

Body Measurements Guide



JACKET

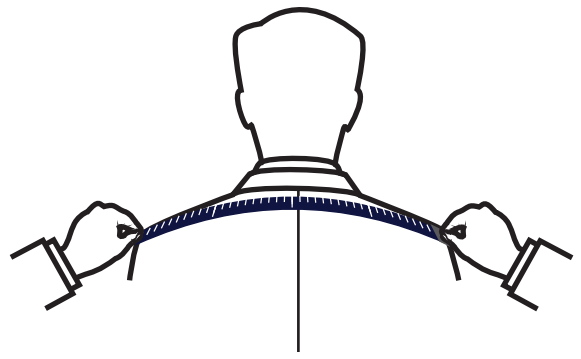


SHOULDER

Place the tape measure on the 'T seam', where the sleeve meets the shoulder bone point, just above the deltoid. Measure from seam to seam, ensuring that the tape follows the curved contour of your shoulders which is shown in the picture.

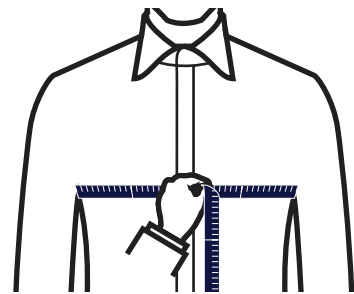
The measurement range is generally 44-49cm. Larger guys can be 50cm+.

This is a finished measurement.



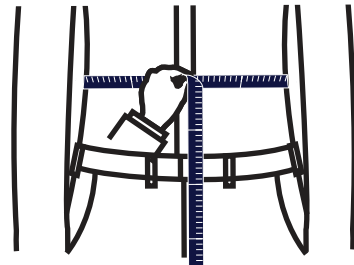
CHEST

Run the measuring tape around the fullest part of the chest, ensuring there's room for one finger behind the tape. Tape should be level and not too tight.



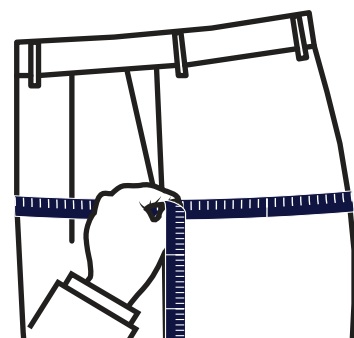
WAIST

Run the measuring tape around the stomach, ensuring that the tape measure is in line with the belly button and that there's room for one finger. Tape should be level and not too tight.



SEAT

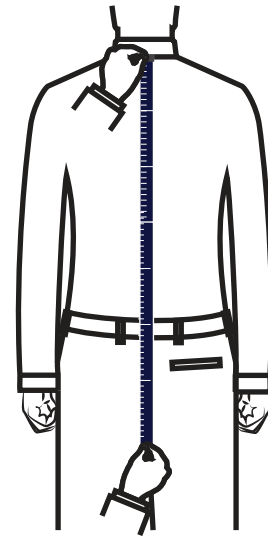
Run the measuring tape around the widest part of the hips (bottom), ensuring there's room for one finger behind the tape. Tape should be level and not too tight.



BACK

Measure from the seam under the back of the collar all the way down your back to the where you want your jacket to end. This will normally be at the base of the buttocks, where the buttocks meets the top of the hamstring muscle. Typical Range is 72cm-80cm.

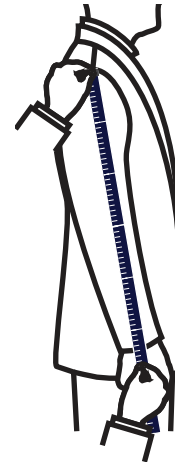
This is a finished measurement.



SLEEVE

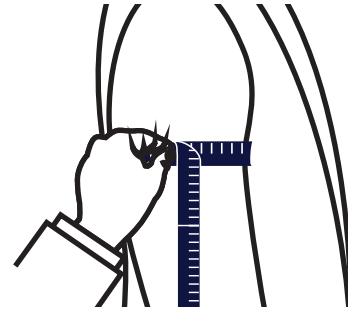
Place one end of the tape measure on the 'T Seam', where the sleeve meets the shoulder. Keep the arm straight and bring the tape down to wear you want the sleeve to end, which should be 1.5cm past the joint of the wrist. Typical Range is 59cm-65cm. Guys with longer arms 65cm-70cm.

