

For Immediate Release

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Karma® Wellness Water is a Fresh, New Way to Drink Vitamins

With up to six times more nutrients than competing brands, Karma Wellness Water is now available nationwide

Pittsford, N.Y., September 8th, **2011—**The principle of karma is based on cause and effect. If you do something positive, you'll get something positive in return. Born from this belief is Karma Wellness Water, the delicious line of natural, nutrient-enhanced water introduced nationwide today that has been meticulously formulated to deliver health benefits to your mind, body, spirit, balance, and vitality.

The driving force behind Karma is the fact that water-soluble vitamins lose their potency while sitting in water or when they are exposed to moisture. Additionally, those vitamins suffer degradation when they are subjected to UV rays, oxygen, or heat. The loss of strength is greater when the vitamin contents are spread across the full contents of bottled beverages, causing premixed vitamin drinks to lose their potency over time. The supplemental information printed on most premixed vitamin drinks is based on the ingredients at the time of bottling, not at the time of consumption.

"Many people are trying very hard to take responsibility and make the right choices when it comes to their health," said CJ Rapp, CEO and co-founder, Karma Culture LLC. Citing the recent actions of the U.S. Food and Drug Administration to address this concern, Rapp said, "Consumers need to know that after just 90 days on a shelf, premixed drinks may have only 30 to 50 percent of their vitamins remaining and Karma's goal is to bring back the freshness of vitamins and truly transform water into wellness."

Introducing KarmaCap Technology

Karma uses its proprietary KarmaCap Technology to keep vitamins and other essential ingredients protected and separate from water until it's time to drink. By introducing the vitamins only seconds or minutes from actual consumption, it optimizes the effectiveness of the nutrient-rich ingredients in Karma. The cap uses opaque plastic and a UV blocker to limit the vitamins' exposure to the elements and this breakthrough packaging also has a hermetic (airtight) seal between the cap and base, ensuring freshness and delivering maximum vitamin potency. Plus, it's easy to use—with just a push of a button, consumers control their own beverage destiny.



Delivering Nutrition with Substance & Style

Karma Culture is working with three of the country's top nutrition and fitness experts as advisors—Dr. Jeffrey B. Blumberg, Dr. Melina B. Jampolis, and Dr. Michael D. Maloney. Dr. Blumberg is a professor in the Friedman School of Nutrition Science and Policy and the director of the Antioxidants Research Laboratory at Tufts University. Dr. Jampolis is an internist and board certified physician nutrition specialist and currently serves as the diet and fitness expert for CNNHealth.com. Dr. Maloney is a board certified orthopaedic surgeon, and director of the Orthopaedics' University Sports Medicine and professor of Orthopaedics at the University of Rochester Medical Center.

"Scientific advances in our understanding of ways to formulate wellness beverages now provide us with the capacity to deliver functional ingredients that contribute to the promotion of health," said Blumberg, who will be involved in directing the formulation of Karma. "It is exciting to have this opportunity to help a company committed to this objective."

Each functional variety of Karma has been carefully designed with a mix of seven essential vitamins, superfruits, antioxidants, herbal extracts, amino acids, minerals, and electrolytes to deliver tangible benefits to a consumer's health and wellness. This powerful combination of fresh and natural ingredients provides up to six times more nutrients for people than they would receive from competing brands.

"Karma's commitment to real nutrition science is noteworthy," said Dr. Jampolis. "The strive for excellence is apparent and I chose to play an advisory role for this product because Karma gives equal importance to both substance and style."

Discover Five Natural Varieties

Karma Wellness Water is available in five natural varieties, each containing 110 percent of the recommended daily allowances of vitamins A, B3, B6, B12, Niacin, D, and E:

- Orange Mango For Sharper Thinking
 – specially formulated for mental alertness, providing yerba mate, choline, and coenzyme Q10. Choline and yerba mate support clarity and stimulate focus, while coenzyme Q10 is an antioxidant that helps fuel the body's daily activity.
- Raspberry Guava Jackfruit For Fitness Acceleration
 offers sodium and potassium, as well as glucosamine, calcium, and vitamin D. This mix works to replenish essential electrolytes, combat the risk of osteoarthritis, and maintain healthy bones.



- Passionfruit Green Tea For Mood Elevation

 – contains ginseng and Ltheanine. These ingredients and others help recover from stress, and encourage
 relaxation.
- Acai Pomegranate For An Immunity Boost

 provides 1,000 mg of vitamin C, as well as zinc, berry extracts, and tea polyphenols. This is 1,667 percent of your daily dose of vitamin C, which can help prevent cold and flu symptoms.
- Pineapple Coconut For Healthy Hydration—includes trans-resveratrol, magnesium, and potassium, which have biological, physiological, and anti-aging effects that impact vitality, along with other natural ingredients that increase alertness and replenish energy.

Karma Wellness Water begins with a gift from Mother Nature in the form of pristine spring water, while many competing brands use filtered municipal water. Karma is naturally sweetened with a blend of stevia and pure cane sugar. Each 18-ounce bottle contains only 20 calories and is free of preservatives, gluten, and lactose.

Karma Wellness Water is available for purchase online at DrinkKarma.com and Amazon.com. In addition, it is currently available in select grocery, convenience, and drug store chains, for a suggested retail price of \$2.39 to \$2.89. For more information about Karma and where to find it, visit www.DrinkKarma.com.

About Karma Culture LLC

Karma Culture LLC, based in Pittsford, N.Y., is a manufacturer of naturally enhanced, flavored spring water. Founded in 2011, the company's Karma® Wellness Water provides unprecedented levels of vitamins and nutrients in a mix-to-drink form. The line includes five functional varieties, each meticulously formulated to deliver distinct wellness benefits for mind, body, spirit, balance, and vitality. Karma was born from the universal truth that if you do something positive, you'll get something positive in return. It meets the needs of people with active lifestyles who are looking to make good choices that will positively impact their health. For more information about Karma Wellness Water, visit DrinkKarma.com.

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