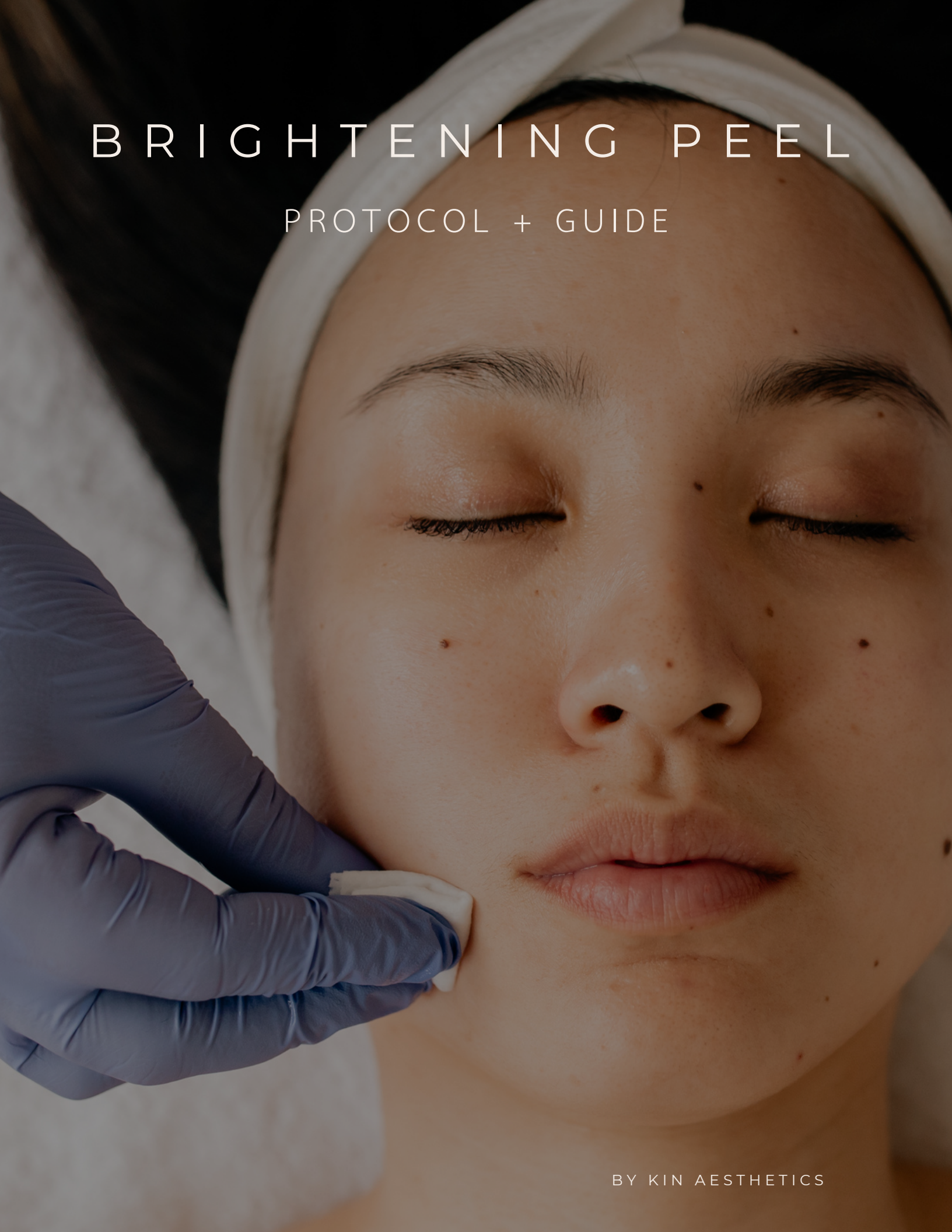


# BRIGHTENING PEEL

PROTOCOL + GUIDE



BY KIN AESTHETICS

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# A B O U T

The Brightening Peel by KrX is a 40% Lactic Acid Peel that contains a host of melanin inhibitors: Kojic Acid, Bearberry Extract, Licorice Root, and of course Lactic Acid.

The pH is 2.9 making this a gentle, yet effective treatment that is suitable for first time peel clients.

This peel works by gently breaking the bonds that hold dead skin cells together, providing a gentle exfoliation. It also helps improve the skin's natural moisturizing factor by encouraging it to make more ceramides.

✓ **No downtime**

✓ **Pregnancy Safe**

✓ **Safe for all Fitzpatrick's**

✓ **Can be combined with dermaplaning\***

✓ **Suitable for first-time clients if skin barrier is healthy**

\* Double exfoliation is only recommended on clients with a strong barrier intact

*If you're new to chemical peels we highly recommend taking our [Confidence with Chemical Peels Course](#)*

## **BENEFITS**

- Improves hyperpigmentation
- Increases skin's natural moisturizing factor

## **CONTRAINDICATIONS**

Allergy to any of the ingredients

Dermatitis (eczema, psoriasis, etc)

Sunburn

Severe barrier impairment or inflammation

WHAT YOU'LL NEED

1. KrX Pre Peel Cleanser
2. KrX Pre Peel Toner
3. KrX Brightening Peel
4. Post Peel Toner

PROTOCOL

1. Cleanse the skin
2. Apply Pre Peel Toner
3. Apply Brightening Peel (watch tutorial)  
(Apply up to 4 layers - leave on for up to 10 minutes)
4. Remove with Post Peel Toner
5. Proceed with facial

**DURING TREATMENT + IMMEDIATELY AFTER**

A stinging sensation may occur

**DAY 1-5**

This is a no downtime peel.

## **POSTCARE**

### **DO NOT EXFOLIATE**

Do not exfoliate the skin for at least 7 days post peel

### **PROTECT**

Stay out of the sun, and protect the skin by applying  
Keep skin hydrated with appropriate moisturizer and  
SPF daily.

#### SESSIONS + INTERVALS

Can be done every two weeks

#### ACCUTANE OR RETIN-A

Do not use on any clients who have used Accutane within a year.

Have clients stop using Retin-A at least 7 days before treatment depending on strength.

#### AGE RECOMMENDATION

Teens to adults may receive this treatment.



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