



## 2019 FALL SCHEDULE OF CLASSES, WORKSHOPS & EVENTS

For the meaningful maker looking for new artistic expressions and to digitally detox, classes at The Paper Seahorse are modern and fun. All materials always included, just bring an open heart and mind. Learn something new, make with your hands, and give from the heart. Register online and visit [www.paperseahorse.com](http://www.paperseahorse.com) for updates. Be sure to read our class policies.

***ASK TO BOOK A PRIVATE CLASS PARTY OR CORPORATE WELLNESS EVENT.***

### EVENTS

#### **SPECIAL EVENT: The Paper Seahorse Four-Year Anniversary**

Please join us as we celebrate four years of creativity and mindfulness! We are marking the occasion with discounts on items, giveaways throughout the day, and a fun make-and-take. We are committed to keeping Florida natural, healthy, and beautiful, so 10% of all sales will be donated to the Florida Earth Justice organization. Stop by and enjoy great company, all day fun, and a party favor with every purchase!

October 19th Saturday, ALL DAY

#### **SPECIAL EVENT: Origami Meet-up, FREE and open to the public**

Have you always wanted to try this ancient art of paper folding? Have you been folding in solitude? Have you tried to watch a video or read a pattern only to be frustrated? Or do you maybe already fold and want to learn new models with fun and interesting people? Then we have the group for you! The Tampa Bay Origami Society invites you to join us for our monthly meeting. Our mission is to spread the joys of folding to all ages, no experience necessary. We will be folding two to three models each session.

All supplies and refreshments provided, and feel free to bring anything that you would like to share (paper, books, snacks or just yourself.) Please be warned, folding paper is addictive, meditative and highly enjoyable. We will meet the third Saturday of every month for folding fun!

This event is FREE, but please register so we know how many to plan for.

September 21st Saturday 10:00am to 12:00pm, FREE

October 19th Saturday 10:00am to 12:00pm, FREE

November 16th Saturday 10:00am to 12:00pm, FREE

December 21st Saturday 10:00am to 12:00pm, FREE

#### **SPECIAL EVENT: Tampa Bay Letter Writer's Social, FREE and open to the public**

Calling anyone who loves writing and keeping in touch: This group is dedicated to those interested in letter writing, snail mail, and mail art. Our goal is to keep putting pen to paper, typing, and keeping the written word alive. This includes all forms of correspondence. We host regular letter writing socials and special events throughout Tampa Bay. We look forward to meeting everyone and bringing the joys of letter writing to as many folks as possible. Everybody brings something to share and we have a monthly theme; check our website and Meetup.com for details.

September 28th Saturday 10:00am to 12:00pm, FREE  
October 26th Saturday 10:00am to 12:00pm, FREE  
November 30th Saturday 10:00am to 12:00pm, FREE

## **ARTS & CRAFTS CLASSES**

### **Mindful Drawing: The Art of Zentangle I**

Learn to relax your mind, develop focus, and create beautiful images with the meditative art of Zentangle. Zentangle is easy to learn and no artistic ability is needed... anyone can do it, one stroke at a time! Create gorgeous images with repetitive patterns, to give yourself artistic satisfaction and an increased sense of personal well-being. A comprehensive drawing kit is provided. Teacher: Vicki Bassett

October 6th Sunday 10:00am to 12:00pm, \$60

### **Mindful Drawing: The Art of Zentangle II**

Continue your Zentangle experience with Renaissance tangling! Begin with a tan tile and draw with both light and dark ink and pencils. Why is it called "Renaissance"? It is inspired by the great masters of the Renaissance who used this method of drawing. Welcome to the Zentangle Renaissance! Prerequisite: Introduction to Zentangle. Please bring your kit from your first class: black pen, pencil and tortillon (blending tool). New materials will also be provided.

