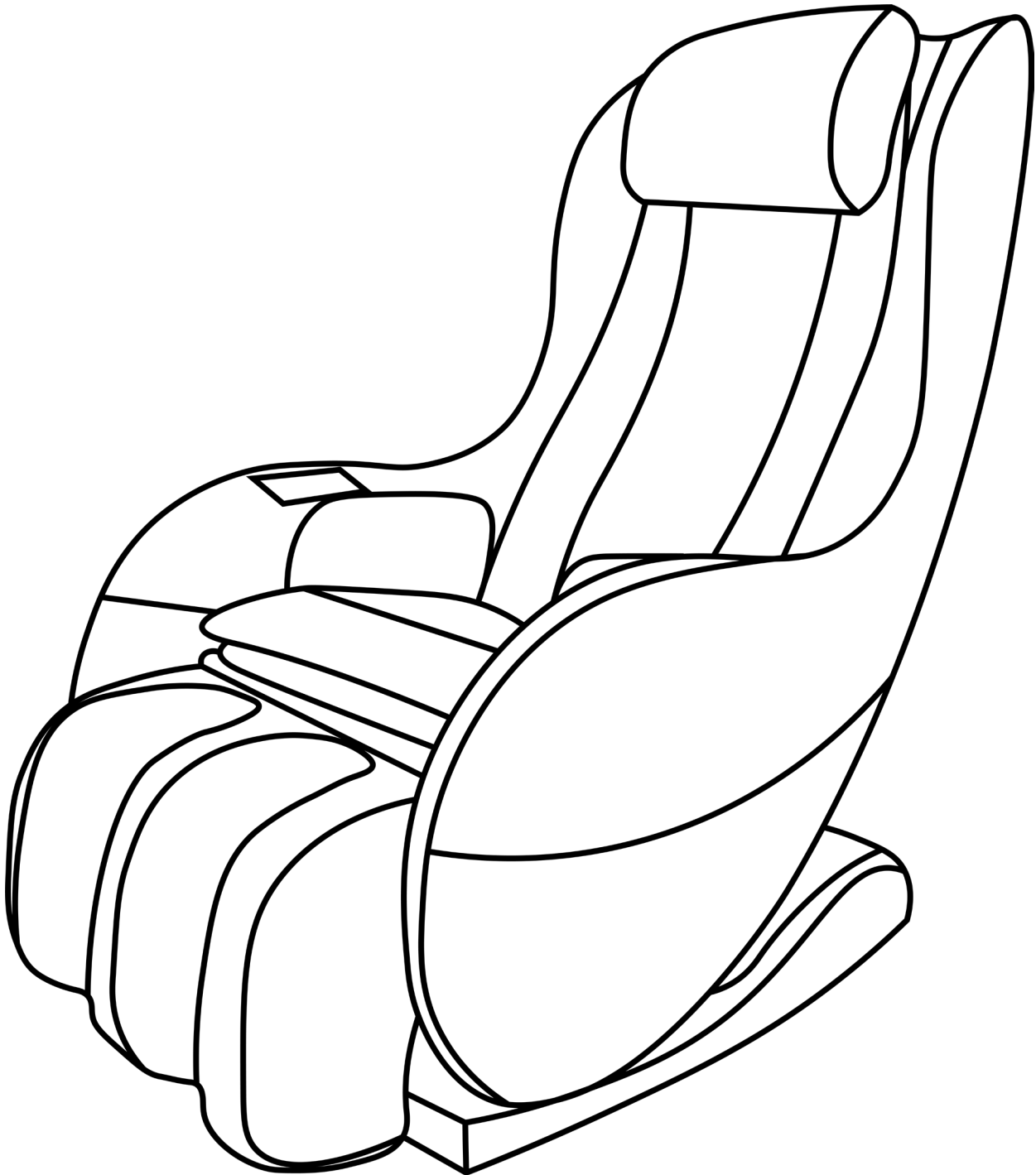


M200 MASSAGE CHAIR

INSTRUCTION MANUAL



**Please read this book thoroughly before operating the chair.
Please keep this manual in a safe place for further reference.**

