

**TRAX** STRENGTH

# **POWER TOWER**

## **Installation Manual**

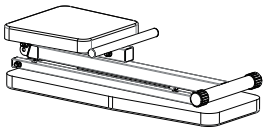
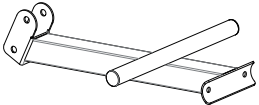
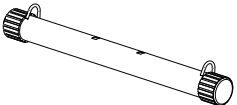
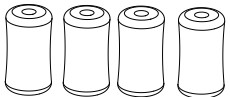
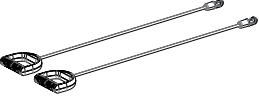
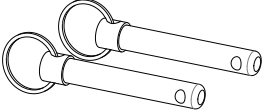
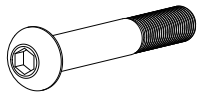
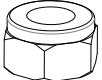
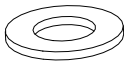
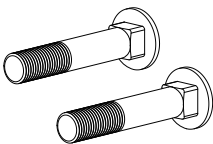
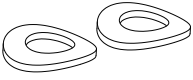

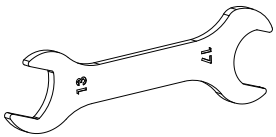
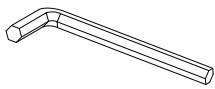


Please read all the instructions in the manual carefully before installing and using the product, and keep the instructions properly

**BEFORE USING THE EQUIPMENT, READ THE INSTRUCTIONS CAREFULLY AND KEEP THEM FOR FUTURE USE.**

1. Full safety and effectiveness of use can be achieved by following the instructions for assembly and use of the equipment. Please, remember to inform all potential users of the equipment about restrictions and precautions. We don't take any responsibility for injuries of any kind caused by improper use of our equipment.
2. The equipment must be used only in accordance to the intended use.
3. Our products are designed for adult users and intended for home use only. Don't leave the equipment unattended if there are children nearby. Underage kids should only use the equipment under adult supervision.
4. The device should be stored in a dry and warm place away from direct sunlight.
5. Our equipment is not suitable for rehabilitation purposes.
6. The equipment should be used by only one person at a time.
7. Place your device on the horizontal and even surface. Make sure the location you choose is stable, clean and free of other items.
8. It is recommended to use carpet, mat or other pad under the device to protect the floor.
9. Put the proper base (e.g. rubber mat, wooden base etc.) under the device in assembly area to avoid mess.
10. Before training, check that the equipment is complete and that all parts are in the right places.
11. If you have any medical conditions or chronic illnesses, or if you are using this type of equipment for the first time, we recommend consulting a doctor or specialist. Incorrect or excessive training can damage your health.
12. Warm-up before using the device.
13. If you experience pain, an irregular heartbeat, shortness of breath, dizziness or nausea while using the device, stop training immediately. Seek medical advice before continuing using the device.
14. Avoid wearing long, loose clothing while using the device, as it can get caught in the moving elements of the equipment.
15. Use the device only when it's well-functioning. If you find faulty components or hear disturbing sound from the device during use, stop exercising. Do not use the device until the problem is resolved.
16. Do not make any adjustments or modifications to the device other than those described in these instructions. In case of any problems please contact the service provider (contact details are provided below).
17. The minimum space required for safe use of the device is no less than two meters.
18. Maximum load – 110 kg.

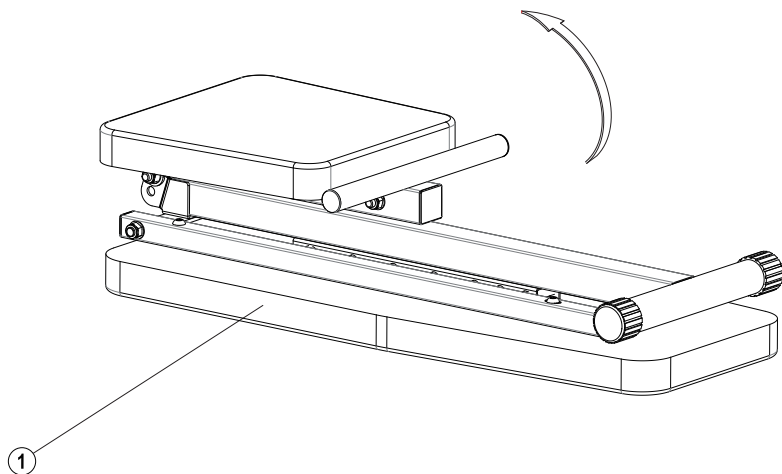
## LIST OF PARTS

<b>1</b>  ×1	<b>2</b>  ×1	<b>3</b>  ×1
<b>4</b>  ×4	<b>5</b>  ×2	<b>6</b>  ×2
<b>7</b>  ×2	<b>8</b>  ×1	<b>9</b>  ×1
<b>10</b>  ×2	<b>11</b>  ×2	<b>12</b>  ×2
<b>A</b>  ×1	<b>B</b>  ×1	

