	Спор	Crossing Rate
	Bean, Fava	~30%
	BEAN, RUNNER	~35%
	Corn	HIGH
VERY EASY	CUCUMBER	Нісн
	MELONS	HIGH
	Spinach	HIGH
	Squash	HIGH
	Asparagus	Нісн
	BARLEY	~10%
Easy	CABBAGE, KALE, BROCCOLI	Нісн
	EGGPLANT	~10%
	OKRA	~10%
	PEPPER	~10%
	Radish	Нісн
	Sunflower	~50%
	Tomatillo	Нісн
	WHEAT	~10%
	ВЕЕТ	нісн
HARD (DUE TO THE DIFFICULTY OF VERWINTERING ROOTS)	CARROT	нісн
	Onion	нісн
	Parsnip	~30%
	Ротато	
	Rutabaga	~20%
	SWEET POTATO	Нісн
	Tomato, domestic 3*	~3%
	TURNIP	100%
	Bean, common	0.5-5%
VERY HARD	Bean, garbanzo	LOW
	GARLIC	
(LOW CROSS POLLINATION RATES)	LETTUCE	~3%
	PEA	0.50%
	Sunroot 7	100%

¹ FOR NON-LISTED SPECIES, YOU CAN ESTIMATE THE EASE OF CONVERSION TO LANDRACE GARDENING BY LOOKING AT THE FLOWERS. IF THEY AREANNUALS THAT ATTRACT LOTS OF POLLINATORS, OR IF THEY USE WIND DISPERSAL OF POLLEN, THEY ARE ON THE EASIER END OF THE SCALE.

³ I CONSIDER DOMESTIC TOMATOES HARD, BECAUSE OF LIMITED GENETIC DIVERSITY AND LOW OUTCROSSING RATES.

⁷ I CALL SUNROOTS VERY HARD, DUE TO WILD TRAITS AND DIFFICULTY IN SETTING SEED.