



# **INSTRUCTION GUIDE**

## **MAZE BALANCE TRAINER INFLATION**

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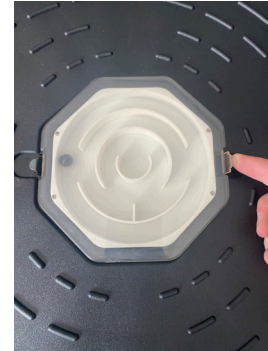
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# I INFLATION

Please follow the steps below for how to inflate your maze balance trainer:

## STEP 1

Start by squeezing the clips to lift the maze out.



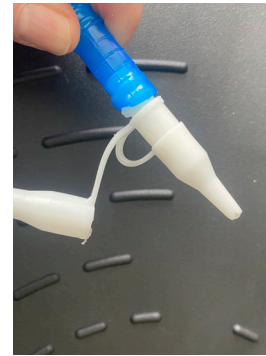
## STEP 2

Remove the valve stopper already in place.



### STEP 3

Select the thinner tapered end and secure it on the hose of the pump.



### STEP 4

Insert the pump and inflate to your desired capacity.



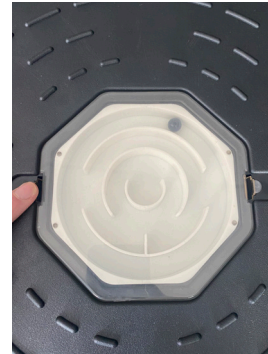
## STEP 5

Once inflated quickly remove the pump and re-insert the valve stopper.



## STEP 6

Re-attach the maze, make sure it clicks into place.



## STEP 7

Clip the elasticated handles onto the metal hooks on each side.



# CLEANING

To look after your exercise ball you will need:

You will need a soft cloth



Do not clean using strong bleaching agents





# | CONTACT DETAILS

For any technical queries, product defects or damage or delivery questions please contact us using the details below:



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