



KNOW THE ABCs OF UVs

UV RAYS ARE STRONGEST FROM 10 A.M. TO 3 P.M.²

12 p.m.

10 a.m.

UVA (AGING)

Penetrates the skin more deeply, causing skin aging, and can lead to cancer.¹

UVB (BURNING)

Burns the outer layers of the skin and can lead to cancer.¹

3 p.m.



Sources: 1. The Skin Cancer Foundation 2. U.S. Food and Drug Administration

PROTECT THE FUN™