



Total Catering Solutions

Product Description and Intended Use

Product Name: Ezy Fish in Roasted Red Capsicum Sauce

Description: With Steamed Rice and Vegetable Melange

Packaging: Food Grade Shallow Pulp Tray

INGREDIENTS

Vegetable Melange Mix (Broccoli, carrot, cauliflower, green beans, yellow beans, red capsicum.), White Fish, Water, White Long Grain Rice Par Boiled, Capsicum Red, Cream (Cream (from milk). Contains minimum 35% milk fat.), Zucchini, Carrots, Lemon Juice (100% Reconstituted Lemon Juice, Preservative (223), Antioxidant (300).), Parsley, Red Onion, Parmesan Cheese (Pasteurised reduced fat milk, Anticaking Agent (460), Starter Culture, Iodised Salt, Enzymes), Whey Powder (Partially Demineralised Whey solids), Milk Powder (Pasteurised cow's milk.), Table Salt (Salt, anti-caking agent (554)), Starch (Modified Starch 1422), Margarine (Chol Free) (Vegetable oils, water, salt emulsifiers (322 (from soy), 471), preservative (202), food acid (270), colour (160a), vitamins A & D, flavour), Canola Oil 100%, Garlic (Garlic, vinegar, canola oil), Stabiliser (Xanthan gum (415), Dextrose, Guar gum (412), Carrageenan (407)), Basil (Basil), Gum Xanthan (Xanthan Gum), Pepper (White Ground, Rice Flour), Citric Acid .

NUTRITION INFORMATION

Servings Per Package: 1
Serving Size: 0.38 kg

	Ave Quantity Per Serving	Ave Quantity Per 100 g
Energy	1,543 kJ	406.1 kJ
Protein	29.2 g	7.7 g
Fat	10.5 g	2.8 g
Fat, Saturated	5.3 g	1.4 g
Carbohydrate, Total	35.0 g	9.2 g
Sugars	7.4 g	1.9 g
Sodium	488 mg	128 mg

ALLERGEN DECLARATION (Yes or No)

Gluten	No	Nuts	No
Crustacea	No	Sesame Seeds	No
Egg	No	Peanuts	No
Fish	Yes	Sulphites	Yes
Milk	Yes	Soy	Yes
Lupin	No		

Mandatory Warning and Advisory Statements:

Contains: Fish, Milk, Soy, Sulphites

Country of Origin:

Made in Australia from local and imported ingredients

Storage Requirements:

Keep frozen

Shelf Life:

12 months frozen - 3 days defrosted

Contains Genetically Modified Ingredients:

No

Contains Irradiated Ingredients:

No

Transport Requirements:

Keep frozen

Sensitivity of customers:

Suitable for all persons without food allergies

Approved by: _____

Issue Date:

4/14/2021