This is a finished measurement.



UPPERARM

Measurement is taken horizontally around arm in the highest point of client's armpit. The measurement is essentially taken across the lower part of clients deltoid, not the middle bicep. Arm needs to be relaxed down by client's side, not raised or bicep flexed.



CUFF

This measurement is optional. The system will generate a finished measurement based on the upperarm measurement.

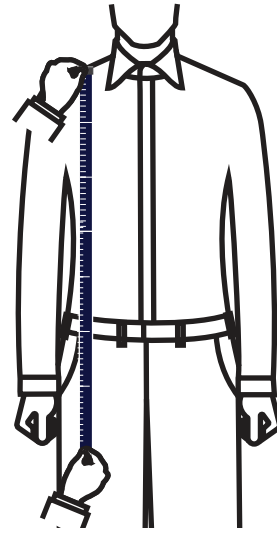
You may choose to override this system-generated measurement if you know the desired finished cuff measurement.



FRONT LENGTH

Measure from the seam at the top of the shoulder all the way down your front to where you want your jacket to end.

This measurement is optional.



TOP BUTTON

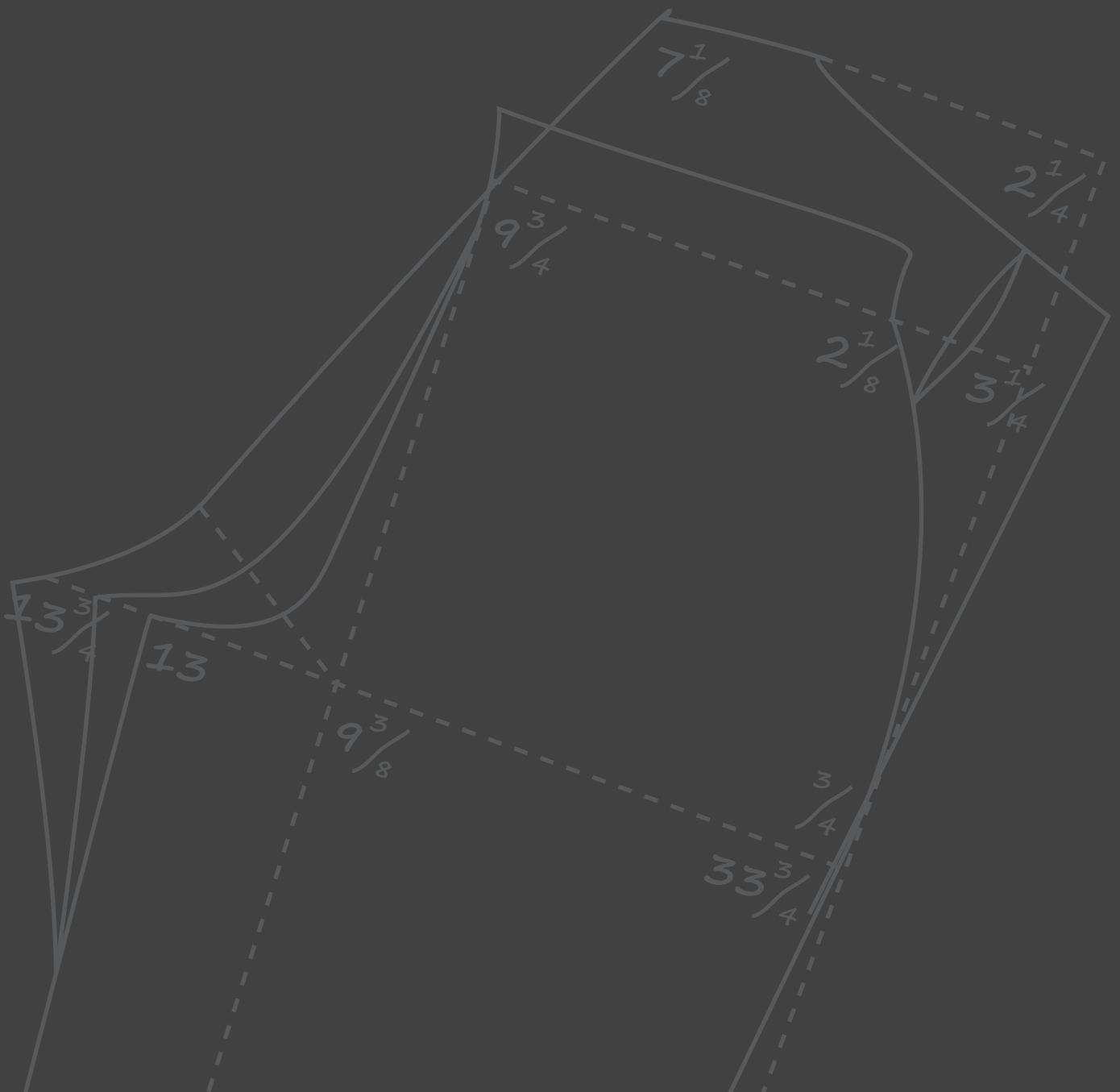
Measure diagonally from the point where the neck meets the shoulder to your natural waist.

