



THE OLD FORT, SEAVIEW  
*Relaxed seaside dining*

STARTERS & LIGHT BITES\*

<b>The Old Fort Crab Ramekin</b> gratinated served with warmed homemade sourdough & dressed salad <sup>GFO</sup> .....	12.60
<b>Salt &amp; Pepper Squid</b> served with a sweet chilli dip <sup>DF</sup> .....	10.50
<b>1/2 Pint Shell on Prawns</b> served with warm sourdough bread, marie rose, garlic aioli & salad <sup>GFO, DF</sup> .....	12.50
<b>Chicken Caesar Salad</b> served with croutons, crispy bacon and a boiled egg.....	8.80
<b>Tennessee Chicken wings</b> served with ranch dressing, ribbon salad <sup>GF</sup> .....	8.00
<b>Roasted Garlic Falafel</b> served with a butternut hummus, toasted pitta & salad garnish <sup>VE, GFO</sup> .....	8.70

MAIN COURSES

<b>Fish of the Day</b> please see specials boards or ask a member of the team <sup>subject to availability</sup> .....	market price
<b>Pan fried Bream</b> with crushed new potato, green beans, lemon butter & crispy capers <sup>DF, GFO</sup> .....	22.00
<b>Freshly Beer Battered Cod</b> with chunky chips, mushy peas & homemade tartar sauce <sup>DF</sup> .....	15.95
<b>Wholetail Scampi</b> with skinny fries, garden peas & homemade tartar sauce <sup>DF</sup> .....	15.95
<b>Pint Shell on Prawns</b> served with warm sourdough bread, marie rose, garlic aioli & salad <sup>GFO, DF</sup> .....	19.00
<b>Steak of the Day</b> please see specials boards or ask a member of the team <sup>subject to availability</sup> .....	market price
<b>The Old Fort Wagyu Beef Burger</b> with tomato & chilli chutney, smokey bacon, Monterey jack cheese, fries & salad <sup>GFO, DFO</sup> .....	16.50
<b>Cajun Chicken Burger</b> with garlic aioli, fries & salad (add bacon and/or cheese for 1.00 each) <sup>GFO, DFO</sup> .....	15.00
<b>Chicken Caesar Salad</b> served with croutons, crispy bacon and a boiled egg.....	14.50
<b>Crispy Panisse Salad</b> with cashew, beetroot, green beans & roasted tomato salad <sup>VE, GF</sup> .....	14.50
<b>Pressed Aubergine</b> served with chickpea & tomato ragu, herb pistou & crispy shallots <sup>VE, GF</sup> .....	15.00

SIDES & NIBBLES\*

<b>Side of veg</b> tenderstem & green beans, toasted almonds.....	5.00
<b>Side salad</b> with mixed leaves, cucumber, raddish, baby toms.....	3.50
<b>Aspen fries</b> fries tossed in truffle oil, parmesan & chives.....	4.50
<b>Skinny fries / Chunky chips</b> cooked fresh and slightly salted.....	3.20
<b>Toasted sourdough served</b> with salted butter.....	2.20
<b>Garlic bread</b> crusty ciabatta with garlic and chive butter.....	3.50
<b>Cheesy garlic bread</b> as above but topped with melted mozerella.....	4.50
<b>Olives</b> green and black pitted olives .....	4.00

DAILY SPECIALS for even more fresh, locally sourced and seasonal dishes please see blackboards or speak to a member of the team. Please turn over for dessert, children's & sandwich menus. All subject to change and availability.

*Remember, every night's a fortnight!*

All subject to change and availability | **GF** Gluten Free | **DF** Dairy Free | **VE** Vegan | **VG** Vegetarian | **O** Option Available | **VAR** Various  
Some dishes may contain bones, shells, nuts & other allergens. If you have questions, allergies or intolerances please let us know before ordering  
Our kitchen hours are 1200-1500 and 1800-2100; outside of these hours, our Bar Snacks are available consisting of Light Bites, Sandwiches & Children's menus  
All our food is freshly prepared and cooked onsite to order; please therefore be patient during our busier periods.

