# GREENSEA

SPICULE PEEL





# ABOUT

The Green Sea Peel Kit contains a spongilla powder and activator made with naturally sourced ingredients. Formulated with Durvillaea Antarctica Extract, Hydrolyzed Sea Sponge, and Algae Extract to resurface the skin, improve hyperpigmentation, and stimulate collagen production. This peel does not contain AHA or BHA's and is a great alternative to chemical peels. Durvillaea Antartica Extract is rich in amino acids, flavonoids, minerals and fatty acids which help protect against intrinsic and extrinsic factors. Hydrolyzed Sea Sponge as the name suggests is a sponge, and from it's exoskeleton, spicules are extracted. Spicules serve as natural micro-needles. The micro-channeling effect that occurs when massaged into the skin, also acts as a transperidermal delivery system.

When spicules are absorbed by the skin, they release a poly-pharmacy of minerals and vitamins; replenishing the skin. Spicules also increase blood flow having an oxygenating effect, and stimulate collagen production. Sea sponges also contain enzymes which inhibit the growth of microbes like fungus and bacteria. Algae Extract is a diverse term used for a number of marine organisms. Algae contain cellulose within their cell wall, which retains water. This provides hydration to the skin. Algae is also a rich source of B-Carotene, an antioxidant. This improves skin immunity and strengthens the skin's barrier. The Activator The Activator contains Sodium Hyaluronate as a moisturizing agent. Allantoin, extracted from the Comfrey plant, is known to be incredibly healing. The combination of hydrolyzed sponge and activator results in a better peel with less downtime, making it superior to other algae peels on the market.

# **BENEFITS**

Resurface the skin while stimulating collagen and elastin.

Removes sebum plugs and helps regulate sebum production.

Improves hyperpigmenation including melasma.

Safe for all skin types (tyrosinase inhibitor is recommended on those who are prone to PIH).

Safe for pregnant and breast feeding mothers No AHA or BHA's

#### **PREP THE SKIN**

Use KrX Pre-Peel Cleanser

#### **GREEN SEA TREATMENT**

Mix ampoule with activator and apply to skin with fan brush

# TAP/MASSAGE

Tap spicules into the skin for 1 to 2 minutes. Massage with light pressure for 2 to 3 minutes

#### **LEAVE ON**

Leave on as a mask for up to 15 minutes

#### **REMOVE**

Remove the Green Sea Peel with a soothing gel, and removel peel with cold water. Apply Aqua cream.

#### **PREP THE SKIN**

Use KrX Pre-Peel Cleanser

#### **GREEN SEA TREATMENT**

Mix ampoule with activator and apply to skin with fan brush

# TAP/MASSAGE

Tap spicules into the skin for 1 to 2 minutes. Massage with light/medium pressure for 5 to 7 minutes

#### **LEAVE ON**

Leave on as a mask for up to 15 minutes

#### **REMOVE**

Remove the Green Sea Peel with a soothing gel, and removel peel with cold water. Apply Aqua cream.

#### **PREP THE SKIN**

Use KrX Pre-Peel Cleanser

#### **GREEN SEA TREATMENT**

Mix ampoule with activator and apply to skin with fan brush

# TAP/MASSAGE

Tap spicules into the skin for 1 to 2 minutes. Massage with light pressure for 7 to 10 minutes

## **LEAVE ON**

Leave on as a mask for up to 20 minutes

#### **REMOVE**

Remove the Green Sea Peel with a soothing gel, and removel peel with cold water. Apply Aqua cream.

### **CONTRAINDICATIONS**

#### DEEP PEEL WARNING

Assess the skin before doing a deep peel. Not suitable for those who are prone to PIH or those who won't follow post-care instructions.

#### SHELL FISH ALLERGY

Do not use on those with shell fish allergies out of an abundace of caution.

#### SKIN CONDITIONS

Not suitable for those with dermatitis, eczema, psoriasis, cold sores (unless on a prophylactic), skin cancer, or sun burns.

#### OTHER

Not suitable for those with impaired healing, such as diabetes, unless approved by doctor

#### WHAT TO EXPECT

DURING TREATMENT + IMMEDIATELY AFTER
A prickling sensation is to be expected.
Numbing is optional for sensitive clients.
Redness of skin is very normal. In fact, expect skin to get progressively more red within the first 24 hours.

#### **DAY 1-2**

A prickling sensation is normal for up to 48 hours. Dry, sandy feeling skin is also to be expected.

#### **DAY 3-5**

Prickling sensation subsides, and skin starts to flake. Little bumps with water on the skin is normal when doing a deep peel.

#### **DAY 6-7**

Less peeling and glowing skin

For at least 48 hours before treatment, do not use heavy moisturizers or hydrating masks. This may effect the amount of peeling.

#### DO NOT EXFOLIATE

Do not manually exfoliate for at least 72 hours before treatment

#### **TOPICALS**

Stop using all topical at least 7 days prior to treatment.

#### **BIOHERB50 PRE TREATMENT**

It is highly recommended to use Bioherb50 prior to treatment

#### **THE FIRST 24 HOURS**

Do not cleanse, apply moisturizer or SPF

#### **AVOID EXERCISE AND EXCESSIVE HEAT**

For the first 72 hours it's important to not do anything which would heat the internal body temperature ie. sauna, exercising, hot showers

#### DO NOT EXFOLIATE

Do not exfoliate the skin for at least 7 days post peeling

#### DO NOT PICK OR PEEL

Do not pick or peel any skin, doing so may cause PIH

#### **PROTECT**

Stay out of the sun, and protect the skin by applying Aqua Cream or similar moisturizer and SPF daily.

# **FAQ**

#### **SESSIONS + INTERVALS**

Peeling is individual and may start on day 2 or up to day 4. Each session can be done 10-14 days after peeling has finished.

#### **ACCUTANE OR RETIN-A**

Do not use on any clients who have used Accutane within a year.

Have clients stop using Retin-A 7 to 14 days before treatment depending on strength.

#### AGE RECOMMENDATION

Teens to adults may receive this treatment.

However, due to lifestyle choices, it's advised to use caution on teens. Lack of proper aftercare can result in PIH.