



The Number One Cause of All Disease, Cancer, and Divorce

My name is Keith Morey and I, like many Americans, suffered from the debilitating symptoms of a severe fungal infection **without even realizing it**. What are some of the symptoms of a chronic fungal infection?

1. *Craving for carbohydrates, even though you try to suppress it.*
2. *Moodier than you care to admit.*
3. *Sex drive not where you would like it to be.*
4. *Hypoglycemic - shakiness when you don't eat regularly.*
5. *Fatty food does not sit well in your digestive tract.*
6. *Bloating after eating.*
7. *Short term memory loss.*

I started my supplement company in late 1994 with one amazing product called MSM (methylsulfonylmethane) after developing an interest in the real cause of all disease, cancer, and divorce. That eventually led me to a radio talk show called Journey to Good Health. For over 2 years, I was on the air for 2 hours a day, five days a week. I interviewed over 200 guest speakers on health, all of whom led me on my own journey to good health. With access to all these specialists and their associates I concluded why our poor eating habits caused us to be overweight or obese, why we became sick, and why our society is full of ill health despite the best efforts of doctors.

Regardless of the cause, obesity, the flu, diabetes, or cancer will likely prompt a prescription of medications and often antibiotics of some sort. The symptoms of disease are being addressed but not the cause. There is a systematic breakdown occurring that causes people to become unhealthy in the first place. I have developed a safe and natural remedy.

Consider This

We are living longer, but our quality of life is rapidly declining. People are getting sicker more often and the World Health Organization predicts that global cancer rates could increase by 50% by 2020.¹ According to leading health experts,¹ there has been a 76% increase in Type II Diabetes in middle-aged Americans since 1990.² Maladies in our society like arthritis, osteoporosis, depression, insomnia, and fatigue are becoming an increasing epidemic. An alarming number of children are being diagnosed with autism, depression, or some type of learning disability (e.g. ADD) and being medicated accordingly. Disorders such as urinary tract infections, digestive and kidneys problems, tinnitus, muscle weakness and the inability to cope with stress are pandemic in our society. Smokers experience rapid weight gain or are diagnosed with cancer shortly after quitting (I will explain this phenomenon later).

The common denominator among most of these disorders is a **systemic fungal infection** that begins a deadly domino effect within our body. It is paramount to understand that antibiotics and other pharmaceutical drugs have all played a significant role in destroying the delicate balance of our immune systems and creating channels for fungus to overtake our entire body. These disorders can easily be managed and resolved without the use of broad spectrum “medicines”.

The concept of good health is not complex or irresolvable. Energy, good health and an ideal weight is easily attainable. Once you understand the basics it is very simple and I am here to build the foundation for you.

Let's start at the beginning

In a perfect gut environment, we are born with microflora, or good bacteria, in our digestive tract. The body lays down seven layers of immune-rich acidophilus, which is composed of multitudes of the good microflora, as well as other bacteria that are beneficial for the body. Utilizing nutrient-rich colostrum, these seven layers of good bacteria protect the intestinal tract from parasites, bad bacteria, and fungi while preventing these pathogens from leaking through the intestinal lining and infecting the blood stream.

Unfortunately, we get sick with common maladies, e.g. ear infections, and take a prescription for a wide spectrum antibiotic. Taking this antibiotic may kill the infection that is making you feel ill, but it also kills two-thirds of the good bacteria as well! Considering that over 80% of our immune system is in our gut, can we risk losing that?



The negative side effects of antibiotic use continue to affect us incredibly throughout our lives. Our systems can become compromised when we are born or even before. For example, a woman who takes antibiotics during pregnancy will give her unborn baby a substantial dose of them through the amniotic wall. Children are at an additional disadvantage when exposed to antibiotics because their immune systems are not yet fully developed.

Antibiotics have the capacity to destroy all seven layers of acidophilus leading to a condition called Leaky Gut Syndrome. When this occurs, the fungus eats its way through the intestinal lining and enters the bloodstream, enabling it to travel anywhere in the body. On its way through the intestinal wall, the fungus leaves little pinholes behind which allow proteins, carbohydrates, and fats that have not yet been fully digested to enter the bloodstream. The immune system reacts and builds antibodies and enzymes to destroy these undigested molecules that the body will recognize as foreign objects and pathogens. Even undigested food that would normally be beneficial to your body will be attacked as an invader and cause an auto-immune problem or food allergy/sensitivity.