October 6th Sunday 1:00pm to 3:00pm, \$60

## **PAPER CRAFT CLASSES**

### **Book Binding: Create Your Own Notebook**

Learn how to make and take home a 12 page, 5x7in accordion book in this basic book making class. No stitching required... It's the perfect starter class! And perfect for photos, memory keeping, stories, recipes and more. Create a book board cover using papers of your choice from Nepal, Italy and Japan. Discover tips for gluing and folding tight, smooth corners. Finish your book with your choice of ribbon and other embellishments. All materials will be provided, just bring your creativity. Teacher: Claire Formilan

October 5th Saturday 10:00am to 12:00pm, \$60

### **Book Binding: Japanese Chopstick Style**

In this basic bookmaking class, you will explore how to make a beautiful stitched book with a hinged cover accented with a chopstick. Learn the basics of constructing a hinge-joint cover, stitching the spine and choosing the right thread. Take home a 9.5" x 7", 30-page book that you make in this class. No prior experience is needed, and all materials will be provided. All you need is your imagination! Teacher: Claire Formilan

November 9th Saturday 10:00am to 12:00pm, \$65

### **Mixed-Media Collage**

Please join our local mixed media artist for an evening of citrus cut paper collage! We will paint mixed-media paper using different techniques, learn about scale and composition, and, best of all, sketch, snip and assemble your own fruit-inspired collage artwork. All materials provided; you just need to bring yourself! Teacher: Meg Britten

October 16th Wednesday 5:30pm to 7:30pm, \$65

### **Monster Mail: Halloween Card-Making**

Join us for a spooky evening making harrowing Halloween cards for all the special little ghouls in your life! All materials are provided. Treats too! Appropriate for little and big monster-makers alike.

October 26th Saturday 2:00pm to 4:00pm, \$30

### **Holly Jolly Holiday Handmade Happiness**

Make a holiday-themed card and a cute mitten to begin your holiday season! Simple, relaxing, and useful, this is handmade happiness to enjoy all season long. Appropriate for elves of all ages. Space is limited; sign up today!

November 30th Saturday 2:00pm to 4:00pm, \$30

### **The Art of Gift Wrapping**

Celebrate the season and learn tips and techniques for wrapping the perfect present. Come learn the basics of what makes a fine lovely wrapped gift, hints for creating one of a kind presentations and how to put the finishing touches on any gift. You'll practice wrapping several gifts and walk away with a starter kit that includes: handmade papers, ribbons and inspirational accents. Feel free to bring any special gifts you would like to practice wrapping. Teacher – staff

December 4th Wednesday 5:30pm to 7:30pm, \$70

## **CALLIGRAPHY & LETTERING CLASSES**

### **Intro to Brush Pen Calligraphy**

Brush pen calligraphy is a great way for beginners to learn the foundations of pointed pen calligraphy without being intimidated by traditional pens, nibs, or inks! This class is a great complement to Just A Dip, which features ink and nib. In this class you will learn the fundamental technique of pointed pen calligraphy, but use a brush pen to achieve the distinct thin and thick strokes of modern calligraphy. Brush pens are a great tool to use for on-the-go creativity. Learn how to hold a brush pen, the basic strokes to create letterforms, and work towards combining those letterforms to make words and sentences. The versatility of this type of calligraphy is endless! You will leave with two beginner-friendly brush pens, take-home guide sheets, and the know-how to continue your calligraphy journey!

Teacher: Risha Roa

September 29th Sunday 9:30am to 12:30pm, \$65

November 10th Sunday 1:00pm to 3:00pm, \$65

### **Introduction to Modern Calligraphy: Lowercase and Basics**

If you're interested in learning pointed pen calligraphy with a modern twist, or just want to try something new, then Intro to Modern Calligraphy is for you! This class is geared towards beginners, even if you have never picked up a calligraphy pen before in your life, so don't be intimidated! We will cover the basics, including prepping your pen to take its first dip, understanding ink flow and pressure essential to pointed pen calligraphy, and the creation of basic script letterforms. Infused in this class will be the basic foundations to this centuries-old art form, which will provide you a solid starting place in creating modern calligraphy with your own style. You will walk away with the ability to replicate or produce your own lowercase alphabet, and the encouragement to practice and develop your own lettering style, all without having to have perfect handwriting! Basic supplies for this class will be provided and kits will be available for purchase if you'd like to practice your calligraphy at home (which is definitely encouraged)! Teacher: Risha Roa

September 29th Sunday 1:00pm to 3:00pm, \$70  
November 10th Sunday 9:30am to 12:30pm, \$70

