## RING SIZING CHART

## Determine your ring size.

## Instructions:

1. Cut and wrap a $3 \frac{1}{2}$ strip of paper around the base of your finger. If you have larger knuckles, measure both. You may want to choose a size between the two to allow the ring to slip on comfortably.
2. Mark the spot where the paper meets.
3. Measure the paper's distance using the scale.
4. Use the chart to determine the ring size.

3.5 inches


| INSIDE DIAMETER $(\mathrm{mm})$ | USA \& CANADA | UK | GERMANY | ITALY | JAPAN |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 14 | 3 | F | 44 | 4 | 4 |
| 14.5 | 3.5 | G | N/A | 5.5 | 5 |
| 15 | 4 | H | 47 | 7 | 7 |
| 15.3 | 4.5 | 1 | 48 | 8 | 8 |
| 15.6 | 5 | J | 49 | 9 | 9 |
| 16.2 | 5.5 | K | 51 | 10 | 10 |
| 16.6 | 6 | L | 52 | 11 | 11 |
| 16.9 | 6.5 | M | 53 | 12.5 | 13 |
| 17.2 | 7 | N | 54 | 14 | 14 |
| 17.8 | 7.5 | 0 | 56 | 15 | 15 |
| 18.1 | 8 | P | 57 | 16 | 16 |
| 18.5 | 8.5 | Q | 58 | 17.5 | 17 |
| 19.1 | 9 | R | 60 | 19 | 18 |
| 19.4 | 9.5 | S | 61 | 20 | 19 |
| 19.7 | 10 | T | 62 | 21.5 | 20 |
| 20.4 | 10.5 | U | 64 | 23 | 22 |
| 20.7 | 11 | V | 65 | 24 | 23 |
| 21 | 11.5 | W | 66 | 25 | 24 |
| 21.6 | 12 | X | 68 | 26.5 | 25 |
| 22 | 12.5 | Y | 69 | 28 | 26 |
| 22.3 | 13 | Z | 70 | 28.5 | 27 |
| 22.9 | 13.5 | Z+2 | 72 | 32 | N/A |
| 23.2 | 14 | Z+3 | 73 | 33 | N/A |
| 23.6 | 14.5 | Z+4 | 74 | N/A | N/A |
|  | 15 | Z+5 | N/A | 35 | N/A |