The measurement is optional.



Body Measurements Guide

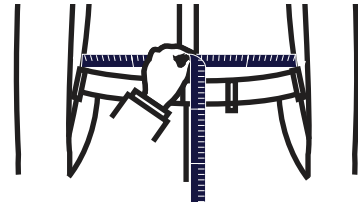
TROUSERS



WAIST

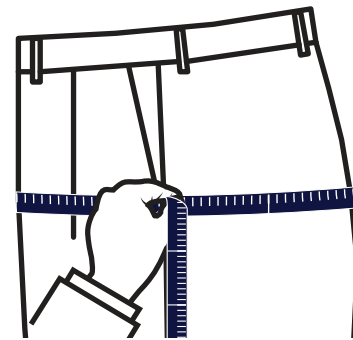
Run the measuring tape around your waist (on the skin), at the height you intend to wear your pants. Adjust for the desired snugness whilst ensuring there's room for one finger. It is not uncommon for this measurement to be about 2 inches more than the label size of your off the rack pants.

This is a finished measurement.



SEAT

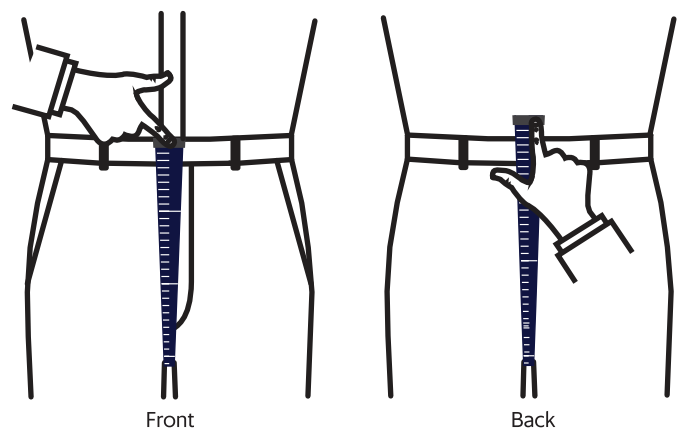
Run the measuring tape around the widest part of hips (bottom), ensuring there's room for one finger behind the tape. Tape should be level and not too tight.



U-RISE

This measurement is taken from the top middle of front of waistband, between your legs and then up to the top middle of back of waistband. Adjust this to the height you want the crotch of your trousers to sit. Typical Range is 63cm-67cm for average guys. Larger guys 67cm+.

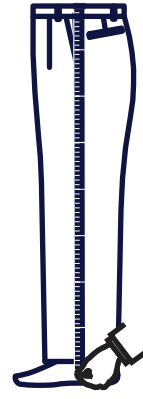
This is a finished measurement.



OUTSEAM

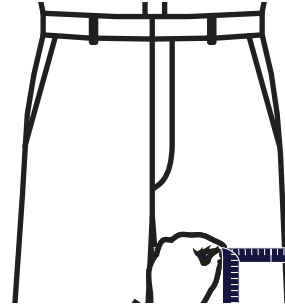
Measure from the top of the waistband, down the outer seam, all the way to the bottom of your trousers. From the very top to the very bottom. This should be about 1cm above the floor if you are bare foot.

