LIFE XPANSION CODE

Symphony Age

Client

Demo Client

File

Module 1

Symphony Age

This advanced approach dives into the age of 11 distinct organ systems, providing a detailed aging map.

Everyone ages differently

Epigenetic clocks have revolutionized how we understand aging, offering insights beyond what the calendar tells us. These innovative tools reveal your body's true age and the pace at which it's aging, acknowledging that everyone's journey through time is unique.

Developed by researchers at Yale, SYMPHONYAge enriches our understanding of aging by showing how each part of your body ages on its own path, offering a comprehensive snapshot of your health. SYMPHONYAge was developed by analyzing biomarkers from 5,000 individuals, enabling a precise study of aging across 11 organ systems.

This method integrates data from various sources, including whole exome sequencing and plasma metabolomics, to pinpoint epigenetic markers linked to specific organ aging. This detailed approach segments 130 biomarkers, offering insights into individual organ system aging.

Distinct from traditional epigenetic clocks, SYMPHONYAge provides a detailed view of biological age by organ system, facilitating targeted medical interventions and advancing personalized medicine. This tool significantly enhances our ability to manage and understand aging, emphasizing its heterogeneity and supporting tailored healthcare strategies for aging populations.

Chronological Age

61 years old

Understanding what this may mean

This is your current age based on date of birth.

OMICm Symphony Age

Symphony Age not Measured

Understanding what this may mean

OMICm Age was not measured.

OMICm Age vs Chronological Age

OMICm Age at least 10 years younger: -13.75

Understanding what this may mean

Being at least 10 years biologically younger suggests you're managing your health well. Keep up with your healthy habits and consider fine-tuning your lifestyle and dietary practices to further support longevity and well-being.

OMICm Blood Age

Blood Age not Measured

Understanding what this may mean

OMICm Age was not measured.

OMICm Brain Age

Brain Age not Measured

Understanding what this may mean

OMICm Age was not measured.

OMICm Heart Age

Heart Age not Measured

Understanding what this may mean

OMICm Age was not measured.

OMICm Hormones Age

Hormones Age not Measured

Understanding what this may mean

OMICm Age was not measured.

OMICm Inflammation Age

Inflammation Age not Measured

Understanding what this may mean

OMICm Age was not measured.

OMICm Immune Age

Immune Age not Measured

Understanding what this may mean

OMICm Age was not measured.

OMICm Kidneys Age

Kidneys Age not Measured

Understanding what this may mean

OMICm Age was not measured.

OMICm Liver Age

Liver Age not Measured

Understanding what this may mean

OMICm Age was not measured.

OMICm Lungs Age

Lungs Age not Measured

Understanding what this may mean

OMICm Age was not measured.

OMICm Metabolic Age

Metabolic Age not Measured

Understanding what this may mean

OMICm Age was not measured.

OMICm Musculoskeletal Age

Musculoskeletal Age not Measured

Understanding what this may mean

OMICm Age was not measured.

Biomarkers

Name	Change	Most recent result		Previous result	
OMICm Age	—	47.25	11.02.2023	—	—
OMICm Age Percentile	—	82	11.02.2023	—	—
Chronological Age	—	61	11.02.2023	—	—