



PAGAN RITUAL GUIDEBOOK

# BELTANE







# BELTANE



## BELTANE RITUAL:

On the eve of Beltane, prepare a small altar with a candle, flowers, and a bowl of water. As the sun sets, light the candle & meditate on what you wish to grow and manifest in your life. Then, dip your fingers in the bowl of water and sprinkle some on the ground as an offering. Extinguish the candle and place the flowers on your altar or outside to mark the Beltane celebration.





## INTRODUCTION

# BELTANE

May brings the Sabbat of Beltaine, named after the sun god Bel, as we now really notice the weather getting better and can enjoy time outside in the sun.

The word "Beltane" comes from the Gaelic language, meaning "bright fire." It was traditionally celebrated by lighting bonfires on hilltops and by dancing around the flames. The festival was also associated with the goddess of the land and the fertility of crops, and offerings of flowers and food were made to her.

Beltane is typically celebrated with a range of rituals and customs, including dancing around the Maypole, lighting fires, and making offerings to the gods and goddesses of the land. It is also a time for feasting and sharing food with friends and family.

The Beltane Sabbat is a celebration of the fertility and vitality of the earth, and marks the beginning of summer. It is a time of joy and renewal, when people come together to celebrate the abundance of the land and the energy of the sun.

At Beltane, the natural world is seen as being at its most powerful and life-giving, with the return of longer days and warmer weather.

It is also associated with the Celtic god Belenus and the goddess of the land and fertility, often called the May Queen or the May Bride.

# BELTANE

## CORRESPONDENCES

### HERBS

MINT  
DILL  
MUGWORT  
YARROW  
THYME

### FLOWERS

DAISY  
LILAC  
ROSE  
IRISES  
ACHILLES

### ANIMALS

WOLF  
FOX  
EAGLE  
SWAN  
BUTTERFLY

### CRYSTALS

ROSE QUARTZ  
CARNELIAN  
CITRINE  
MALACHITE  
SELENITE

### OILS & INCENSE

APPLE  
ROSE  
ROSEMARY  
SANDALWOOD  
LAVENDER

### GODS & CREATURES

APOLLO  
RHIANNON  
EROS  
ELVES  
FAIRIES





# YOUR MAGICAL GARDEN

Now is the time to plan your magical garden!

Planning a magical garden for Beltane Sabbat can be a fun and meaningful way to connect with the energies of the season and honor the cycles of nature.

Consider incorporating plants that are traditionally associated with Beltane such as flowers like primrose, bluebell, and hawthorn.

Create a small altar or shrine and decorate it with symbols of the season, such as flowers, ribbons, and candles.

Consider creating a faery garden or adding elements to your garden that are said to attract faeries, such as a small pond or a fairy house.







## OFFERINGS FOR THE

# FAE

### FOODS:

BREAD  
HONEY  
DANDELION WINE  
BERRIES  
CAKE

### TRINKETS


BELLS  
COINS  
CRYSTALS  
SHINY OBJECTS  
MUSICAL INSTRUMENTS

### NATURAL ITEMS

FEATHERS  
ACORNS  
PINE CONES  
SEASHELLS  
FLOWERS  
PRETTY STONES  
SEEDS





A magical forest scene with women in floral crowns and blue dresses. The background is a soft-focus forest with sunlight filtering through the trees, creating a warm, golden glow. In the foreground, two women are seen from behind, wearing long, flowing blue dresses and crowns made of dark greenery and small pink flowers. They appear to be holding hands or a small object together. In the background, other figures are visible, some wearing white robes and halos, suggesting a religious or ceremonial context. The overall atmosphere is ethereal and dreamlike.

May you dance with the  
faeries, glide with the  
spirits, and let your heart  
sing with the magic of the  
world



# Coupling Ritual



A coupling ritual is a traditional part of Beltane celebrations, and is often performed as a symbolic representation of the fertility and abundance of the season.

During the ritual, the couple may perform a series of symbolic actions, such as circling around a fire or a Maypole, or exchanging flowers or gifts. They may also recite prayers or chants, or make offerings to the gods and goddesses of the land.

A coupling ritual can also be about something that you seek to improve such as your job, or relationship with your pet or best friend. Place a god and goddess statue on your altar, or white and dark green candle and recite this prayer:





# Love Spell

## INGREDIENTS

- Sweet almond oil
- Cinnamon
- Sandalwood Essential oil
- Small glass vial



## PERFORMING THE SPELL:

First, pour sweet almond oil into the vial. Then, add 9 drops of sandalwood essential oil and a small amount of cinnamon.

Close the vial tightly and shake it to mix the ingredients.

Hold the vial in both hands and recite the following words:

*Ants to sugar, Moths to flame,  
My full attraction I now claim*

Finally, apply the mixture onto your belly, heart, and throat as an anointing oil.



# Fire Ritual

## TO REMOVE OBSTACLES

This is a bonfire Sabbat, burning away obstacles to togetherness.

The bonfire is a symbol of the sun's power and energy, and is often seen as a way to purify and renew the energy of the community.

Make a fire outside at night, or light a large red candle inside and say:

**Earth, Air, Fire, Water. The elements  
come together, as I seek togetherness!**





A woman with long, wavy brown hair is the central figure, wearing a crown of green leaves and yellow flowers. She is dressed in a dark, patterned garment. Her hands are focused on a small object, possibly a flower or a piece of fabric, as she performs a ritual. The scene is set at night, illuminated by several lit candles. Some candles are in a basket or holder in the foreground, surrounded by greenery and flowers. Other candles are visible in the background, creating a warm, atmospheric glow. The overall mood is solemn and ceremonial.

This Beltaine, May  
Queen, I ask thee, Bless  
our way to prosperity



# BELTANE

8 CARD SPREAD





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## 8 CARD SPREAD

1. THE SLUMBERING SELF: What part of you remains dreaming from Samhain and the dark part of the year?

2. THE SEEDLING: What has been growing in your life and is ready for the maturity of summer?

3. THE WOOD: That which supports your fire – your ambitions, drive, work, relationships, and service to the world.

4-5. THE SPARKS: Your particular role in community, family, romantic relationships, workplace, circle + more. How do you spark fires in others?



# BELTANE

## 8 CARD SPREAD

6-7. THE EMBERS: What should you seek to carry and preserve until next Beltane?  
What path of desire are you to follow?

8. THE YEAR + A DAY VOW: What is the vow you are making this Beltane to keep  
for a year and a day?









# Personal Reflections

**How can you create a more fertile environment for your dreams to grow & thrive?**

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**How can you honor the element of fire during this time?**

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**How can you incorporate music, dance, and other forms of creative expression into your Beltane celebrations?**

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# Personal Reflections

**Write a letter to yourself, expressing your hopes and dreams for the coming year. What you would like to create, accomplish, and experience?**

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**Make a list of things you want to do to celebrate Beltane this year. This might include a special ritual, a gathering with friends, or simply spending time in nature:**

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# Doodle















As we conclude our Beltane journey, let us carry the energy of this vibrant festival with us throughout the year. May the blessings of growth, abundance, and passion ignite our spirits and guide our path.

Blessed Beltane, and may the magic of this transformative time forever dance within our hearts.

**THANK  
YOU**

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