This is a finished measurement.



THIGH

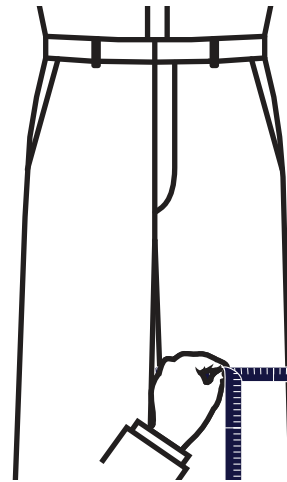
Run the measuring tape around the widest point of the thigh, ensuring there's room for one finger. Tape should be level and not too tight.



KNEE

Run the measuring tape around the knee. Add on the necessary allowance.

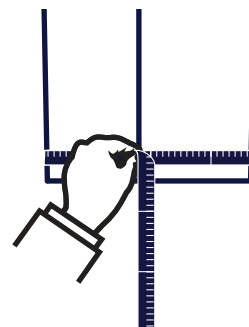
This measurement is optional.



HEM

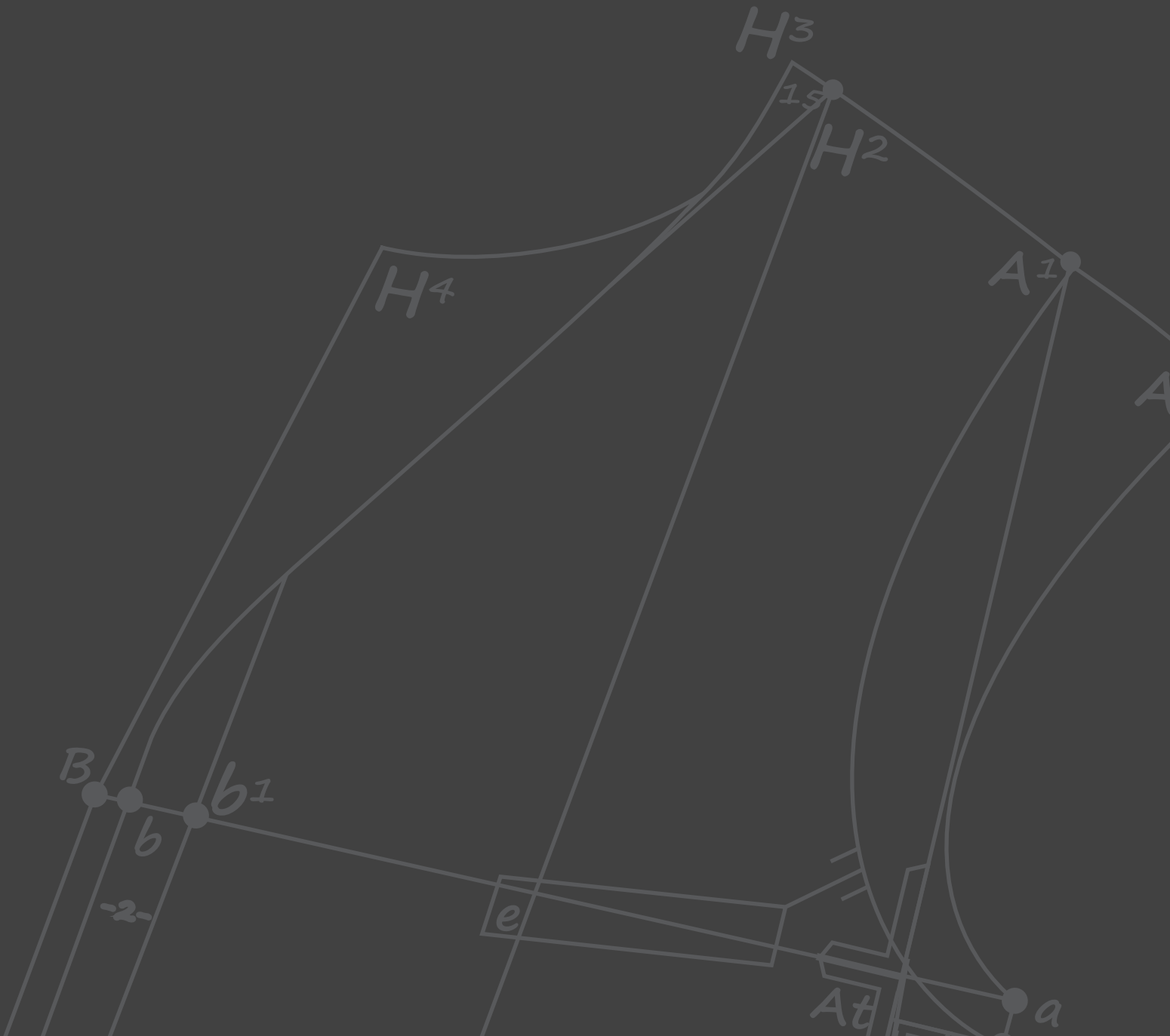
This measurement is optional. The system will generate a finished measurement based on the thigh measurement.

