

Healthworks

NUTRITION CENTRE

Name:	Date:
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Disclaimer

- You should not do an ion cleanse if 1) you have a pacemaker or electrical implant 2) on heartbeat regulating medication 3) an organ transplant recipient 4) on medication in which the absence of would make you mentally or physically incapacitate you, meds for psychotic episodes or seizures, etc. 5) you are pregnant
- If you have low blood sugar you should eat before receiving a treatment.
- If you have joint implants you may find it uncomfortable. If this happens please let the receptionist know right away so the treatment can be stopped.

Quantitative Evaluation

Score: Rate the next questions on a scale of 1 – 10. *10 being severe/chronic problems*

Frequency: Never = 0; Rarely = 1; Sometimes/Circumstantial = 2; Almost Always = 3

Emotional/Mental	Score	Freq.	Physical	Score	Freq.
Stress			Joint pain		
Depression			Inflammation		
Anxiety			Constipation		
Aggression			Diarrhea		
Irritability or Anger			Numbness		
Fatigue			Poor circulation		
Foggy brain			Gout		
Problems sleeping			Body odor		
Memory problems			Congestion		
Difficulty focusing			Acne/skin blemishes/liver spots		
Additional conditions/symptoms not listed above			Additional conditions/symptoms not listed above		
Total Score Emotional/Mental		-----	Total Score Physical		-----
Total Score (Emotional/Mental + Physical)					