

Neuro Support

Enhanced Nutrient Support for Healthy Methylation & Homocysteine Metabolism*

Neuro Support is a comprehensive formula providing calcium L-5-methyltetrahydrofolate—a biologically active form of folate—as well as key methylation-supporting nutrients such as N-acetyl-L-cysteine, trimethylglycine, and vitamin B12. These nutrients work synergistically to encourage healthy homocysteine metabolism and a variety of other essential biological processes.*

How Neuro Support Works

Vitamin B9 (folate) has extensive actions in the human body, with research showing it is necessary for a multitude of vital processes, such as supporting healthy DNA synthesis, healthy homocysteine metabolism, nervous system support, promoting energy production, and more.*¹

Unfortunately, the folic acid found in food and many nutritional supplements needs to go through several enzymatic conversions to be converted to its bioactive form L-5-MTHF (and not everyone is able to properly metabolize dietary folic acid into L-5-MTHF).²

As such, supplementing with L-5-MTHF and other methylation-supporting nutrients, like trimethylglycine, N-acetyl-L-cysteine (NAC), and methylcobalamin (vitamin B12) can support cardiovascular health by encouraging healthy homocysteine metabolism.* Folate also works along other B vitamins and minerals in Neuro Support to promote healthy DNA function, as well as support healthy hemoglobin function—a protein found in red blood cells that transports oxygen and carbon dioxide throughout the body.*

Neuro Support Supplementation

Research cited herein suggests that the nutrients in Neuro Support play key roles in methylation processes within the body, especially in the regeneration of methionine from homocysteine.* In turn, these nutrients help support a variety of biological processes that are vital to health and longevity.*

To summarize, the most pertinent research-backed benefits of supplementation with Neuro Support may include:

- Supports methylation and homocysteine metabolism*
- Supports cardiovascular function and energy production*
- Supports cognitive function and healthy mood*
- Helps promote healthy DNA function*
- Helps metabolize amino acids*



FORM: 120 Capsules

SERVING SIZE: 2 Capsules

Ingredients	Amount	%DV
Riboflavin	1.6 mg	123%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,470%
Folate (as calcium L-5-methyltetrahydrofolate) (BioFolate®)	800 mcg DFE	200%
Vitamin B12 (as methylcobalamin)	1 mg	41,667%
Zinc (as zinc citrate)	1.5 mg	14%
Manganese (as manganese citrate)	0.4 mg	17%
Molybdenum (as molybdenum amino acid chelate) (TRAACS®)	15 mcg	33%
N-Acetyl-L-Cysteine	600 mg	**
Trimethylglycine	500 mg	**

OTHER INGREDIENTS: Hypromellose, microcrystalline cellulose, vegetable magnesium stearate, silica. BioFolate® is a federally registered trademark of MTC Industries, Inc. TRAACS® is a trademark of Balchem Corp. or Albion Labs.

DIRECTIONS: Take two capsules once daily, or as directed by your healthcare practitioner.

CAUTION: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



GLUTEN-FREE



VEGETARIAN



DAIRY-FREE



NON-GMO



PRODUCED IN A cGMP FACILITY

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

REFERENCES:

1. Lucock, M. (2000). Folic acid: nutritional biochemistry, molecular biology, and role in disease processes. *Molecular genetics and metabolism*, 71(1), 121-138.
2. Blom, H. J., & Smulders, Y. (2011). Overview of homocysteine and folate metabolism. With special references to cardiovascular disease and neural tube defects. *Journal of inherited metabolic disease*, 34(1), 75-81.