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Specifications

Type	Massage Chair
Model	M200
Colour	Black
Rated Power Consumption	96W
Rated Time	15 Mins
Rated Voltage	AC-100-240V
Rated Frequency	50/60HZ
Material	Plastic and Metal
Upholstery	Synthetic Leather
Packaging Dimensions	143 cm (Length) x 77.5 cm (Width) x 73.5 cm (Height)
Gross Weight	65kg
Net Weight	50kg
Function	Massage, Kneading, Shiatsu, Knock for Household Use. Eliminate muscle fatigue, stimulate blood circulation, relieve muscle stiffness or nerve pain.

Safety Instructions

Please pay attention to the following instructions before operating this chair.

SAFETY PRECAUTIONS

- The massage chair can be used amongst the whole family, please do not use the chair for any other purpose than what is intended to avoid accidents.
- If abnormal conditions occur such as fires etc., immediately unplug the item and stop using the chair.
- DO NOT use the massage chair if damage has occurred to the item, only resume use when the item is in full working condition. (Continued use in a damaged state may cause electrical faults, fires etc.)
- If smoke or abnormal noises are found, power off the chair immediately and contact the distributor for further assistance.
- Avoid liquids or small parts going into the internal parts of the chair, this may cause electrical faults.
- If you experience pain, nausea or your body feels abnormal in any way whilst using the item, stop use immediately and consult your GP.
- Make sure the chair is placed on a level surface.
- The recommended usage time for the massage chair is 20 minutes, please leave a 30 minute gap between each use.
- This product is for home use only and is not to be used outdoors.
- To avoid deterioration of the leather make sure the chair is stored away from direct sunlight, excessive amounts of dust or bad air circulation.

The following people with these conditions are NOT suitable for using this massage chair:

- Thrombosis (Blood disease, severe aneurysm, acute vein tumour)
- Any kind of skin disease

The following people with these conditions are advised to consult their GP before using the massage chair:

- Patients with implanted medical devices
- Malignant tumour patients
- Severe heart problems
- Pregnant women
- Perceptual Disturbances (Milder form of hallucinations)
- Fracture patients / acute bone pain
- New tattoos

⚠ WARNING

Incorrect operation may cause serious harm to the user.

⚠ PROHIBITED ACTIONS

Disassembly is prohibited by the user.

⚠ PROHIBITED ACTIONS

Do not allow children or pets to play on the massage chair.

⚠ PROHIBITED ACTIONS

Do not use an incorrect replacement power cord.

⚠ PROHIBITED ACTIONS

Do not place hands or feet into the gaps of the chair.

⚠ PROHIBITED ACTIONS

Do not attempt to massage your head or stomach using the massage chair.

⚠ PROHIBITED ACTIONS

Do not use the chair if the leather has been torn or ripped, only use when repairs have been made.

⚠ PROHIBITED ACTIONS

Do not use whilst asleep.

