



THE OLD FORT, SEAVIEW
Relaxed seaside dining

STARTERS & LIGHT BITES*

Soup of the Day freshly made and served with homemade bread roll VAR.....	from £7.70
The Old Fort Crab Ramekin gratinated, served with warm ciabatta and dressed salad GFO.....	£12.60
Smoked Mackerel Pate with dill & cucumber pickle, herb croutes GFO.....	£8.80
Honey & Soy Pork Tacos with asian salad, sesame, wasabi mayonnaise & pickled shallots DF.....	£8.60
Chicken Caesar Salad served with croutons, crispy bacon and a boiled egg.....	£8.80
Crispy Butternut Falafel with roasted garlic hummus & toasted pitta VE GFO.....	£8.70
Baked Camembert served with toasted ciabatta & cranberry sauce VG GFO.....	£12.20

MAIN COURSES

Fish of the Day please see specials boards or ask a member of the team subject to availability.....	market price
Pan-seared Cod Loin with crushed new potatoes, cavolo nero & tomato fondue DF GFO.....	£16.80
Salmon Linguine served in a spinach & white wine sauce.....	£15.70
Freshly Battered Cod with chunky chips, mushy peas & homemade tartar sauce DF.....	£15.95
Wholetail Scampi with skinny fries, peas & homemade tartar sauce DF.....	£14.45
Steak of the Day please see specials boards or ask a member of the team subject to availability.....	market price
Pan Fried Chicken Supreme served on a ham hock & potato chowder with crispy parsnips GF.....	£18.45
Confit Pork Belly served on truffle mash with seasonal veg & red wine jus GF.....	£16.70
The Old Fort Wagyu Burger with tomato & chilli chutney, smokey bacon, jack cheese, fries & salad GFO, DFO.....	£17.20
Chicken Caesar Salad served with croutons, crispy bacon and a boiled egg.....	£14.20
Butternut Risotto with grilled goats cheese, gremolata, roasted pumpkin seeds & crispy sage VG GF DFO.....	£14.70
Smoked Aubergine Tikka Masala served with basmati rice, mango chutney & poppadom VE GF DF.....	£13.70

SIDE DISHES*

Aspen fries (fries tossed in truffle oil, parmesan & chives).....	£4.20
Seasonal veg / Cheesy garlic bread / Bread roll & olives.....	£3.70
Side salad / Skinny fries / Chunky chips / Garlic bread.....	£3.20
Bread roll / Olives.....	£2.20

* Our lunch service hours are 1200-1500 and our dinner service hours are 1800-2100; in-between this, our Bar Snacks menu is available and consists of our Light Bites, Sides, Sandwiches & Ciabattas, Children's and Dessert menu. For daily specials and our delicious Sunday Roasts please see blackboards or speak to a member of the team. All our food is freshly prepared and cooked onsite to order; please therefore be patient during our busier periods. The provenance of our food is extremely important to us; wherever possible we use fresh, local, seasonal produce to ensure consistency of quality. Our food may contain allergens; if you require more information on any of our menu ingredients, please ask a member of the team.

Remember, every night is a fortnight!

All subject to change and availability | **GF** Gluten Free | **DF** Dairy Free | **VE** Vegan | **VG** Vegetarian | **O** Option Available | **VAR** Various
Some dishes may contain bones, shells, nuts & other allergens. If you have questions, allergies or intolerances please let us know before ordering
Please note that a discretionary optional 10% service charge will be added to your bill and is split equally between all the staff | VAT @ 20% inclusive

HOMEMADE DESSERTS*

Chocolate Orange cheesecake hazelnut praline, vanilla ice cream ^{DFO}	£7.70
Toffee Apple Crumble Tart served with creme anglaise.....	£7.70
Affogato 2 scoops of Isle of Wight vanilla ice-cream with a shot of espresso ^{GFO}	£6.20
Chai Spiced Brûlée with shortbread, winterberry reduction ^{GF}	£6.70
Selection of cheeses & crackers with truffle brioche homemade chutney ^{VG}	£11.45
Selection of Isle of Wight ice-cream or homemade sorbets ^{DFO}	2 scoops from £3.00

TEA, COFFEE & COCKTAILS

As well as a fully stocked bar, we offer a selection of teas, coffees, Irish coffees, cocktails, aperitifs & digestifs. Please ask a member of the team for more details or why not try one of our Signature Cocktails

CHILDREN'S MENU*

All served with skinny fries & peas unless stated - chunky chips, baked beans or salad also available. Smaller Roast Lunch with all the trimmings available on Sundays - subject to availability.

3oz Beef Burger brioche slider, fries & peas ^{DF}	£7.70	Cod goujons with skinny fries and peas ^{DF}	£8.70
Chicken Nuggets with skinny fries & peas ^{DF}	£8.70	Ham Pitta Bread Pizza with fries & peas ^{VG}	£6.95
Sausages with skinny fries and peas ^{GF}	£7.20	Tomato Pitta Bread Pizza with fries & peas ^{VG}	£6.20
Wholetail Scampi with skinny fries & peas ^{DF}	£8.20	Tomato Pasta (add meatballs £2.50) ^{VE GF}	£5.70

FRESHLY MADE SANDWICHES & CIABATTAS*

AVAILABLE 1200-1700HRS

Sandwiches on white or malted bloomer served with skinny fries & salad garnish

Cod goujon sandwich with tartar sauce ^{DF}	£12.70	BLT ^{DF, GFO}	£9.70
Fresh crab (subject to availability) ^{GFO DFO}	market price	Coronation chicken ^{DF, GFO}	£12.60
Prawns in marie rose ^{DF, GFO}	£11.70	Coronation chickpea ^{DF, GFO, VE}	£8.70
Tuna mayo ^{DF, GFO}	£8.70	Cheese & pickle ^{GFO, VG}	£8.95

Hot toasted ciabattas served with skinny fries & salad garnish

Bacon, Brie & Cranberry.....	£11.70	Tuna, red onion & cheddar.....	£10.70
Pork, smoked bacon & mozzarella meatball.....	£12.20	Sun-dried tomato, mozzarella & pesto ^{VE}	£11.70

SUNDAY ROASTS

ENJOY OUR DELICIOUS HOMEMADE ROASTS EVERY SUNDAY 1200-1700HRS join us every Sunday for our famous Sunday Roasts! With food served all day from 1200-1700hrs (last sitting at 5pm) choose from **Roast Sirloin of Beef with homemade Yorkshire Pudding, Slow Cooked Pork Belly with Apple Sauce, Chicken Supreme or Walnut & Parsnip Nut Roast - all served with crispy Roast Potatoes, local Seasonal Vegetables and Gravy.** Our usual winter warming menu is also available. Booking always strongly advised to avoid disappointment - all subject to change availability - when it's gone, it's gone! Smaller roasts available for