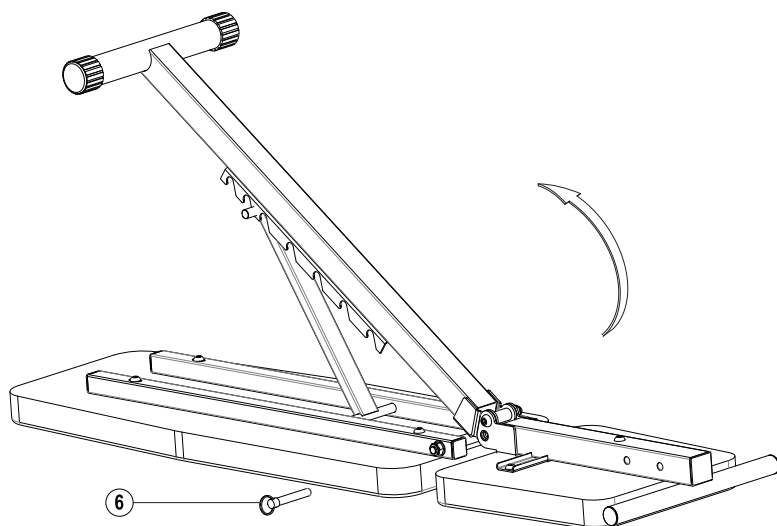
## ASSEMBLY DIAGRAM

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**1**

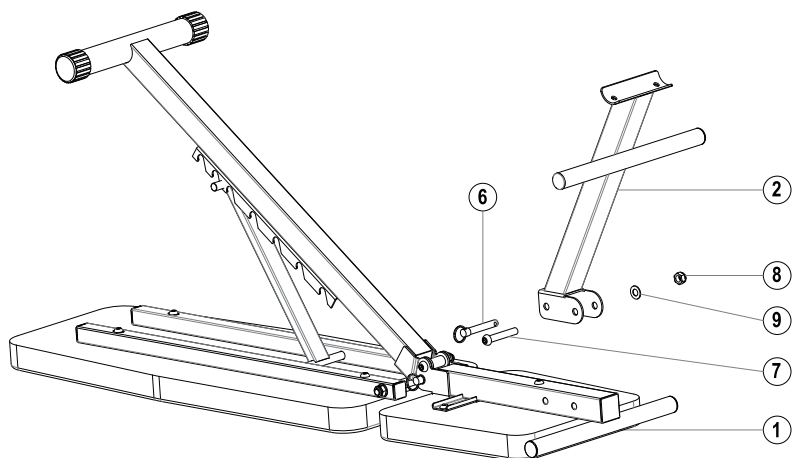


**2**

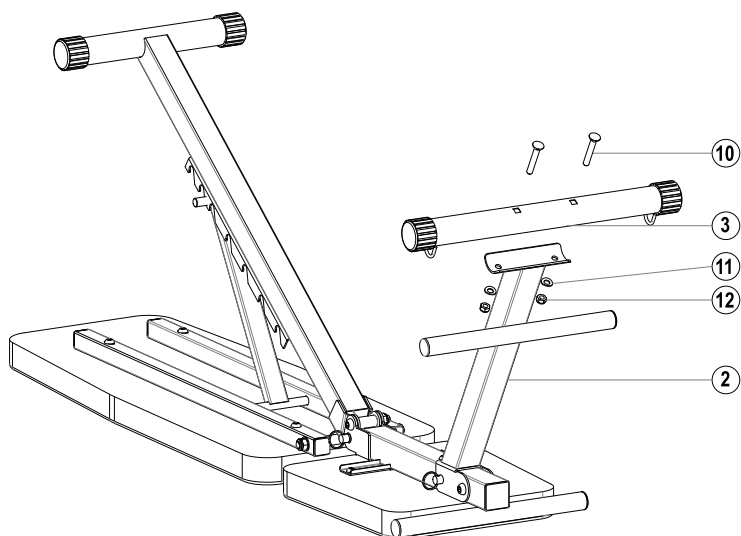




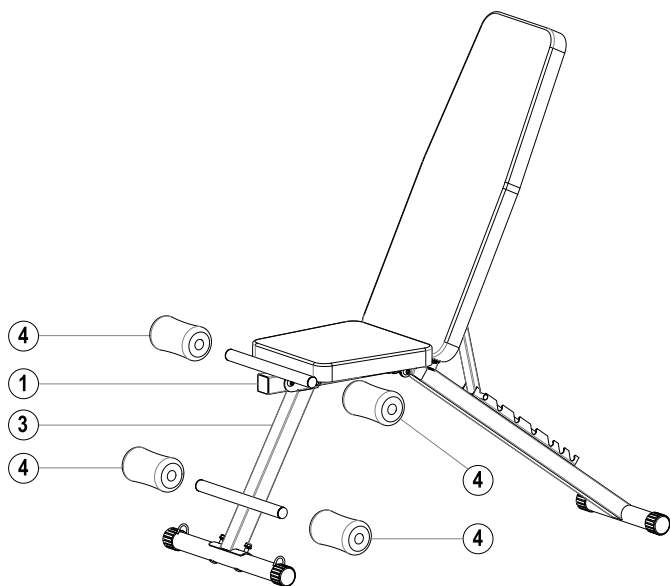
**3**



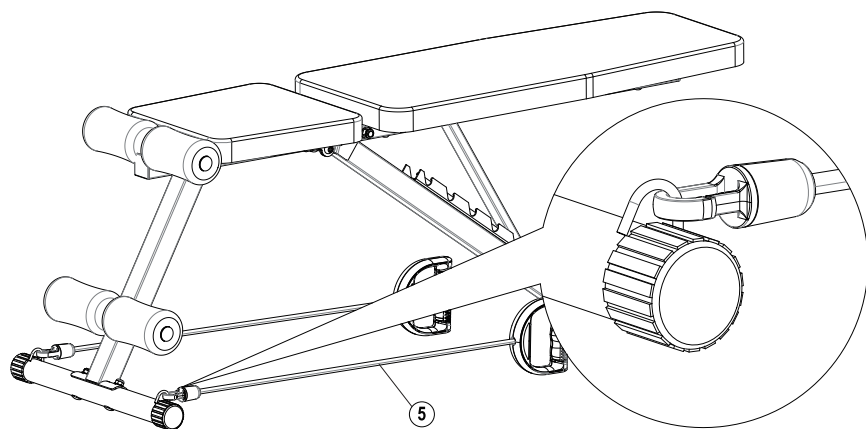
**4**



**5**

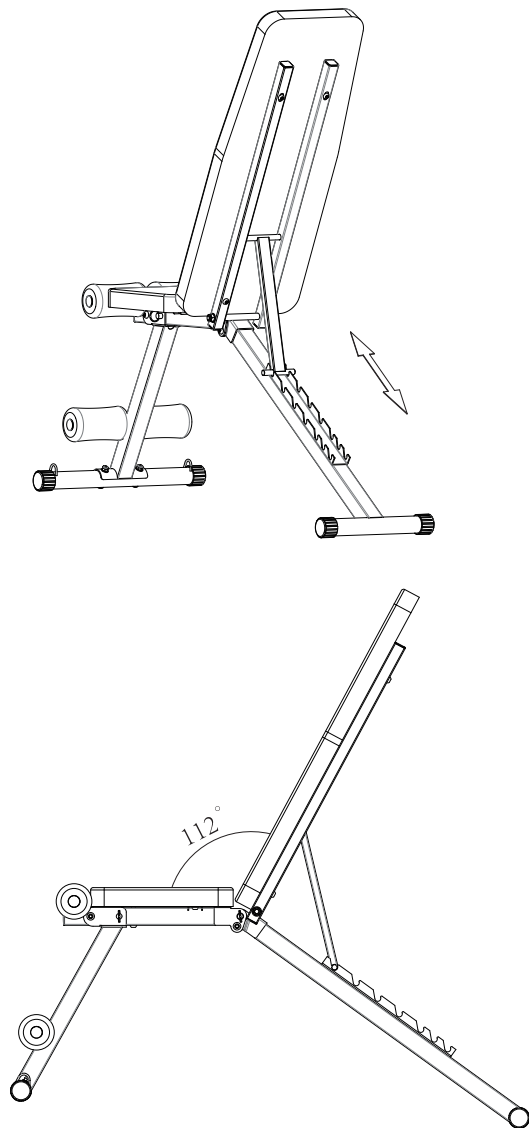


**6**



## BACK RAKE ANGLE ADJUSTMENT

To change the back rake angle, take out the bracket located underneath and lock in selected position.



1. Regular maintenance of the device should be considered. It should be carried out at least every 20 hours of operation of the device.
2. Maintenance includes:
  - checking on moving parts of the equipment and keeping them greased. It is recommended to use bicycle bearing greases or multi-component greases for fitness equipment.
  - taking care of other parts of the device, i.e.tightening bolts and nuts,
  - checking power cords (if present in the device) for damage.
3. To clean the equipment it's recommended to use a soft cloth slightly moistened with water or possibly with soap and water. Do not use strong substances or sharp cleaning materials that can damage the equipment. Particular care should be taken with plastic components.
4. After each use, remove all traces of sweat and dirt from the device.

## GB    TROUBLESHOOTING

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Problem	Possible solution
The product is unstable.	Make sure that all nuts and bolts are properly tightened.