely. Their balance will be unstable. Your child may still be numb from local anesthetic, they may also have a tendency to bite, chew their lips, cheeks and tongue. Please keep your child out of harms way.
- **If your child wants to sleep, place them on their side with chin up. It is not unusual to be dizzy, sleepy, or sick to their stomachs after anesthesia.**
- Do not drive or perform any important cognitive decisions/activities for 24hours. Your child may return to school the following day after anesthesia.
- Begin eating and drinking as tolerated. Start slowly with water, popsicles, Gatorade and progress to more solid and easily digestible foods as tolerated.
- Analgesics or fever reducers may be taken according to the patient's weight every 4-6 hours as needed.
- **Call the dentist if the following symptoms occur:**
 - **Uncontrolled bleeding**
 - **Swelling**
 - **Increased pain**
 - **Fever over 100 degrees**
 - **Nausea/vomiting for longer than 2 hours**
 - **Sleepiness/dizziness for longer than 6 hours**

If the following occurs: Slow, shallow or difficulty breathing. Difficulty swallowing or if they are difficult to arouse. Call 911 or go to the closest hospital Emergency Room