

BLUE PEEL

PROTOCOL + GUIDE

BY KIN AESTHETICS

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A B O U T

The Blue Peel is a 10-minute gentle (3.5 pH) resurfacing peel suitable as a first step to most facial treatments. This peel combines Glycolic, Lactic, Tartaric, Citric, and Salicylic Acid to effectively dissolve buildup. Gardenia and Witch Hazel are responsible for its lovely blue hue. Gardenia is abundant in flavonoids and phenolic compounds, acting as antioxidants to safeguard against oxidative damage. Additionally, it possesses hydrating properties.

This is not a standalone chemical peel - meaning, it is meant to be combined with a facial treatment. Proceed with a customized facial based on skin condition and concerns.

✓ **No downtime**

✓ **Safe for all Fitzpatrick's**

✓ **Can be combined with dermaplaning***

✓ **Suitable for first-time clients if skin barrier is healthy**

* Double exfoliation is only recommended on clients with a strong barrier intact

BENEFITS

- Appropriate first-time peel
- Provides gentle exfoliation
- Effective brightening properties

CONTRAINDICATIONS

Allergy to any of the ingredients

Dermatitis (eczema, psoriasis, etc)

Sunburn

Severe barrier impairment or inflammation

Pregnancy

WHAT YOU'LL NEED

1. KrX Pre Peel Cleanser
2. KrX Pre Peel Toner
3. KrX Blue Peel
4. Post Peel Toner (Optional).

PROTOCOL

1. Cleanse the skin
2. Apply Pre Peel Toner
3. Apply Blue Peel (watch tutorial)
(Apply one layer and leave on for up to 10 minutes)
4. Remove with cold water or Post Peel Toner
5. Proceed with facial

DURING TREATMENT + IMMEDIATELY AFTER

A stinging sensation may occur

DAY 1-5

This is a no downtime peel.

POSTCARE

DO NOT EXFOLIATE

Do not exfoliate the skin for at least 7 days post peel

PROTECT

Stay out of the sun, and protect the skin by applying
Keep skin hydrated with appropriate moisturizer and
SPF daily.

SESSIONS + INTERVALS

Can be done every two weeks

ACCUTANE OR RETIN-A

Do not use on any clients who have used Accutane within a year.

Have clients stop using Retin-A at least 7 days before treatment depending on strength.

AGE RECOMMENDATION

Teens to adults may receive this treatment.

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