ACORNS



CIARA SAYS: "IT'S SUCH A DIFFERENT TASTE AND DIFFERENT TEXTURE TO TINNED TUNA – IT'S LIKE COMPARING MINCED MEAT AND SIRLOIN STEAK."



Hiveshare

Ailbhe Gerrard is certainly enterprising. A former project manager, she studied sustainable development and organic farming and has now been farming at Brookfield in Tipperary for a number of years, developing skills from forestry to tillage; she sells lamb direct and cold-presses

her own rapeseed.
More recently she
got into honey and
beekeeping, and
came up with the
notion of Hiveshare,
to foster community
support for bees
and local honey.
"Last year I saw a
competition in the
Irish Times for a stand
at the RDS Craft Show
and I entered my
concept of Hiveshare.

FROM: Co Tipperary
INDUSTRY: Honey producer
HERE SINCE: 2014
OBJECTIVE: Fostering community support for
bees and local honey

You can invest in an

eighth of a hive or an

entire queen beehive.

updates and pictures

Share-owners get

of the apiary and

what's happening

on the farm, After

the harvest they're

celebration'at

invited to the 'honey

Brookfield to collect

their share of honey.

Ailbhe also wants

to bring the story of

I won and then I had about five weeks to run around and put everything together," reveals Ailbhe.

She describes it as "the sweetest gift"; Hiveshare is like sponsoring an apiary. The share comes in a handmade gift box with a Hiveshare cert, a taste of honey and a beeswax gift, like a candle or balm.

the honey eaten in Ireland is imported, but there are lots of advantages to eating home-grown honey. It helps with allergies and hay fever, and because the country is so small local honey is anywhere in Ireland, Raw honey is particularly good as it isn't heat-treated. Our honey is coldfiltered. All imported honey is heat-treated which damages the natural enzymes so it doesn't have the

Irish honey to the

fore. "94 per cent of

same health benefits." Ailbhe's honey and beeswax products are for sale on her website and stocked in Killruddery House and Shannon Duty Free. "I'm in online sales, I'm stocked in a few shops and I've Hiveshare, I've three strands and I want to ensure they develop and commercialise properly. The main thing about ACORNS is I feel that someone has my back in developing my business." www.brookfield.farm

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Shines Irish Caught Tuna

FROM: Co Donegal INDUSTRY: Fisheries HERE SINCE: 2015 OBJECTIVE: Bringing Irish caught albacore tuna to market

Ciara Shine is ACORN's youngest recruit. The 23-year old recently graduated from university and joined the burgeoning family business selling jarred Irish-caught albacore tuna. It's the first time this albacore tuna is being sold commercially in Ireland, but the Shines have been privy to it for years. "We were on holidays in the Basque caught off the west country as kids and we were visiting a fishbuyer friend whose mother gave us this albacore tuna that she did in olive oil in glass jars. We tried it as kids and that's what tuna was to us - tuna from

tins just wasn't the keep curious dolphins same," says Ciara. The a safe distance away, Shines were so fond while smaller vessels of this tuna that their use poles and lures friend would send to catch the fish. The Killybegs natives iars of it to Donegal if there was a Killybegs then travelled to boat in his town. the Basque country Eventually the Shines to learn about the decided it was time hand-filleting and to bring this product preservation of the to market in Ireland. tuna in salt and olive They found out that oil. "There's nothing there is a restricted else in there," confirms quota of albacore tuna Ciara. "The jars have about a four-year coast of Ireland for a shelf life because of short season - which the natural way it's was being sent to preserved, "Our line Spain until then - and is once tasted you'll started sourcing it be hooked'. It's such from the Irish boats. a different taste and It's responsibly caught, different texture to too. Dolphin 'pingers' tinned tuna - it's like are fitted to nets to comparing minced

meat and sirloin steak. We're also calling it Ireland's best-kept secret. The albacore tuna has been fished off Ireland for years but no one had even heard of it." The product hit shelves just last April and in September Ciara was selected for the ACORNS initiative. "I never expected I'd get so much from even one session. The energy of everyone supporting everyone else is incredible and I'm so excited to meet other people in business and make contacts and connections," www. shinesseafood.ie

ARLBHESAYS:

**OUR HONEY IS COLD-FILTERED. ALL IMPORTED
HONEY IS HEAT-TREATED WHICH DAMAGES THE
NATURAL ENZYMES SO IT DOESN'T HAVE THE
SAME HEALTH BENEFITS.**

68 EAR TO THE GROUND