



North Texas Cycling – Volunteer Information Packet

Welcome to the 2024 NTX NICA Mountain Bike Season. We are thrilled that you are interested in helping our team.

OUR MISSION: Get more riders safely on bikes while instilling a lifelong passion for cycling, developing the character, athletic ability, and leadership skills of the rider in a fun environment while promoting academic excellence, and racing competitively with integrity.

Our teams operate with the assistance of volunteers every day. You have an opportunity to support our team at weekly practices, occasional weekend events and during race weekends.

VOLUNTEER OPPORTUNITIES:

- Race event support
- Providing snacks during race weekend
- Level 1, 2 or 3 Coaches

RACE DAYS:

- Many volunteer opportunities are available during race weekend!!
- Coaches are needed as Course Marshals and Race Sweepers
- Feed Zone Marshals
- Finish Line Support
- Parking Volunteers
- Snacks and hydration support is always needed at the team tent.
- Course set up and break down.

VOLUNTEER EXPECTATIONS:

- Coaches must make a good faith effort to attend team practices and race weekends.
- Volunteers will not consume tobacco (or related products including vaping), alcohol or other drugs.
- Volunteers must agree to the team code of conduct:
 - Maintain a positive, respectful demeanor toward coaches, ride leaders, volunteers, and other riders.



COACHES

FINANCIAL COMMITMENT:

- Coaches pay \$11 for a background check and \$25 registration fee to Texas NICA Chapter good for the entire November-April season.

EQUIPMENT NEEDED:

- Mountain Bike
- Helmet
- Protective Eye Wear
- Cycling Gloves
- Water Bottle
- Lights for night riding
- Black Cycling Shorts
- Flat Repair Kit
- Sports Nutrition

TIME COMMITMENT:

- 3-4 hours of online training & onboarding, at a minimum for Level 1 coaches.
- Training time is longer for Level 2 & 3 coaches.
- Assist with weekly practices as team lead/pacesetter or sweep. Carry hand-held radios for communication among other coaches during rides.
- Join team trail workdays and social gatherings announced throughout the season. Watch for events on TeamSnap.

COACH BENEFITS:

- Level 1, 2 & 3 coaches benefit from some awesome perks provided by our sponsors. See <https://nationalmtb.org/athlete-coach-benefits/> for the latest coach benefits on bikes, helmets, racks, components, accessories, apparel, and training.