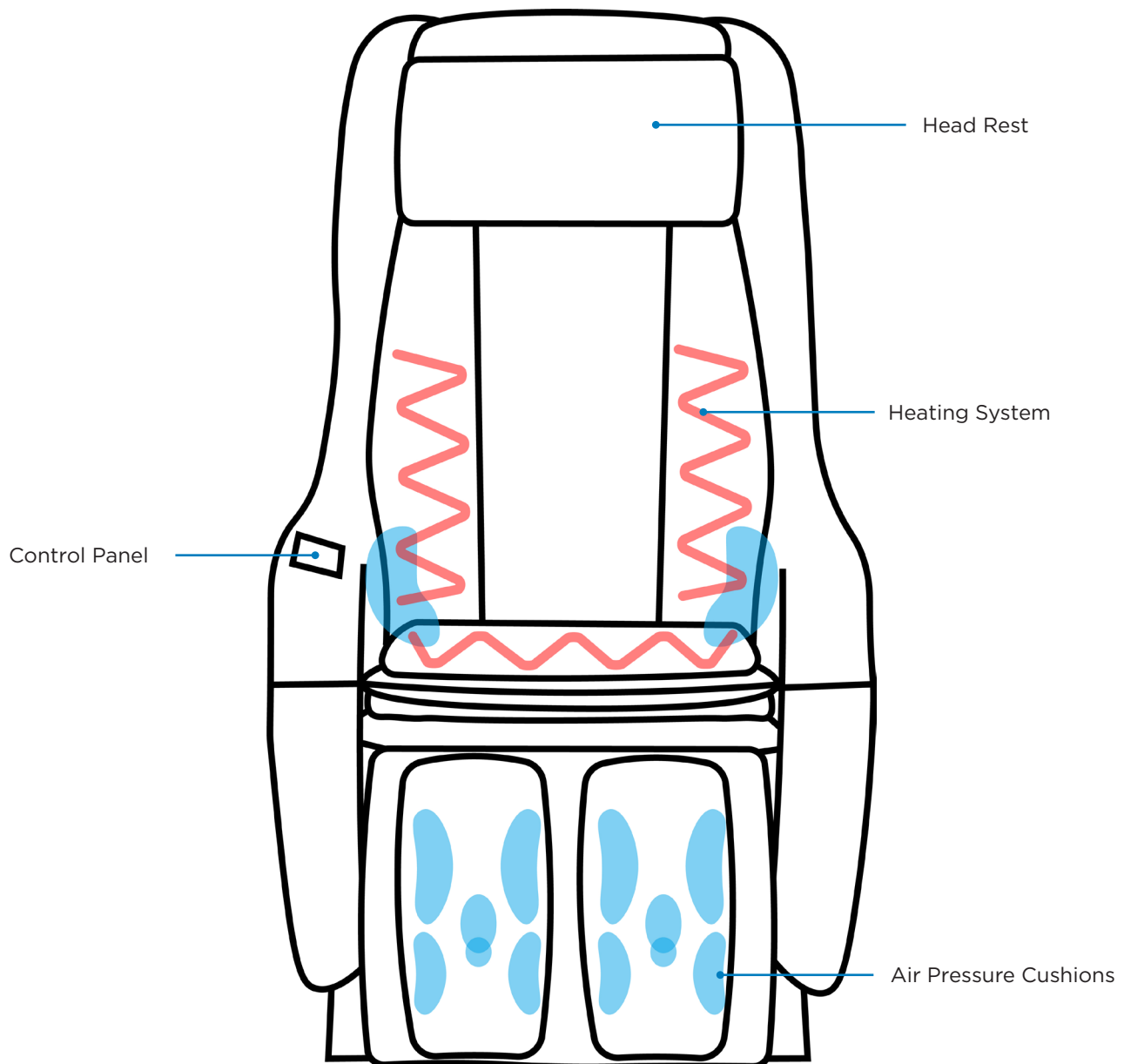
Assembly

PREPARING SITE

To find the ideal location to set up your chair, ensure that:

- Area is well illuminated and well ventilated.
- Surface is level.
- There is enough space to access the chair.
- The chair is placed in an environment with a relative humidity range of 30-50%. Please ensure the temperature is kept constant. Do not use in a moist or damp environment as this may impact on the integrity and performance of the machine.

