

ErgoPro 321 Stool

a picture guide



T H E B A C K R E S T



Attach the backrest to the stool by sliding the backrest over the upright as you hold in the slide-lock. Adjust to desired height.



Adjust the height of the back rest by pushing the slide-lock with your thumb as you adjust the back. The backrest can be raised or lowered as required to provide lumbar support to the operator. Release the slide-lock when backrest is at the desired height.

SEAT HEIGHT

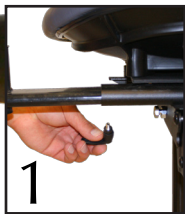


Control the height of the stool by lifting the front lever.
To move up, you must remove your weight from the stool. To lower the height you may remain seated and lift the lever.

SEAT TILT



To adjust the tilt of the seat, lift up on the rear adjustment knob. By lifting the lever to the vertical position, the backrest and seat will move with the operator. When 'floating' you will be in the 'Active Seating' mode which provides you with constant supported posture. This lever can be returned to the horizontal (locked) position at any time, thereby locking the seat and back in any position



To fasten Armrest...

- 1) attach the t-bar with the locking-handle supplied...
- 2) adjust and tighten the height-control knob while...
- 3) assuring that a half inch space exists between the end of the armrest and the seat's backrest.

Use the knob on rear of t-bar to control the rotational friction of the assembly.

Turn the tension adjustment clockwise (to the right as you are looking at it) to increase the vertical tension of the armrest.

Turn the tension adjustment counter-clockwise (to the left as you are looking at it) to decrease the vertical tension of the armrest.

You will need to turn a few times to feel any measurable change in the tension.

You should attempt to find the tension which will allow your arm to levitate.



Your ErgoPro 321 will provide you with many years of comfort and support. We encourage you to contact Productive Practices at 877.446.8088 with any questions regarding the set up or operation of our products.



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