

# DERVACLARA





# 7" BELLY PROTOCOL

## YOU WILL NEED ONE PACK OF THE 7" BELLY PATCH

THIS TREATMENT PREVENTS AND TREATS STRETCH MARKS, SCARS, AND LOOSE SKIN.

# 30 MINUTES

#### **Preparation & Positioning**

Prepare a comfortable treatment area for the client to lie down. Provide soft towels or bolsters to support their head and knees during the treatment. Ensure the client is positioned in a relaxed and comfortable manner.

#### Cleansing - 5 Minutes

If appropriate, gently cleanse the tummy area with a mild, non-irritating cleanser to remove any surface impurities. Pat the skin dry with a soft towel.

#### Warm Compress

If the spa offers warm compress therapy, place a warm, moist towel or compress on the tummy area for a few minutes. This can help to further relax the muscles and enhance the benefits of the treatment.

#### **Apply Dermaclara Patch**

Remove the patch from its package and gently apply the patch to the client's tummy area. Allow the client to relax while the patch works its magic.

# Massage - 15 Minutes

Perform a gentle neck and decollate massage using slow and rhythmic motions. Focus on promoting relaxation and alleviating tension by using effleurage, petrissage & tapotement.

## Remove Patch

Gently remove the Dermaclara Tummy Patch and store appropriately for the client to take home at the end of their service.

## Apply Nourishing Oil Or Lotion - 5 Minutes

Apply a nourishing and soothing oil or lotion specifically designed for the tummy area. Use gentle, circular motions to massage the product into the skin. This promotes relaxation and moisturizes the skin, leaving it feeling soft and supple.

# Warm Compress

Place a warm, moist towel or compress on the tummy area for a few minutes. This can help to further relax the muscles and enhance the benefits of the treatment. Remove any unwanted product from the skin.

## Finish

End treatment with a lightweight moisturizer.