### **Modern Calligraphy Intermediate: Uppercase and Play**

Keep going in your calligraphy journey! This class is ideal if you've completed Beginners Modern Calligraphy: Lowercase + Basics or any similar beginners class in pointed pen calligraphy. We will build on the basic foundations and jump into learning uppercase letterforms, both traditional and capitals with a modern twist. This class is more about play, and you'll be introduced to a variety of mediums like colored inks, watercolor, and metallic inks. We'll work further to develop, embrace and refine your own style, and wrap it up by learning how to digitize your calligraphy. This is an easy way to apply your lettering to images for Facebook, Instagram, or print! Basic supplies for this class will be provided, but you are more than welcome to bring your own calligraphy supplies to class. Kits will also be available for purchase if you'd like to keep practicing your calligraphy at home. Teacher: Risha Roa

October 27th Sunday 9:30am to 12:30pm, \$70

### **Faux-Calligraphy: Creating and Addressing Your Own Stationery**

Do you want to make someone's day? Sending pretty mail can be simple, but more importantly, *fun*. In this class, we will learn faux-calligraphy, the hand-lettering technique to achieve the coveted calligraphy look without all the technicalities of actually learning calligraphy! We will also create our own stationery and use our new faux-calligraphy skills to address the envelopes to our favorite people. Teacher: Risha Roa

October 27th Sunday 1:00pm to 3:00pm, \$60

### **Intro to Copperplate Calligraphy**

Learn the basics of Copperplate calligraphy style. Through practice and history, we will learn how this style became so popular in the eighteenth century and how it has come back to life nowadays. We will cover the basics, including the proper position when we sit down, papers, inks and how the ink flows, nibs and penholders, how to build letterforms, and warm up exercises. No previous experience is needed. This class will help us to build a foundation and a technique in pointed pen calligraphy. We will work all these aspects through the writing of a poem, which you will take home, plus the encouragement to keep practicing and exploring this ancient art that has influenced our way of writing till nowadays. Basic supplies for this class will be provided. Teacher: Marta Llorens

November 23rd Saturday 10:00am to 12:00pm, \$75

### **Capital Letters in Copperplate**

Learn to work on the uppercase elements of Copperplate style. We'll practice the form essence, how to build the letterforms, warm up exercises, and how to flourish them. We will work these letters individually, studying them and how to make the proper shapes and movements thanks to the position of our body and tools. We will also learn how to connect these capital letters with their lowercase partners and how to play together and position them in a sentence or text.

This course is for those who know a bit of the copperplate calligraphy style or any pointed nib calligraphy and would like to keep improving their skills. Supplies will be provided and you'll take home two elbow copperplate nibs, a pen holder, and a booklet to keep practicing. Teacher: Marta Llorens

November 24th Sunday 10:00am to 12:00pm, \$75

## CREATE CHANGE NOW® SELF-DEVELOPMENT WORKSHOPS

### Unlocking the Power of Essential Oils

Do you find yourself in need of a more positive energy or help accomplishing your goals and dreams? Many of us struggle with self-imposed limitations, but there ARE tools you can use to help you move past mental roadblocks and find emotional peace. In this workshop we will utilize modern references on how to:

- 1) Address our negative self talk;
- 2) Create a helpful list of positive affirmations;
- 3) Learn about the aromatic and topical benefits of pure, therapeutic grade essential oils for emotional support;
- 4) Create a custom roller bottle blend of essential oils that addresses YOUR personal and emotional needs.

You will learn to create blends to help you experience wellness and healing, and discover how applying them to certain areas of the body can create quick emotional shifts. This class is limited to 12 participants and includes a handout, materials for creating a list of positive affirmations, one glass roller bottle and the essential oils needed to make one custom blend that you take home. Teacher: Bailey Ryczek

November 2nd Saturday 10:00am to 12:00pm, \$65

## WRITING & JOURNALING CLASSES

### Improve Your Handwriting

Do you avoid writing because you don't like your handwriting? Do you want to write more but your hand gets tired? Could your cursive use a refresh? This could be the class for you. We will cover the basics of handwriting: print, cursive and anything in between. You will learn hints and tips to help you fall in love with your writing. Your penmanship and signature are as personal as your fingerprint. It is unique to you and only you. Learn to love your handwritten self! Includes all kit materials: practice sheets, notebook, pencil and pen. Suitable for everyone, ages 8 and up - a great way to get ready for back-to-school! Teacher: Tona Bell

