

# Diesel Mini + Mini Combo

User Manual + Set Up Guide

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Revision History					
Date	Description of changes				
January 2024	New Layout				



# Whats in the Box? & Product Specs

### Whats Inside

2. Goggles

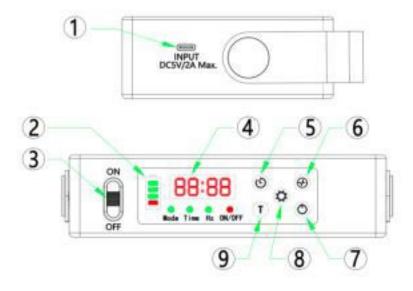
3. Charging Plug

### **Technical Specifications**

Power	425W
Input Voltage	AC-110-240V   50-60Hz
LED Quantitiy	16 pcs.
Wavelength	630nm   670nm   810nm
Time Control	Yes
Beam Angle	30 Degree
Product Size	16*   10.5*   4cm
Working Temperature	-20°C to 45°C
Lifespan	50,000 Hours
Irradiance	0"   3"   6"   12in.



# **Device Buttons** & Directions



### Directions

Charge the Mini for **6 hours** before first use. The working time is 2 hours before needing recharging for 6 hours.

- 1. **Charging Port:** Insert the DC5V/2A charger into the charging port.
- 2. Battery indicator Symbol: The battery indicator symbol shows life.
- 3. **Main Switch of the Device:** Turn the switch to the "ON" position and turn the switch to "OFF" when no longer using it to save energy. **Tip:** Don't need to toggle this switch when charging.
- 4. **Display of function setting:** The display button shows the time remaining.
- 5. **Timer:** Press this to set the time: 5 minutes, 10 minutes, 15 minutes, 20 minutes, 25 minutes, and 30 minutes.



# **Device Buttons** & Directions

- 6. **Pulsing:** Press this button to set the pulsing: "0Hz and 294hz". 0hz is non-pulsing.
- 7. **On/Off:** Press this to turn on, and press this again to turn off.
- 8. **Mode Setting:** Press this button "0001, 0002, 0003" for the working modes. The mode 0001 means Red only, 0002 means NIR only, 0003 means Red +NIR together.
- 9. **Battery indicator button:** Press it once, and the battery indicator will display the current battery level (the red light is on, which means 25% power, and it goes up in sequence; the first green light indicates 50% power, the second green light indicates 75% power, the third green light indicates 100% charged).



# General Dosing Instructions

### **Important Information Regarding dosing**

### For skin issues:

We want between <u>6J to roughly 15J per area</u>. So optimal treatment times with the lights are 5 minutes per area (if the light is 3 inches away).

### For deeper issues (muscle, bone, brain, organs, glands, fat, etc.):

we want around <u>10-60</u> per area, so optimal treatment times and treatment distances are 10 minutes per area if the light is 3 inches away. 15 minutes per area if 6 inches away.

Red NIR Mode 2					Red / Blue / NIR Mode 3						
Distance From Skin				Distance From Skin							
Sur	Surface		ace 1 in.		in.	Sur	face	1	in.	3	in.
Penet	netration Penetration Penetration		ration	Penetration		Penetration		Penetration			
Skin	Deeper	Skin	Deeper	Skin	Deeper	Skin	Deeper	Skin	Deeper	Skin	Deeper
90 sec	10 min	120 sec	18 min	240 sec	N/A	80 sec	10 min	100 sec	18 min	200 sec	N/A

# FAQ's

#### Q1. Can I wear clothes when using the panel?

It's important to have clean, bare skin wherever the light is being used. Clothes, makeup, lotions, oils, etc. Will block and deflect some or most of the light.

#### Q2. How long do I use it per day?

It is important to always start slow, 2 minutes per area, and then you can add 1 minute until you reach the desired time. It's best to skip a day in between sessions initially. As long as you are feeling well, you can use it every day.

#### Q3. Should I wear goggles?

Do not look directly into the light. Light therapy has shown positive results for eye health, however, if the light is too bright or bothersome, please wear goggles.

#### Q4. Does the panel work while charging?

Yes