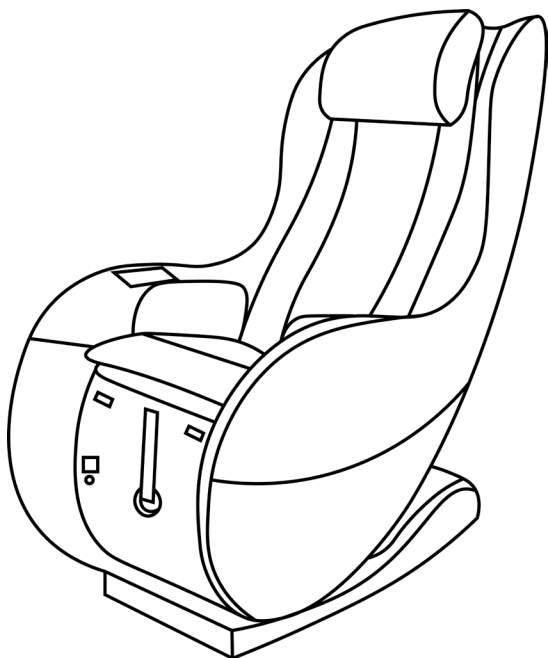
DIAGRAM



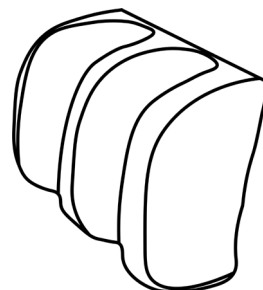
CONTENT LISTING

See *Contact Information* chapter for contact information if any parts are missing.

