



The Elevite Method (Superhuman Protocol)

PREPARATION FOR YOUR SESSION

You will have to dress appropriately for the appointment. There are three components of the treatment to consider.

- PEMF: Natural fibers allow for the best conduction of electrons.
- EWOT: Loose clothing for exercise.
- RLT: As little skin coverage as possible.

If you can find clothing that fits all the criteria you will move through the components better, however, you will be in a private room and there is opportunity to change if needed.

ASSUMPTION OF RISK, WAIVER AND RELEASE OF LIABILITY FORM

Because physical exercise can be strenuous and subject to risk of injury, you hereby agree that by participating in these EWOT exercise sessions, you do so entirely at your own risk.

You agree that you are voluntarily participating in these activities and use of these facilities and premises and assume all risks of injury. You expressly agree to release and discharge Healthworks Nutrition Centre from any and all claims or causes of action.

You acknowledge that you have carefully read this waiver and release and fully understand that it is a release of liability. You agree to voluntarily give up any right that you may otherwise have to bring a legal action against Healthworks Nutrition Centre for negligence, or any other personal injury or property damage or loss action.

Signed: _____

Printed Name: _____

Date: __/__/__

POST SESSION SUGGESTIONS

You will want to hydrate well because your body will be detoxifying and drinking water often will flush the toxins out more quickly.

If you want to continue to maximize oxygen and healing in your body while you wait for your next session you could add DMG (Dimethylglycine) and Taka Glo to your supplements. These are available on our shelves.