Let's use broccoli as an example. Broccoli is a nutritional powerhouse with vital nutrients. Your body needs the necessary proteins that it provides. When your body breaks down the broccoli into amino acids, they carry a special signature that your body identifies as a nutrient from broccoli. When you have been prone to antibiotics, have a fungal infection, and leaky gut syndrome, the undigested protein enters the bloodstream. After forming antibodies and attacking the protein, the body will continue to struggle to differentiate between such similar signatures and likely attack them both equally.

This is what we have learned so far: Antibiotic use disrupts normal digestion. This causes an overgrowth in fungus in the digestive tract, which kills good digestive flora populations leaving the intestinal wall exposed. This allows fungus to eat its way through the intestinal lining and into the bloodstream. This in turn disrupts the immune system and contributes to auto-immune problems. These problems manifest in the form of food allergies resulting in poor nutrient absorption.

At this point, the fungi proliferate throughout the whole system, creating the aforementioned domino effect of different reactions. The brain, a carbohydrate fiend, utilizes 50-80% of all of the carbohydrates we ingest. Unfortunately, fungus also loves to feed off carbohydrates, as well as trace minerals, and ends up depriving the brain of carbohydrates and initiating cravings (symptom #1).



Food manufacturers love to take advantage of this carbohydrate craze by enticing you with sugary baked goods. Just think about it, if you go into a grocery store the first thing you see are cakes, chocolates, cookies and candies. Our society has become a bunch of carbohydrate fiends! When you eat these sugar loaded carbohydrates, your insulin, or blood sugar, spikes. Insulin spikes contribute heavily to brain damage, early aging, and unwanted weight gain i.e. the body conditions itself to store carbohydrates along with fats and proteins.

The fungus that has proliferated the body also affects the brain by releasing a waste product similar to ethanol. This compound overpowers the immune system, entering the brain and disrupting the neurotransmission used for short term memory, causing mutations and malfunctions in the brain (symptom #7).

Why is it so essential that the body stays alkaline?

Trace minerals are very crucial for the mechanisms of the body to function properly. Fungi love trace minerals and gobble them up like candy. As a result, we become mineral deficient. Trace minerals are necessary for healthy nerve function, muscle tone, energy production, growth, healing, and keeping your body in alkaline state. The trace minerals bind to amino acids, making chemicals that the body utilizes in order to remain at optimal functionality. Once bound, these molecules change from an acid to an alkaline state in the bloodstream, thus making the body alkaline. The pH scale measures the acidity or alkalinity of water soluble substances. Tap water should have a pH of 7, which is exactly neutral. If the pH balance was off by one degree, then the pipes in your house would corrode and you would be drinking contaminated water. The same concept happens within the body. Without the proper pH balance, the body starts to degrade just as the pipes in your home would.

Amino acids act as building blocks to protein and other essential chemicals of the body. Proteins are essential for growth and development by providing the body with energy. They are also needed to manufacture hormones, antibodies, enzymes and tissues. They help to maintain the proper acid-alkali balance in the body. The body needs to maintain a blood pH between 7.38 and 7.42. Any deviation i.e. change in ± 0.2 pH, from this extremely tight range can have devastating effects on protein regulation, cellular volume, and the rates of enzymatic reactions.

Let's talk about how fungus affects the body's pH level. As mentioned earlier, the fungus eats the trace minerals in the bloodstream, which makes the body acidic. It is worth mentioning that 90% of all people who have cancer are acidic. At this point, in order to stay alkaline, the body produces sodium bicarbonate (i.e. baking soda). The problem



with sodium bicarbonate is that the body needs sodium to produce this and believe it or not, in many cases, we are sodium deficient! This is contrary to what most doctors tell you. The reason why we are sodium deficient is because man-made table salt contains only 6 or 7 trace minerals, whereas natural sea salt contains 78 trace minerals that our body needs to function properly.

During the 1900's, society gravitated toward sodium chloride only instead of natural sea salt. By 1905, the general population started showing an epidemic of goiters. A goiter is an inflamed thyroid, which appears as a sizable lump on the neck. The thyroid was no longer getting any iodine! Table salt was eventually reformulated to include iodine, magnesium, manganese and a little bit of mercury to help separate the salt crystals. The artificial versions of these minerals are not natural and the body has a harder time properly absorbing them.

Iodine is listed as the 17th of 78 minerals in sea salt with sixteen other essential trace minerals having higher concentrations. Because goiters were a visible manifestation, it was immediately corrected by adding iodine to table salt. Given that iodine is only the 17th mineral in sea salt, what other minerals are our bodies missing from not having the 16 other essential minerals with higher concentrations?