October 8th Tuesday 5:00pm to 7:00pm, \$55

### Introduction to Journaling

Have you ever wanted to journal but just didn't know how to get started? Come join us in this interactive class where you will explore and experience the various types of journaling! Research suggests that journaling sparks creativity, increases self-confidence, provides clarity, expands awareness, *and* reduces stress. Being in this class means taking an important step towards self-care. You will receive a journal starter kit that you can personalize and make your own so you can keep journaling at home. Teacher: Holly Wilson

October 20th Sunday 12:00pm to 2:00pm, \$55

### Gratitude Journaling

*"When you are grateful, fear disappears and abundance appears."*

This quote reminds us that we can be happy, we just need to recognize what we do have. Did you know it is a scientific fact that when you are appreciative, you cannot be sad? It is impossible for the brain to be both at the same time! Starting a regular gratitude journaling practice is a game changer. It will help you be more mindful and

allow you to receive. In this class, your kit will have everything to start and design your very own journal. You will also learn techniques to begin the positive habit of journaling. Gratefulness starts here. Teacher: Tona Bell

November 17th Sunday 11:00am to 1:00pm, \$55

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**\* THE FINE PRINT/OUR POLICIES:**

Registration required for all classes. Please register for all classes either on the phone, in the studio, or online – space is limited and some classes fill up quickly. We need a minimum number of students to hold any class. Payment is due in full when registering.

To receive a refund, class cancellation requests must be received one week prior to the class date. Cancellations for store-credit can be made within the week, up to 48-hours before the class start-time. Due to the nature of planning and material prep, we cannot offer a refund or store-credit for cancellations within 48 hours of the class or for “no-shows” the day of. Pre-registration is required for classes and events.

We try very hard to host a class that you are registered for, however sometimes unexpected class cancellations do happen. In the event your class is cancelled, we will notify you immediately- we try to give a 48 hours notice. You will have the option to transfer to another class, receive a refund, or wait until the class is scheduled again.

Classes start promptly on time. Please arrive a few minutes early to get settled. If you arrive 15+ minutes after the class starts, you will have to reschedule and there will be no refund. Classes are appropriate for ages 13 and up, unless otherwise noted.

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**Private Parties and Corporate Wellness Events Available**

*If you are unavailable to attend a scheduled class, we can hold any class on the schedule with a minimum of six students. Private party classes have a minimum of six students\* and a maximum of 15 - depending on the class. Want to have a girls' night out? A friends' crafters' afternoon? We offer birthday parties (adults/kids), wedding and baby showers, too. Contact us today to set up your next class via phone: 813.251.8096, email: hello@paperseahorse.com or better yet, stop in the studio, we'd love to meet you!*

**ABOUT THE PAPER SEAHORSE**

The Paper Seahorse is a studio for creativity and mindfulness. Helping solve the digital dilemma is our specialty. Curating handwritten and handmade experiences, we are dedicated to celebrating the creative spirit and the makers. From stationery finds, creative classes and special events, we have the tools to help you digitally detox. Mindfulness starts here with us.

**Specialty Stationery**

We offer a carefully curated collection of modern and nostalgic goods for the art of writing, paper and presentation. These include: stationery, letterpress, custom and handmade invitations, gift wrap, writing instruments and accessories.

**Creative Classes**

For the maker and curious creative looking for new creative expressions, The Paper Seahorse classes are modern and fun. These classes are also perfect for girls' night out, date night, parties and special events. All materials and refreshments are included. Bring an open heart and mind. Learn something new, make with your hands, give from the heart. We also offers pop-up events, wedding and baby showers as well as birthday parties for kids little and big.

**Tampa Type: Typewriter Experiences**

Our signature "writing bar" consists of a curated selection of typewriters from the 20's to the 70's ready for creating. We also specialize in customizing typewriter rentals for photo shoots props/display and parties. Tampa Type has the largest inventory of restored vintage typewriters for sale in Florida. Tampa Type's permanent home is The Paper Seahorse.

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