



Total Catering Solutions

Product Description and Intended Use

Product Name: Ezy Pumpkin Chickpea Tofu Curry
Description: With Steamed Yellow Coconut Rice and Mixed Vegetables
Packaging: Food Grade Shallow Pulp Tray

INGREDIENTS

Vegetables (Broccoli, carrot, cauliflower, green beans, yellow beans, red capsicum.), Pumpkin Butternut, Water, White Long Grain Rice Par Boiled, Coconut Milk (Coconut Milk, Water, Thickener (415).), Coconut Cream (Coconut Cream (67%), Water, Thickener (415).), Tofu (Soya Beans, Nigari, Calcium Sulphate, Lactone, Water.), Chickpeas, Onion, Canola Oil 100%, Garlic (Garlic, vinegar, canola oil), Mustard Seeded (Water, Mustard Seed 28%, Salt, Sugar, Food Acid (Acetic), Turmeric, Marjoram, Thyme, Garlic Extract, Spice Extract.), Turmeric, Table Salt (Salt, anti-caking agent (554)), Ground Cumin, Cardamom.

NUTRITION INFORMATION

Servings Per Package: 1
Serving Size: 0.4 kg

	Ave Quantity Per Serving	Ave Quantity Per 100 g
Energy	1,422 kJ	355.5 kJ
Protein	12.4 g	3.1 g
Fat	13.4 g	3.4 g
Fat, Saturated	8.2 g	2.0 g
Carbohydrate, Total	38.0 g	9.5 g
Sugars	11.5 g	2.9 g
Sodium	407 mg	102 mg

ALLERGEN DECLARATION (Yes or No)

Gluten	No	Nuts	No
Crustacea	No	Sesame Seeds	No
Egg	No	Peanuts	No
Fish	No	Sulphites	Yes
Milk	No	Soy	Yes
Lupin	No		

Mandatory Warning and Advisory Statements: Contains: Soy and Sulphites
Country of Origin: Made in Australia from local and imported ingredients
Storage Requirements: Keep frozen
Shelf Life: 12 months frozen - 3 days defrosted
Contains Genetically Modified Ingredients: No
Contains Irradiated Ingredients: No
Transport Requirements: Keep frozen
Sensitivity of customers: Suitable for all persons without food allergies

Approved by: _____

Issue Date:

5/15/2021