

# CARBOXY

PROTOCOL + GUIDE

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## A B O U T

Carboxy is an oxygenating treatment that is beneficial for most skin types. This two-part treatment includes a carbon dioxide gel and treatment mask. When used together they create what is known as the Bohr effect. The Bohr effect happens when the skin is deprived of oxygen, which triggers a reaction that causes red blood cells to travel to the effected tissue to deliver oxygen.

An increase in oxygen boosts collagen production, accelerates healing, and has a deeply hydrating effect Beneficial for acne-prone skin. Propionibacterium acnes is a gram-positive and prefers anaerobic growth conditions. Oxygenating the skin creates an unfavorable environment.

Please note: A sizzling sound upon application is to be expected, as well as tingling.

### **PRE CARE**

Carboxy is a treatment mask which does not require any specific pre-care.

### **POST CARE**

There is no specific aftercare for Carboxy.

### **CONTRAINDICATIONS**

Any allergies to ingredients

Sunburn

Eczema, Psoriasis or any type of Dermatitis

✓ BREASTFEEDING SAFE

✓ PREGNANCY SAFE

✓ SAFE FOR ALL FITZ

WHAT YOU'LL NEED

1. Appropriate cleanser for skin type
2. KrX Carboxy
3. Appropriate toner, serum and moisturizer for skin type

PROTOCOL

1. Cleanse using appropriate facial cleanser
2. Apply Carboxy to face and neck (watch tutorial)
3. Wait 10 to 20 minutes
4. Remove sheet mask and gel completely
5. Proceed with facial

Tip: Remove the gel with these 3 steps. 1. Gently scrape gel off skin with a spatula 2. Go over skin with gauze soaked in toner or water 3. Use a warm towel to ensure all Carboxy has been removed



## WHAT YOU'LL NEED

1. [KrX Glow Cleanser](#)
2. [KrX Carboxy](#)
3. [Omega Green](#)
4. [Aqua Cream](#) or other appropriate moisturizer

## PROTOCOL

1. Cleanse using appropriate facial cleanser
2. Apply [Carboxy](#) ([watch tutorial](#))
3. Wait 10 to 20 minutes
4. Remove sheet mask and gel completely
5. Proceed with [Omega Green](#) ([watch protocol](#))
6. Remove [Omega Green](#)
7. Apply finishing products such as [KrX Aqua Cream](#) and SPF

Tip: Remove the gel with these 3 steps. 1. Gently scrape gel off skin with a spatula 2. Go over skin with gauze soaked in toner or water 3. Use a warm towel to ensure all [Carboxy](#) has been removed

## WHAT YOU'LL NEED

1. [KrX Youthplex Cleansing Fluid](#)
2. [Blue Peel](#) or [Gentle Enzyme Cleanser](#)
3. [KrX Carboxy \(watch tutorial\)](#)
4. [Vtox](#)
5. [Face Lift Toning Solution](#)
6. [Youthplex Serum](#)
7. [Youthplex Moisturizer](#)

## PROTOCOL

1. Cleanse using appropriate facial cleanser - [KrX Youthplex Cleansing Fluid](#) is recommended
2. Exfoliate if needed - [Blue Peel](#) or a [Gentle Enzyme Cleanser](#) work great
3. Apply Carboxy ([watch tutorial](#))
4. Apply [Vtox](#) (4 to 5 syringes) to skin using upward strokes. You may apply additional layers for an extra tightening effect.
5. Let mask fully dry for 15 to 20 minutes. A fan will expedite the process.
6. Rehydrate the mask with a mask brush and water or [Face Lift Toning Solution](#).
7. Remove mask with warm damp towel
8. Finish with [Youthplex Serum](#) and [Moisturizer](#)

Tip: Lymphatic drainage or sculptural massage will increase results. This step can be done after rehydrating the mask, or after mask removal.

Carboxy Gel Removal Tip: Remove the gel with these 3 steps.

1. Gently scrape gel off skin with a spatula
2. Go over skin with gauze soaked in toner or water
3. Use a warm towel to ensure all Carboxy has been removed

WHAT YOU'LL NEED

1. Appropriate cleanser for skin type
2. [Blue Peel](#) or [Gentle Enzyme Cleanser](#)
3. [KrX Carboxy](#).
4. [KrX Cryofacial Caps](#)
5. Finishing products appropriate for skin

PROTOCOL

1. Cleanse using appropriate facial cleanser
2. Exfoliate if needed - [Blue Peel](#) or a [Gentle Enzyme Cleanser](#) work great
3. Apply Carboxy ([watch tutorial](#))
4. Fully remove Carboxy (see tips below)
5. Apply Cryofacial Caps ([watch tutorial](#))
6. Finish with serum, moisturizer and SPF

Tip: Remove the gel with these 3 steps. 1. Gently scrape gel off skin with a spatula 2. Go over skin with gauze soaked in toner or water 3. Use a warm towel to ensure all Carboxy has been removed



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