



RIGHT SIDE

R1	Right shoulder/ trapezius – clavicle
R2	Shoulder blade / spine of scapula right
R3	Shoulder centre / glenohumeral joint centre right (GH) right
R4	Right elbow centre / elbow joint line
R5	Right wrist / carpal line
R6	Right waist / pelvic crest (front)
R7	Right waist / pelvic crest (side)
R8	Right waist / pelvic crest > intersecting line is L3/L4 (rear)
R9	Right rear pelvis / PSIS > intersecting line is approx S2 segment of sacrum
R10	Right hip front / ASIS (anterior superior iliac crest) (front)
R11	Right hip / greater trochanter (side)
R12	Right hip rear / glute max or rear hip centre (rear)
R13	Right thigh / mid thigh line, femur trace
R14	Right hamstring / rear mid thigh line, femur trace
R15	Right knee/ patella
R16	Right knee side / right knee joint midline
R17	Right knee rear / right knee joint midline , popliteal crease
R18	Right calf / right calf complex, tibia trace
R19	Right ankle / talocrural joint marker

CENTRE

C1	Upper spine / T1–3 thoracic segment
C2	Mid spine / T5/6 middle thoracic segment
C3	Upper ribs / xiphisternal axis, sternum
C4	Lower ribs / upper diaphragm
C5	Lower mid spine / lower thoracic + rib 10
C6	Lumbar spine / lumbar spine + upper pelvic crests
C7	Waist line / pelvic crests > intersecting line is L3/L4
C8	Sacrum, rear hip line

LEFT SIDE

L1	Left shoulder/ trapezius – clavicle
L2	Shoulder blade / spine of scapula left
L3	Shoulder centre / glenohumeral joint centre right (GH) left
L4	Left elbow centre/ elbow joint line
L5	Left wrist / carpal line
L6	Left waist / pelvic crest (front)
L7	Left waist / pelvic crest (side)
L8	Left waist / pelvic crest > intersecting line is L3/L4 (rear)
L9	Left rear pelvis / PSIS > intersecting line is approx S2 segment of sacrum
L10	Left hip Front / ASIS (anterior superior iliac crest) (front)
L11	Left hip / greater trochanter (side)
L12	Left hip rear / glute max or rear hip centre (rear)
L13	Left thigh / mid thigh line, femur trace
L14	Left hamstring / rear mid thigh line, femur trace
L15	Left knee/ patella
L16	Left knee side / left knee joint midline
L17	Left knee rear / left knee joint midline , popliteal crease
L18	Left calf / left calf complex, tibia trace
L19	Right ankle / talocrural joint marker

KEY ANATOMICAL HORIZONTAL LINES

C3	Upper ribs / xiphisternal axis
C4	Lower ribs / upper diaphragm
C1	Upper spine / T1–3 thoracic segment
C2	Mid spine / T5/6 middle thoracic segment
C5	Lower mid spine / lower thoracic + rib 10
C6	Lumbar spine / lumbar spine + upper pelvic crests
R6, R7, R8, C7	Waist line/ pelvic crests > intersecting line is L3/L4
R9, R10, R11, C8	Sacrum, rear hip line

KEY ANATOMICAL VERTICAL LINES

C3, C4	Midline central chest–ab line / sternal line, linea alba line (split between abs)
C1, C2, C5, C6	Spine line / spinous process line or vertebral line
R7, R10, R16, R19, L7, L10, L16, L19, C2	Side profile line (right) side profile line (left)