



Get Aligned & Vibrate Higher!



Aligned

Positive, High-Vibe Thoughts

- You look for the positive in everything.
- You feel inspired.
- You hold on to a vision - regardless of conditions and circumstances.
- You're grateful for what you have.
- You live in faith and trust.



Not Aligned

Negative, Low-Vibe Thoughts

- You see the negative in everything.
- You feel uninspired.
- You only see conditions and circumstances and are stuck in the past.
- You're not grateful for what you have now.
- You live in doubt and fear.



Inspired & Aligned Action

- Everything flows.
- There's an ease to what you're doing.
- You work in joy.
- You believe all things are possible.
- You live in the solutions.



To-do Lists - Uninspired Action

- Everything's a struggle.
- It's an uphill battle.
- You're unhappy.
- You don't believe things are possible.
- You only see problems.



Connected

- You're connected to Source.
- You're connected to your Higher-Self.
- You're on purpose and have a vision or dream.
- You're open & allow for guidance and inspiration.
- You believe in abundance - there's enough for everyone.



Not Connected

- You're not connected to Source.
- You're not connected to your Higher-Self.
- You're not connected to your purpose/have given up on dreams.
- You're closed off from guidance and inspiration.
- You believe in scarcity, lack and limitation.



Vibrate Higher!

- You attract positive energy to you.
- The right people and situations show up.
- You manifest what you want in life.
- You're happy and enjoying life.



Vibrate Lower

- You attract negative energy to you.
- Nothing seems to work for you.
- You manifest more of what you don't want.
- You're unhappy and want more out of life.

