

BIOHERB 50

PROTOCOL + GUIDE



BY KIN AESTHETICS

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A B O U T

The Bioherb 50 is a light spicule peel, that offers a gentle exfoliation, and is a great precursor to the Green Sea Peel. It offers gentle exfoliation that is safe enough to be used at home.

✓ **No downtime**

✓ **Safe for all Fitzpatrick's**

✓ **Suitable for first-time clients if skin barrier is healthy**

BENEFITS

- Provides gentle exfoliation
- Effective brightening properties
- Not a chemical peel

CONTRAINDICATIONS

Allergy to any of the ingredients

Dermatitis (eczema, psoriasis, etc)

Sunburn

Severe barrier impairment or inflammation

Shellfish allergy

WHAT YOU'LL NEED

1. KrX Bioherb50
2. KrX Cica Sheet Mask
3. KrX Aqua Cream (if prepping for Green Sea Peel)

PROTOCOL

1. Cleanse the skin
2. Apply 1/4 of the Bioherb syringe to skin
3. Massage for 60 seconds or until peel has dried
4. Apply Cica Sheet mask overtop of peel for 20 minutes
5. Remove sheet mask and wash face
6. Apply appropriate moisturizer

DURING TREATMENT + IMMEDIATELY AFTER

A stinging sensation may occur

DAY 1-5

This is a no downtime peel.

POSTCARE

DO NOT EXFOLIATE

Do not exfoliate the skin for at least 2 days

PROTECT

Stay out of the sun, and protect the skin by applying Aqua Cream or similar moisturizer and SPF daily.

SESSIONS + INTERVALS

Can be done every three days in preparation for the Green Sea Peel or used weekly as an exfoliating treatment

ACCUTANE OR RETIN-A

Do not use on any clients who have used Accutane within a year.

Have clients stop using Retin-A at least 5 days before treatment depending on strength.

AGE RECOMMENDATION

Teens to adults may receive this treatment.

USE IN TREATMENT ROOM

We do not recommend this as an exfoliation step in a facial. Spicules imbed in the skin which would be uncomfortable or the remainder of the service. This can be used in conjunction with a Green Sea Peel consultation or retailed.

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