

8. TORCH:

The torch uses a combination of blue 460nm, red 630nm 660nm, and Infrared 850nm & 940nm LEDs which are chosen to give the ideal light intensity for biological effects anywhere on the body.

Package Includes:

- Carry Zipper Bag
- LED Torch
- Intraoral Attachment
- Rechargeable Batteries x 2
- USB Battery Charger x 1
- Protective Sunglasses

Benefits:

- Temporary Relief of Minor Muscle and Joint Pain, Arthritis, Muscle spasms Relieving Stiffness, and Promoting Relaxation of Muscle Tissue.
- Heals Skin Issues.
- Promotes Circulation.
- Reduces Inflammation.
- Stimulates Collagen Production.
- Reduces Superficial Bacteria

Directions of Use:

1. Hold the unit for 3 minutes over the treatment area at a distance anywhere from touching the skin to 1 inch away from the skin.
2. Darker fur/hair can absorb light and build heat. It is best to divide the hair into parts as much as possible and place the torch directly on the skin.
3. Lower the time to 1-2 minutes if you notice uncomfortable warmth in the area.
4. Use blue when there is a possibility of bacteria such as cuts, scrapes, and skin issues.
5. Pulsing light has shown greater benefit over non-pulsed in recent research studies.

Selecting Options:

Press the “**Power button**” once quickly, then:

- Press the button once, and all LEDs turn on.

- Press again, and only red (630nm 660nm) & near-infrared (850nm 940nm) will be on, and blue (460nm) off. Note that near-infrared light is invisible to the human eye so the LEDs may be off when in fact the infrared is on.
- Press again, only the blue (460nm) LED is on, and the other LEDs are off.
- Press again, and all LEDs will turn off.

If you press the power button for more than 5 seconds:

- All LEDs will begin to pulse.
- Press again and only red (630nm 660nm) & near-infrared (850nm 940nm) begin to pulse.
- Press again and only the blue (460nm) LED will pulse.
- Press again and all LEDs will turn off.

Usage Frequency:

Use the device 1-3 times per day for at least 4 weeks, and a duration of 3 minutes on one treatment area before moving the device to the next treatment area. Do not keep the device ON for more than 3 minutes at a time. If you want to treat several parts of your body consecutively, TURN OFF the device for at least 1 MINUTE, after every 3 minutes ON. This will keep the unit from overheating.

Maintenance:

For cleaning, we recommend slightly moist alcohol wipes.

Battery:

Insert the provided battery into the battery compartment by unscrewing your torch. Be sure to orient the battery correctly:

The positive pole faces the top.

The negative pole faces the bottom.

* Please remove the battery for extended periods of nonuse.

* Only use 18650 batteries.

When to use the intraoral attachment:

For pain relief for small treatment areas in hard-to-reach places like the nose, mouth, and ears. please remove the ring on the top of the torch and screw the attachment into the torch body.

Caution:

1. Don't treat near the eyes.
2. Don't stare directly at the light. Use protective glasses while using the device.
3. This device is not waterproof. Do not submerge the torch or its components in water.
4. Do not use pulse mode if you or your pet suffer from epilepsy.
5. Do not use the torch if your pet is light-sensitive or is currently using medication or undergoing treatment that may cause light sensitivity.
6. Ask your doctor before use if your pet:
 - Is taking drugs known to cause light sensitivity?
 - Is or possibly pregnant.

Has a history of sensitivity to light therapy.