You may choose to override this system-generated measurement if you know the desired finished hem measurement.



Body Measurements Guide

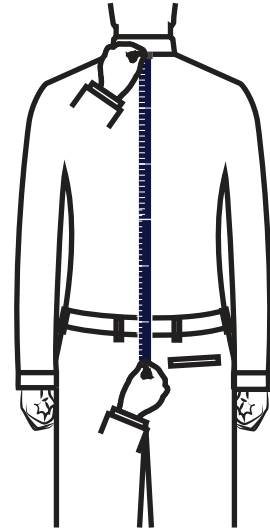
WAISTCOAT



BACK

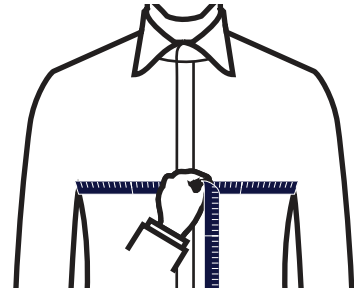
Measure from the seam under the back of the collar all the way down your back to the where you want your waistcoat to end. This will normally be just past your waistband.

This is a finished measurement.



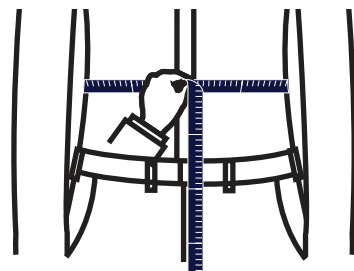
CHEST

Run the measuring tape around the fullest part of the chest, ensuring there's room for one finger behind the tape. Tape should be level and not too tight.



WAIST

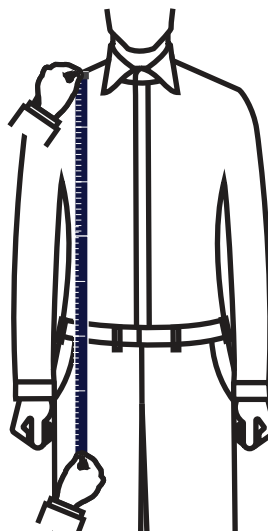
Run the measuring tape around the stomach, ensuring that the tape measure is in line with the belly button and that there's room for one finger. Tape should be level and not too tight.



FRONT LENGTH

Measure from the seam at the top of the shoulder all the way down your front to where you want your jacket to end.

This measurement is optional.



TOP BUTTON

Measure diagonally from the point where the neck meets the shoulder to your natural waist.