With this in mind, it becomes clear how a poorly functioning thyroid can be a source of numerous health problems within the body. One of the most prevalent symptoms of a malfunctioning thyroid is low body temperature, which presents as cold extremities, extreme fatigue, and lack of endurance.

This is where the spiral of ill health spins completely out of control. As I stressed earlier, in order for the body to remain alkaline, it has resorted to sodium bicarbonate and it has become depleted of absorbable sodium. Because there is not a sustainable source of sodium within the body, it has to resort to calcium bicarbonate to become alkaline. The problem with calcium bicarbonate is that it requires the body to leech calcium from the bones, causing osteoporosis, which is a paramount concern among women in our society.

Another problem with calcium bicarbonate is that it has an inherently weak chemical bond, meaning it easily falls apart in the muscles and synovial fluids, forming free-floating calcium. I believe that these free-floating radicals are the scourge of the body because they are comparable to pieces of glass. The calcium goes through muscle and nerve tissue damaging cell structures and causing mutations and grinding



down joint cartilage i.e. free radical damage. This damage leads to premature aging, cancer and arthritis.

Unfortunately free-floating calcium also binds with fat forming plaque that sticks to arterial walls. This can damage the kidneys, which play an important role in blood purification. The last ditch effort for the body to become alkaline is to produce ammonia in the kidneys to offset the acidity. Ammonia is toxic in the body, but it will destroy the body at a much slower rate than the acidity of an unbalanced pH. That is why oftentimes a cancer ward or a hospice care facility reeks of ammonia. The smell is actually coming out of the patients' skin, breath and bodily fluids. It creates "the smell of death".

Let's go over what we have discussed. We take antibiotics that destroy good flora in our digestive tract. The resulting fungus then eats its way through the intestinal wall into the bloodstream, causing us to crave carbohydrates and causing short term memory loss from toxic excretions. The fungus eats trace minerals which makes us incredibly acidic and in dire need to rebalance our pH. Our bodies try to offset the acidity by using sodium bicarbonate but because we are sodium deficient, our bodies resort to calcium bicarbonate instead. The calcium bicarbonate breaks apart creating free-floating calcium which damages cell structures causing arthritis, purification problems in the blood, and hardened arteries.

Fungus and the Gallbladder

Sadly, gallbladder removal is the seventh most common operation in the United States and it is all due to a fungal infection doctors fail to see.

The main function of the gallbladder is to store bile, an acidic substance that is composed of broken down red blood cells that have been crushed in the spleen. The spleen removes the necessary minerals from the red blood cells and they are processed back through the liver where they are bound to used cholesterol and other waste material from the body forming bile acid. This bile is supposed to be stored in the gallbladder and secreted during meals to help us digest fats. However, when the gallbladder gets clogged up, or removed, and cannot secrete sufficient bile you are unable to properly digest fatty foods and experience (symptom #5).

Once the gallbladder is plugged the bile acid begins to back up into the pancreas. This causes the pancreas to create and secrete excess insulin. Too much insulin in the blood causes hypoglycemia (symptom #4). Symptoms include shakiness, rapid heartbeat, crankiness, hunger headaches, accelerated aging, and brain damage. Excessive insulin



also makes your body store glucose, fats, and proteins that you really don't need and putting you in a position of unwanted weight gain.

The marvelous pancreas is also responsible for making enzymes that are crucial for digestion and for making chemicals necessary for proper immune function. It is important to remember that cancer cells have a protective coating that makes them indistinguishable to the immune system and the body cannot recognize the cells as being cancerous when this coating is present. Pancreatic enzymes are responsible for breaking down the protective coating around the cancer cell so that your immune system can recognize it as a cancerous threat and destroy it. However, because of the fungus, the bile acids damage the pancreas, destroying its ability to seek out cancerous cells and provide insulin, which slowly turns the body diabetic and pre-cancerous.

When the gallbladder gets clogged up with fungus, the bile starts to back up into the liver, eventually damaging it. The liver is the primary organ that produces chemicals in the body and eliminates waste material from the body. Because bile is no longer digesting fats, they cannot be turned into good cholesterol in the liver. This poses a major problem because good cholesterol is converted into pregnenolone, which is the master hormone to all other hormones. It feeds the adrenals, which breaks down pregnenolone into its subcomponents such as estrogen, progesterone, DHEA and testosterone. Just about everything you could imagine is regulated and controlled by hormones and these are what eventually determine your personality and who you are. Hormones regulate digestion, heart function, thyroid function, neurological function, brain function, immune function, depression, anxiety, moodiness (symptom #2), and sex drive (symptom #3). People with fungal infections typically suffer from short term memory loss (symptom #7) because they are unable to receive and manufacture pregnenolone effectively.

