



# Total Catering Solutions

## Product Description and Intended Use

**Product Name:** Ezy Fish Fillet in Teriyaki Sauce

**Description:** With Steamed Rice and Stir Fry Vegetables

**Packaging:** Food Grade Shallow Pulp Tray

### INGREDIENTS

Stir Fry (Carrots, Green Beans, Butter Beans, Onions, Sugarsnap Peas, Red Peppers.), White Fish, Water, White Long Grain Rice Par Boiled, Teriyaki Sauce (Naturally Brewed Soy Sauce (Water, Soybean, Wheat, Salt), Wine, Sugar, Onion Powder, Garlic Powder, Preservative (Sulphur Dioxide from wine).), Onion, Carrots, Sweet Thai Chilli Sauce (Syrup, Garlic, Red Chilli (14%), Vinegar, Salt, Water, Thickener (1442), (no added preservatives).), Capsicum Red, Rice Vinegar (Water, Alcohol, Rice, Corn, Sake lees, Salt), Cane Sugar (100%), Oil Sesame (Sesame seed oil ), Starch (Modified Starch 1422), Ginger, Table Salt (Salt, anti-caking agent (554)), Pepper (White Ground, Rice Flour).

### NUTRITION INFORMATION

Servings Per Package: 1  
Serving Size: 0.4 kg

	Ave Quantity Per Serving	Ave Quantity Per 100 g
Energy	1,559 kJ	389.8 kJ
Protein	35.3 g	8.8 g
Fat	5.8 g	1.5 g
Fat, Saturated	1.2 g	0.3 g
Carbohydrate, Total	48.0 g	12.0 g
Sugars	17.7 g	4.4 g
Sodium	1,108 mg	277 mg

### ALLERGEN DECLARATION (Yes or No)

Gluten	Yes	Nuts	No
Crustacea	No	Sesame Seeds	Yes
Egg	No	Peanuts	No
Fish	Yes	Sulphites	Yes
Milk	No	Soy	Yes
Lupin	No		

Mandatory Warning and Advisory Statements:

Contains: Fish, Gluten, Sesame Seeds, Soy, Sulphites

Country of Origin:

Made in Australia from local and imported ingredients

Storage Requirements:

Keep frozen

Shelf Life:

12 months frozen - 3 days defrosted

Contains Genetically Modified Ingredients:

No

Contains Irradiated Ingredients:

No

Transport Requirements:

Keep frozen

Sensitivity of customers:

Suitable for all persons without food allergies

Approved by: \_\_\_\_\_

Issue Date:

4/14/2021