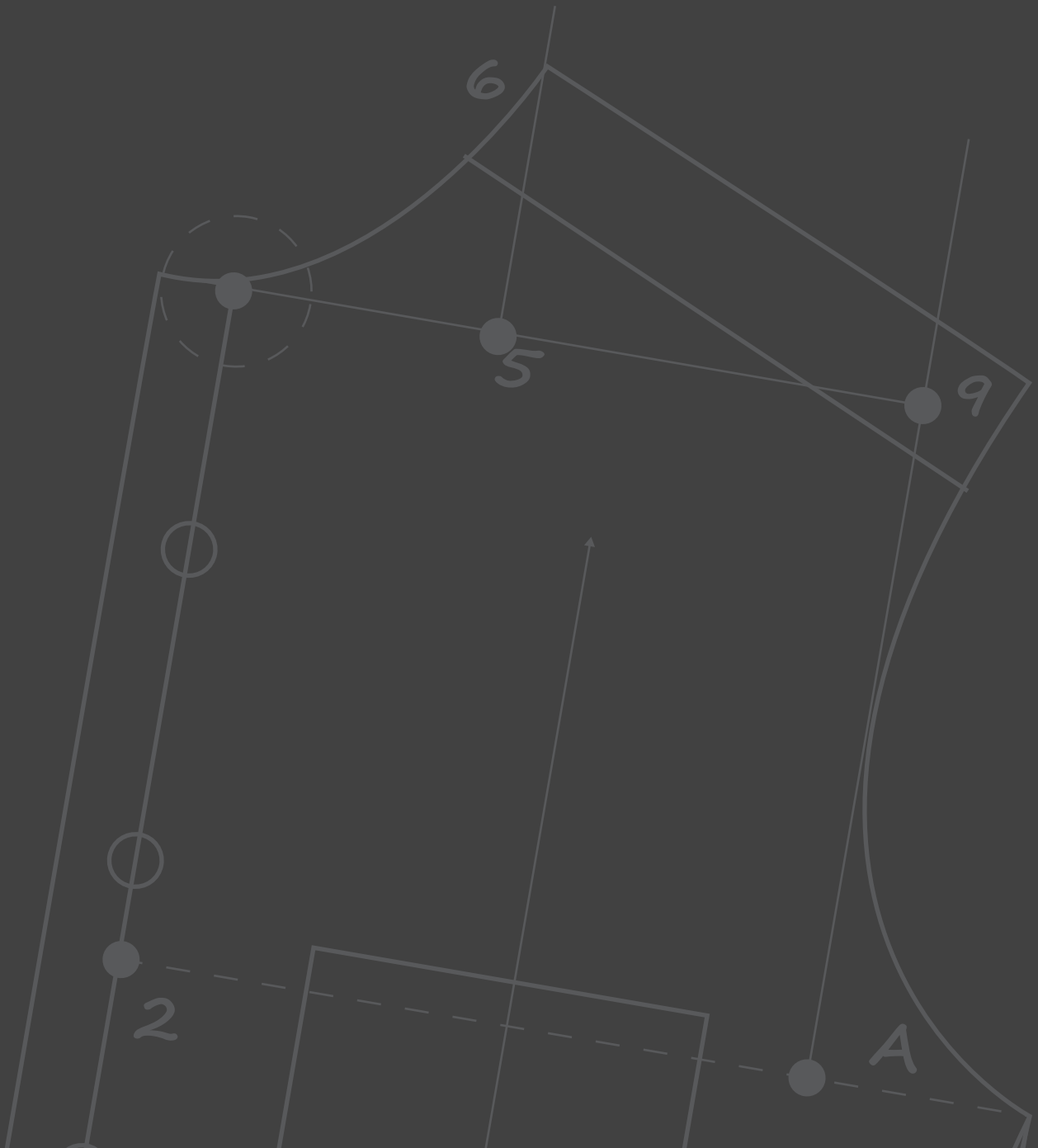
The measurement is optional.



Body Measurements Guide



SHIRT



NECK

Run tape around neck just under the Adam's apple, putting one finger between tape and neck; then adjust the tape measure to your desired size. Do not add too much room or your tie will not sit at the right height. Typical Range is 36cm-45cm.

This is a finished measurement.