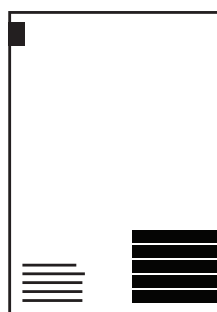
BOX CONTENTS



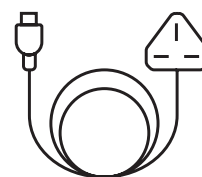
Main Chair



Leg Rest

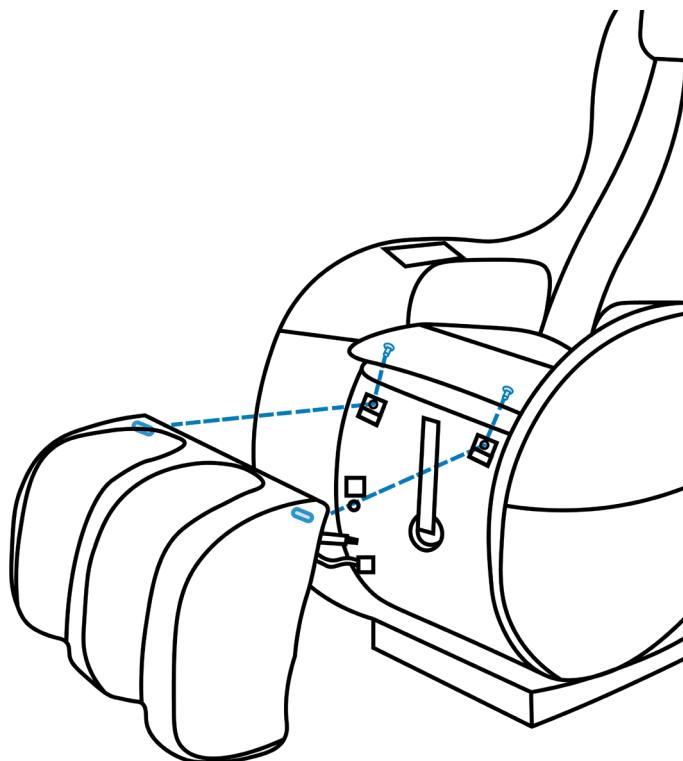


Manual



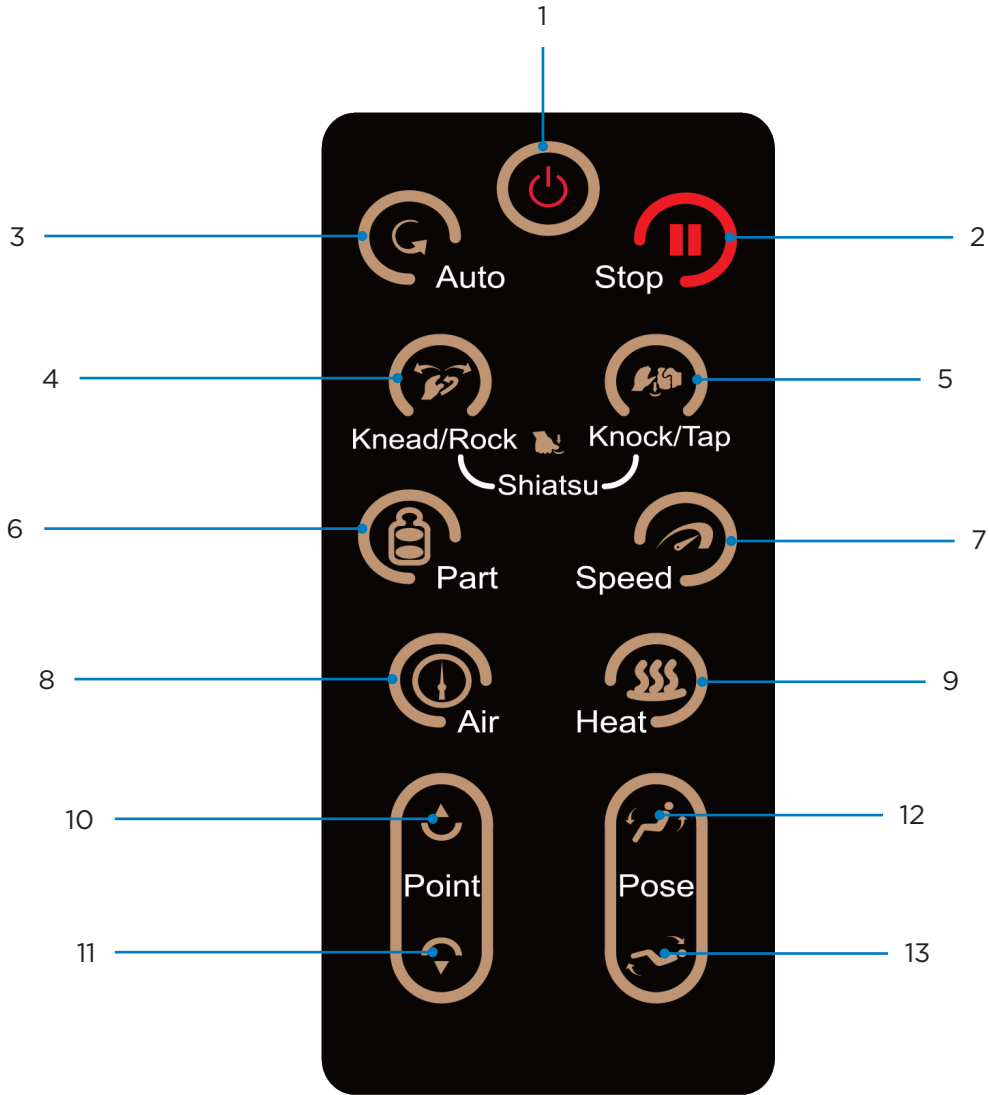
Power Cable

M200 ASSEMBLY



1. Start by removing the two silver screws from the front of the chair.
2. Connect the air pressure tube and connection wire.
3. Lift the clasps where the screws were removed from and slot the leg rest into place.
4. secure back down using the screws.
5. Zip together the two pieces of leather.












CONTROLLER CONFIGURATION





1	Power Button	2	Stop Button
3	Auto Button	4	Knead/Rock Button
5	Knock/Tap Button	6	Part Button
7	Speed Button	8	Air Button
9	Heat Button	10	Point Up Button
11	Point Down Button	12	Pose Up Button
13	Pose Down Button		

