

CLEAR PEEL

PROTOCOL + GUIDE

BY KIN AESTHETICS

Published by:
by KIN AESTHETICS
Ann Arbor, MI

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A B O U T

KrX Clear Peel is a 30% Salicylic Acid with added antioxidants, like Green Tea. Salicylic is a comedolytic (inhibits the formation of comedones), desmolytic (dissolves the bonds of dead skin cells) and anti-inflammatory agent. Unlike AHA's which are water soluble, salicylic acid is oil soluble. This allows it to penetrate into the pores to help exfoliate, and clear excess sebum and debris from the pore, and this is why salicylic acid is particularly helpful when treating acne.

Salicylic acid is also anti-inflammatory and can help accelerate the healing of current acne lesions.

This formula has a pH of 2.9, making it a gentle peel appropriate for sensitive skin. This peel can be incorporated into bi-weekly peel series for acne, or can be incorporated into an acne facial.

✓ **No downtime**

✓ **Safe for all Fitzpatrick's**

✓ **Can be combined with dermaplaning***

✓ **Suitable for first-time clients if skin barrier is healthy**

* Double exfoliation is only recommended on clients with a strong barrier intact

If you're new to chemical peels we highly recommend taking our [Confidence with Chemical Peels Course](#)

BENEFITS

- Green Tea greatly reduces inflammation and PIE
- No downtime
- Gentle healing properties to accelerate the healing of acne lesions

CONTRAINDICATIONS

Allergy to any of the ingredients

Allergic to salicylates

Dermatitis (eczema, psoriasis, etc)

Sunburn

Severe barrier impairment or inflammation

Pregnancy

WHAT YOU'LL NEED

1. KrX Pre Peel Cleanser
2. KrX Pre Peel Toner
3. KrX Clear Peel
4. Post Peel Toner

PROTOCOL

1. Cleanse the skin
2. Apply Pre Peel Toner
3. Apply Clear Peel (watch tutorial)
(Apply up to 4 layers - leave on for up to 10 minutes)
4. Remove with Post Peel Toner
5. Proceed with facial

WHAT YOU'LL NEED

1. KrX Glow Cleanser
2. Pre Peel Toner
3. Post Peel Toner
4. KrX Clear Peel
5. Omega Green
6. Aqua Cream
7. SPF

PROTOCOL

1. Cleanse with KrX Glow Cleanser or Pre Peel Cleanser
2. Apply one layer of KRX Clear Peel and leave on up to 10 minutes (watch tutorial)
3. Mix Chlorophylln Copper Complex and Allantoin together and apply to skin with brush (watch tutorial)
4. Apply enclosed plastic sheet mask on skin and place client under Blue LED for 20 minutes
5. Remove Omega Green, apply PDT sheet mask (included) and use RED LED for an additional 10-20 minutes
6. Remove sheet mask and apply serum, moisturizer and SPF of choice

DURING TREATMENT + IMMEDIATELY AFTER

A stinging sensation may occur

DAY 1-5

This is a no downtime peel.

POSTCARE

DO NOT EXFOLIATE

Do not exfoliate the skin for at least 7 days post peel

PROTECT

Stay out of the sun, and protect the skin by applying
Keep skin hydrated with appropriate moisturizer and
SPF daily.

SESSIONS + INTERVALS

Can be done every two weeks

ACCUTANE OR RETIN-A

Do not use on any clients who have used Accutane within a year.

Have clients stop using Retin-A at least 7 days before treatment depending on strength.

AGE RECOMMENDATION

Teens to adults may receive this treatment.

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