#foodforfort

@theoldfortseaview

### HOMEMADE DESSERTS\*

<b>Affogato</b> 2 scoops of Isle of Wight vanilla ice-cream with a shot of espresso <sup>GFO, DFO</sup> .....	6.20
<b>Summer Fruit Crumble Tart</b> with Isle of Wight vanilla ice cream <sup>DFO</sup> .....	8.00
<b>American style Pancakes</b> with blueberry compote & Isle of Wight vanilla ice cream <sup>GF, VEO</sup> .....	7.90
<b>Chocolate &amp; Hazelnut Torte</b> caramelised white chocolate crumb, chantilly cream.....	8.50
<b>Selection of Cheese &amp; Crackers</b> with truffle brioche homemade chutney <sup>VG</sup> .....	12.00
<b>Selection of Isle of Wight Ice Cream &amp; Sorbets</b> vanilla, chocolate, strawberry, salted caramel <sup>DFO</sup> .....	2 scoops from 3.00

### TEA, COFFEE, CAKES & COCKTAILS

As well as a fully stocked bar, we offer a selection of homemade cakes, teas, coffees, Irish coffees, cocktails, aperitifs & digestifs. Please ask a member of the team for more details or why not try one of our Signature **or** non-alcoholic Cocktails...

### CHILDREN'S MENU\*

All served with skinny fries & peas unless stated - chunky chips, baked beans, cucumber or salad also available.

<b>3oz Beef Burger</b> brioche slider, skinny fries & peas <sup>DF</sup> .....	7.70	<b>Cod goujons</b> with skinny fries and peas <sup>DF</sup> .....	8.70
<b>Chicken Nuggets</b> with skinny fries & peas <sup>DF</sup> .....	8.70	<b>Tomato Pitta Pizza</b> add ham for 1.00.....	6.50
<b>Wholetail Scampi</b> with skinny fries & peas <sup>DF</sup> .....	8.50	<b>Macaroni and cheese</b> .....	5.50

### FRESHLY MADE SANDWICHES\*

AVAILABLE 1200-1700HRS

**Sandwiches** on white or malted bloomer served with skinny fries & salad garnish

Cod goujon sandwich with tartar sauce <sup>DF</sup> .....	14.50	BLT <sup>DF, GFO</sup> .....	12.00
Fresh crab (subject to availability) <sup>GFO, DFO</sup> .....	market price	Ham hock applewood & caramelised onion chutney <sup>GFO</sup> .....	11.50
Prawns in marie rose <sup>DF, GFO</sup> .....	14.50	Cheese & pickle <sup>GFO, VG</sup> .....	8.95
Tuna mayo <sup>DF, GFO</sup> .....	9.50	Roasted garlic falafel wrap with salad & mango chutney <sup>VE</sup> .....	8.95



### WE NEED YOUR HELP!

Having been awarded Silver last year, we are once again up for **Best Pub** in this years Red Funnel **Isle of Wight Awards!** If you have enjoyed yourself today, it would mean the absolute world, if you would each cast a vote for us - it literally takes a second and could make all the difference to our once little, sleepy, seasonal, seaside pub. You can easily and quickly vote once from each device by scanning the QR code using a smartphone or visiting [theoldfortseaview.co.uk/vote](http://theoldfortseaview.co.uk/vote) and following the instructions - *thank you!*



*go on...give it some fort!*

The Old Fort Seaview Limited | Company Number 12353533 | VAT Number 356911873 | Part of SE-VIEW Group Ltd  
+44 (0)1983 612 363 | [info@theoldfortseaview.co.uk](mailto:info@theoldfortseaview.co.uk) | [theoldfortseaview.co.uk](http://theoldfortseaview.co.uk) | Esplanade, Seaview, Isle of Wight, PO34 5HB

Please note that a discretionary optional 10% service charge will be added to your bill and is split equally between all the staff | VAT @ 20% inclusive.

Follow and tag us on instagram @theoldfortseaview or review us on Google or TripAdvisor for a chance to win a meal for 4!