

R - 3 THERAPEEL

PROTOCOL + GUIDE

BY KIN AESTHETICS

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A B O U T

An anti-aging and brightening peel in one. The Therapeel is 3% retinol (pH 1.8) peel for total skin rejuvenation.

Vitamin A is small in molecular structure allowing it to reach the dermis. There is neutralizes free radicals, and stimulates fibroblast activity, improving skin elasticity and texture.

This is a standalone treatment - meaning, we do not recommend incorporating the Therapeel into any facials. This is strictly a peel service.

✓ **No downtime**

✓ **Safe for all Fitzpatrick's (when on a tyrosinase inhibitor)**

If you're new to chemical peels we highly recommend taking our [Confidence with Chemical Peels Course](#)

BENEFITS

- Improves hyperpigmentation
- Glycated skin will benefit from antioxidants

CONTRAINDICATIONS

Allergy to any of the ingredients

Dermatitis (eczema, psoriasis, etc)

Sunburn

Severe barrier impairment or inflammation

Pregnancy

WHAT YOU'LL NEED

1. KrX Pre Peel Cleanser
2. KrX Pre Peel Toner
3. KrX R-3 Therapeel
4. KrX Post Peel Toner
5. KrX Repair Cream

PROTOCOL

1. Cleanse the skin
2. Apply Pre Peel Toner
3. Apply one layer, wait 5 minutes, apply a second layer and leave on skin. Do not remove. Client removes by washing face 6 hours later

DURING TREATMENT + IMMEDIATELY AFTER

A stinging sensation may occur

DAY 1-5

This is a no downtime peel.

POSTCARE

DO NOT EXFOLIATE

Do not exfoliate the skin for at least 7 days post peel

PROTECT

Stay out of the sun, and protect the skin by applying
Keep skin hydrated with appropriate moisturizer and
SPF daily.

SESSIONS + INTERVALS

Can be done every three to four weeks

ACCUTANE OR RETIN-A

Do not use on any clients who have used Accutane within a year.

Have clients stop using Retin-A at least 7 days before treatment depending on strength.

AGE RECOMMENDATION

Teens to adults may receive this treatment.

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