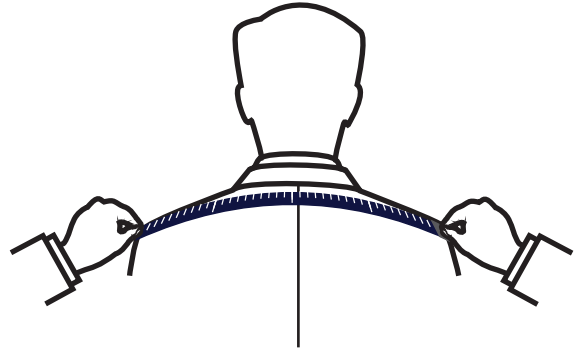


SHOULDER

Place the tape measure on the 'T seam', where the sleeve meets the shoulder bone point, just above the deltoid. Measure from seam to seam, ensuring that the tape follows the curved contour of your shoulders which is shown in the picture.

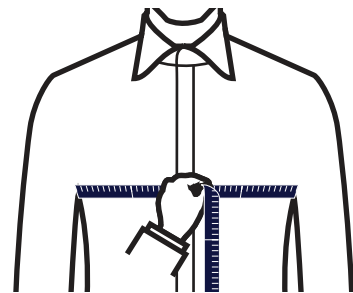
The measurement range is generally 44-49cm. Larger guys can be 50cm+.

This is a finished measurement.



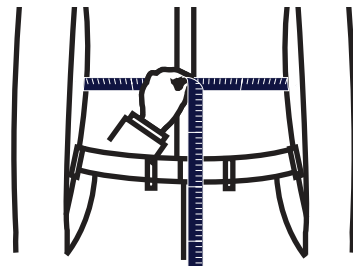
CHEST

Run the measuring tape around the fullest part of the chest, ensuring there's room for one finger behind the tape. Tape should be level and not too tight.



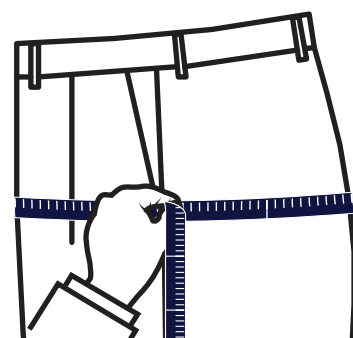
WAIST

Run the measuring tape around the stomach, ensuring that the tape measure is in line with the belly button and that there's room for one finger. Tape should be level and not too tight.



HIP

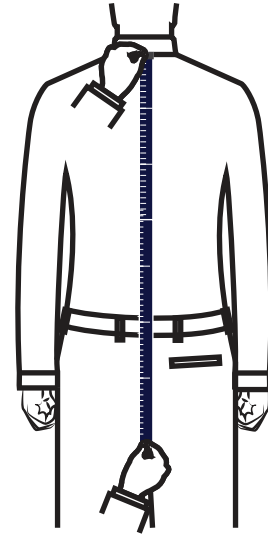
Run the measuring tape around the widest part of hips (bottom), ensuring there's room for one finger behind the tape. Tape should be level and not too tight.



BACK

Measure from the seam under the back of the collar all the way down your back to the where you want your shirt to end. This will normally be the fold in your buttocks. Typical Range is 72cm-80cm.

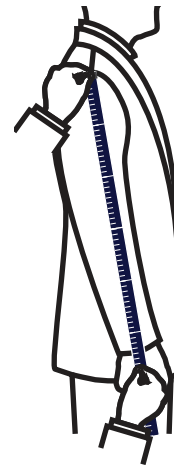
This is a finished measurement.



SLEEVE

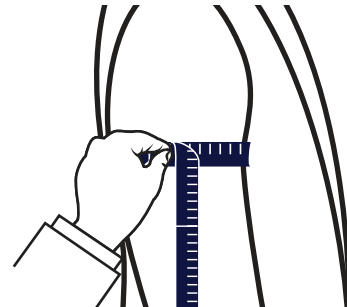
Place one end of the tape measure on the 'T Seam', where the sleeve meets the shoulder. Keep the arm straight and bring the tape down to wear you want the sleeve to end, which should be 1.5cm past the joint of the wrist.

This is a finished measurement.



UPPERARM

Measurement is taken horizontally around arm in the highest point of client's armpit. The measurement is essentially taken across the lower part of clients deltoid, not the middle bicep. Arm needs to be relaxed down by client's side, not raised or bicep flexed.



CUFF

Run the measuring tape around your wrist, please leave room for one finger; Tape should be level and not too tight. Typical range for skin measurement (before allowance) is 15-20cm.