Operation

CONTROL SYMBOLS USED

	ON/OFF	Press to power on or off the chair. Press during any massage program to stop immediately and return the chair to it's original position.
	AUTO	Press once to select auto program 1, the button will glow red. Press twice to select auto program 2, the button will glow green.
	STOP/PAUSE	Press to pause any massage program.
	KNEAD/ROCK	Press to select the knead/rock shiatsu program.
	KNOCK/TAP	Press to select the knock/tap shiatsu program.
	PART	Press to select between whole body, upper body or lower body massage. The button will change from turquoise to purple to green to indicate which function. *This function does not operate when in 'Auto'.
	SPEED	Press to select between slow, moderate and fast speeds. The button will change from green, to blue to red to indicate which function. *This function does not operate when in 'Auto'.
	AIR	Press to select between low, medium and high pressure. The button will change from blue to green to red to indicate which function.
	HEAT	Press once to turn the heating function on and again to turn it off.
	POINT UP	Press and hold to move the massage heads in the chair up to a certain point on your body. *This function only works in 'Shiatsu' program.
	POINT DOWN	Press and hold to move the massage heads in the chair down to a certain point on your body. *This function only works in 'Shiatsu' program.

	POSE UP	Press and hold to bring the chair back to an upright sitting position.
	POSE DOWN	Press and hold to recline the chair.

ENTERTAINMENT

USB INTERFACE

The USB feature is designed to be used to charge devices whilst the chair is in use. It is not an audio feature.

BLUETOOTH AUDIO INSTRUCTIONS

Turn on the Bluetooth on your device and click or tap on SEARCH DEVICE.

1. Select *M200-1908-00010* and your device should now be connected to the chair.
2. Open your favourite music player and use the audio controls on your device.

Maintenance

Any repairs must be carried out by a qualified engineer to ensure the smooth function of JLL® equipment.

JLL® are not responsible for performing regular inspection for your machine. JLL® shall not bear the direct or indirect losses caused by improper use of this product and third party liability. JLL® representatives are available to answer any questions that you may have on +44 (0)800 6123 988.

PRODUCT INSPECTION

Please check whether there are any of the following:

- Abnormal heating of the power cord or plug
- A burning smell or peculiar smell of some description
- The power cord has a deep rip or distortion
- Other exceptions or faults

TROUBLESHOOTING

Before the repairs process, if you experience a fault with your product please check through these solutions first.

Noise during operation	Components are not working effectively	Check the product for any parts that visibly appear broken
The chair will not power 'ON'	The plug is loose, the power switch is set to 'OFF' or there is a defect in the power cord.	Check the plug is secure, check the switch is set to 'ON' or replace the power cord
The chair has stopped during use	The time has been completed for the program and the chair has reverted back to standby	Restart the program after the 30 mins

CLEANING

Make sure you begin cleaning that the power switch is shut off and the chair is unplugged. Use a cloth to clean the surface of the product and control board to avoid scratches or marks.

A wet cloth or neutral detergents can be used however, make sure the wipe down with a dry cloth afterwards.

Keep the product away from fire.

When cleaning the chair, do not use organic solvents or alkaline bleaches to avoid discolouring or cracking of the synthetic leather.

When the product has not been in use for a long period of time;

Turn the power switch off

Make sure the power cord and hand controller are stored safe and in good condition

Please store in a dry place after cleaning

⚠ WARNING

Do not use when wet.

⚠ WARNING

Do not store in a humid place e.g. Bathroom

⚠ WARNING

Keep children and pets clear when in use.

⚠ WARNING

DO NOT damage the power cable.

Do not bend, pull, wring, wind or put excess pressure onto the cord.

Additional Information

CONTACT INFORMATION

In case any issues arise, please do not hesitate to contact our Customer Service team on +44 (0)800 6123 988 or email us at **CONTACT@JLLFITNESS.CO.UK**

DISCLAIMER

- You should consult your physician, doctor or other health care professional before starting or taking part in any of our workout guides. It is your responsibility to evaluate your own health before taking part or performing any physical activity you may see associated with JLL Fitness Ltd.
- Always seek professional advice before changing your diet or starting any exercise program.
- JLL Fitness Ltd is not liable for any injuries or damages that may occur when assembling or using this massage chair.
- By reading this you assume full responsibility for any injuries or changes to your physical well-being. You waive all rights and release JLL Fitness Ltd of blame from any injuries or damages to property that may occur whilst following our advice.
- Failure to follow these directions may result in your warranty being void.

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