

Brainspotting

Phase Two

**Presented by: Lisa Larson, LMFT,
Certified Brainspotting Trainer**

Brainspotting Phase 2 introduces five advanced Brainspotting techniques for working with highly traumatized or dissociative clients. Outside-Inside Window and Rolling Brainspotting support clients who tend to dissociate, while One-Eyed Brainspotting, Z-Axis with Vergence, and Advanced Resource Brainspotting help strengthen emotional, somatic, and neurobiological resources so clients can stay within their window of tolerance during processing. These advanced methods increase attendees' confidence in working with fragile or easily overwhelmed clients. Phase 1 is required to attend Phase 2.



Meet Lisa!

With over 25 years of experience, Lisa Larson is a trusted leader in trauma therapy and the founder of Pacific Trauma Center and Pacific Brainspotting Trainings. She is passionate about guiding clients toward lasting healing and empowering therapists to become highly skilled, confident trauma specialists.

21 CEs

possible. See our website for more information.

When:

Jan 9-11, 2025 from 9 am - 5:30 pm PST

Where:

Online via Zoom

Who:

Psychologists, counselors, social workers, students/interns & others in healing professions who have a strong clinical background.

Cost:

Standard: Early \$745 | Regular \$795 | Late \$845
Student/Retake: \$400

Register at:

<https://pacificbrainspotting.com/products/mayp2>



Most attendees find that Phase Two gives them a renewed sense of confidence and trust in their Brainspotting abilities.

Attendee Testimonials

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I enjoyed Lisa's energy & enthusiasm for the material, as well as her warm & attuned presence for demos & discussions. The BSP community feels like home to me & I'm grateful for the PBT team that I've trained with this year.
-Amber Keating, LCSW

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Educational Overview:

Upon completion of Phase 2, participants will be able to demonstrate advanced Brainspotting techniques to effectively treat clients with severe or complex trauma. They will identify and apply strategies to help clients move through dissociation, enabling progress in cases where trauma has remained unresolved for years. Participants will implement additional resourcing methods to support clients who previously disengaged or shut down, facilitating healing from complex trauma and persistent negative cognitions. They will also recognize and intervene in clients' maladaptive coping responses—such as flight, fight, freeze, or fawn—using advanced resourcing tools to resolve trauma and disturbing life experiences.

Please see our website for additional course information and policies: pacificbrainspotting.com
For questions, email us at: training@pacifictraumacenter.com.