

## OPERATION GUIDE



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### Before wearing



Please use a cotton swab to clean the ear canal before wearing. If the cerumen is too much, it will block the sound outlet of the product and cause no sound.

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### How to wear



1. Choose earplugs that fit your ear canal size.



2. Install the selected earplugs and the machine



3. Turn on the hearing aid after wearing it



4. Adjust the volume to suit you

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Note: Be sure to choose earplugs that fit your ear canal and wear them correctly to fit your ears as much as possible. If you don't wear it properly, there will be echoes (whistles/sounds).

Note: After wearing, you can turn on the hearing aid to adjust the volume and program! ! !

### Problems encountered in wearing

1. There is no sound when wearing?

If there is no sound:

- ① Check whether the volume program is adjusted to suit your hearing
- ② Check whether the hearing aid has electricity
- ③ Whether there is no episode in the ear canal, and the earwax is blocking the sound of the hearing aid.

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Note: If the hearing aid is silent or the sound becomes low due to the blockage of the sound outlet, please clean the sound outlet.

2. Why is there a howling (sharp sound)?  
Howling (sharp sound) is a manifestation of the normal working of hearing aids. The hearing aid and the ear canal are not completely matched, causing the sound from the receiver to be received by the microphone again, and the sound forms a loop, which will be continuously amplified and produce howling.

Solution: The product is equipped with earplugs of different sizes, please choose the earplugs that fit your ear canal

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### Turn ON/OFF

After wearing, turn it on to prevent howling/acoustic echo during wearing.

Turn the power switch to OFF to turn down.



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### Volume control



lower the volume



Increase the volume

Move the scroll wheel upward by hand to increase the volume, and downward to decrease the volume. There are 4 levels of volume, 4 levels are the loudest.

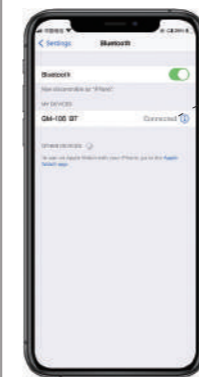
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### Bluetooth connection



#### M key function

- ① Short press play/pause/answer call
- ② Long press to switch Bluetooth mode
- ③ Double click to connect to Bluetooth with one ear
- ④ Triple click to switch hearing aid mode
- ⑤ Four clicks to manually TWS group pairing



Connect the Bluetooth name GM106-BT to connect the hearing aid



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### Charging



Charging compartment  
Flashing green = charging  
Steady green light = charging is complete  
Hearing aid  
Blue light always on = charging  
Blue light off = charging is complete



Hearing aid  
Green light always on = charging  
Green light off = charging is complete

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### Charging

1. When charging the hearing aid, it can be charged through the power adapter or through the USB interface
2. Hearing aid charging: first turn off the power of the hearing aid, and then charge it. The first charge should ensure sufficient charging time (not affected by the indicator light), and a charging time of 5-6 hours should be guaranteed
3. If the hearing aid is not used for a long time, the battery self-discharge will cause the battery to be seriously insufficient. It should be charged, and the charging time should reach 6 hours. Even if the charging indicator shows that the charging is complete, the charging should not be stopped (guarantee to reach 6 hours)

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4. During use, the hearing aid volume becomes low or when the hearing aid is not in use, the power should be turned off and charged (this will better protect the hearing aid battery). This is very important! Otherwise it will cause excessive discharge
5. The hazards of excessive battery discharge  
Will reduce the battery capacity and affect the battery life to varying degrees
6. When using AC power to charge, if the charging is over, unplug the power in time

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### Clean

If the hearing aid is silent or the sound becomes low due to the blockage of the sound outlet, please clean the earplugs and the sound outlet as shown in the figure



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## 21-day wear chart

### THE JOURNEY TO LISTENING

Unlike vision correction, which simply wears glasses, hearing correction is a rather detailed process. Once you start your hearing correction journey, you will experience countless "new sounds", and your brain needs to adapt for a period of time. In just a few weeks, you will be shocked by the sound that you have never experienced before.

If you have any questions, we will serve you wholeheartedly.

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### THE FIRST WEEK

Some sounds may be too noisy when wearing a hearing aid for the first time, such as the buzzing of the refrigerator, the wrinkling of paper, or the sound of your footsteps. This is normal, and your brain is relearning how to prioritize these sounds that you don't hear very often. Sometimes you may not like the noise, but please don't give up wearing. Please don't give up wearing them!

#### Patient

At the beginning, wear the hearing aid for 30 minutes a day, and then gradually increase the wearing time until the whole day.

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### THE SECOND WEEK

The more you wear the hearing aid, the more you can adapt to the sound environment. You even can ask people around you not to speak loudly to you anymore, because you can easily communicate with people.

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### THE THIRD WEEK

After a few weeks, you will feel more energetic because you no longer need to spend a lot of energy to listen what others say. The sound will become clearer and clearer, and you will once again enjoy the sounds that surround in your life, such as the melodious singing of birds in the backyard, the cheerful laughter of children, and the rustling of leaves in the wind.

#### Participate

Have a meal in a restaurant with friends, watch a movie in a theater, join a family gathering, and no longer have to bother to speculate about missed information.

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