

bioFLOW[®]

SIZE GUIDE

Print out this page at 100%. DO NOT scale to fit.

Compare the sizer strip with a ruler to ensure it is printed to scale. Cut the sizer strip out.

Cut a slit along the dotted line and between the two arrows.

Place the sizer strip around your wrist and pull the end through the slit, making sure there is enough room around your wrist so that the strip is not tight. (Bioflow bracelets and wristbands should fit close but comfortable and not too tight)

Determine your measurement as it appears through the slit.

If your wrist measures exactly the size of the product, we recommend that you go up a size. For example, if your wrist measures 17.5cm then you might want to choose a medium sport wristband to avoid the product being tight or restrictive.