Fungal infections deprive our bodies of proper hormone balance and this causes a ripple of events that affect every aspect of our lives. Causing multiple malfunctions throughout the body, fungal infections result in sickness, cancer and an overall depressed sense of well-being. This bodily stress creeps into our everyday relationships, putting a strain on our family, friends, work and the ones we love. This is why I believe that a fungal infection can be responsible for divorce and familiar strife. If your body isn't happy and healthy, your relationships will not be either.

Fungus and Vitamin D

The majority of people are not aware that a lack of vitamin D has become so endemic in our society. This deficiency contributes to rickets in children, bone disorders, cancer



(especially skin cancer), high blood pressure, immune system disorders, multiple sclerosis, and diabetes and is a major contributing factor to muscle pain and weakness. Vitamin D is crucial for proper thyroid function and maintenance. A healthy thyroid is what keeps your body temperature within a healthy range so that the body can activate enzymes and function properly.

When sunlight is absorbed through the skin, it begins a chemical process with cholesterol to produce vitamin D. As mentioned earlier, without proper digestion of fats, we are not making the proper amount of good cholesterol that the body needs to process the sunlight which leads to the deficiency of Vitamin D.

Fungus and Smoking

Have you ever known someone who quit smoking and ended up with more medical problems than ever before? Maybe they even died shortly after quitting smoking? It should not shock you when I say that nicotine is one of the most toxic chemicals that you can put in your body. Nicotine creates an environment where the seeds for fungus can be planted all throughout the body. Nicotine does not kill fungus; it merely retards its growth temporarily which is why most of these ailments occur after someone quits smoking. When someone stops smoking, they are no longer ingesting the nicotine that inhibits the growth of fungus. Now, the fungus is finally given the opportunity to flourish.

An analogy I like to use would be a gardener who continually seeds his lawn with fungus spores, but never watering it. When you quit smoking and remove the nicotine, it is like turning on the sprinklers. Between the damage that the nicotine has done and the fungus no longer being inhibited by the constant barrage of nicotine, the fungus is able to flourish at an exponential rate, ten times more rapidly than a nonsmoker.

This does not mean that you should continue smoking. This means that you need to kill the fungus and support the healing process of your body while you quit smoking. This enables the body to kill the fungus while eliminating the nicotine and boosting your immune system.

Oftentimes, we see people gain weight when they quit smoking. We perceive that they have used food as a coping mechanism. We think that they are either eating from anxiety or replacing the hand-to-mouth habit that cigarettes brought. In actuality, it is the fungus rapidly propagating that is making the person crave carbohydrates and causing them to snack, which in turn makes them more acidic and more prone to disease, cancer and other illnesses ten times more quickly than a nonsmoker.



Summary

Antibiotic use destroys the beneficial microflora that protects our digestive tract, enabling fungus to eat its way out of the gut and into the bloodstream, making you crave carbohydrates as the fungus munches on available starches. The fungus feeds off the minerals that your body needs, creating a deficiency that causes your body to become acidic. In an effort to maintain alkalinity, the body pulls calcium from the bones, which breaks apart and creates free-floating calcium radicals that damage cell structure. This causes cancer, arthritis, kidney damage, and causes plaque to build up in the arteries. Simultaneously, the fungus proliferates in the gallbladder, clogging it up and damaging the pancreas and liver. This curtails your body's ability to produce hormones, resulting in moodiness, sickness, depression and reduced sex drive, and emotional highs and lows that affect your family, friends, and even your marriage!

Do you wish you could feel just a little bit better? Do you want more energy? Wouldn't it be great to be able to function clearly all the time without having to drink your morning cup of coffee? How about when you are sick? Look around at the people that surround you. How many people do you see that are actually truly happy? Are you?

If you have any of these symptoms, you may have a fungal infection. If you want to know what you can do to become happier and healthier, take the first step and call us at 949-651-6355.

Sincerely,

Keith Morey

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¹ World Health Organization. News Release, 2003.

<http://www.who.int/mediacentre/news/releases/2003/pr27/en/1>



² Obesity Related Statistics in America. Get America Fit.
<http://www.getamericafit.org/statistics-obesity-in-america.html>

