Company/Organisation:
Contact Name:

## Address:

Postcode:

Tel:
Email:

## Customer Order No:

Style/Ref of Suit Required:

## Wearer's Name:

| A. Chest | B. Waist |
| :--- | :--- |
| C. Hip | D. Height |
| E. Inside Leg to Ankle Bone | F. Cuff to Cuff |
| G. Shoe Size | H. Through Measure |
| I. Thigh | J. Calf |
| K. Neck | L. Wrist |
| M. Forearm | N. Bicep |

Please indicate what unit of measure -
Feet/Inches $\square$ Centimetres $\square$

Please state current weight of wearer - $\square$
Please attach (if comfortable) a side and front picture of the wearer
All measurements should be made in accordance with the self measurement chart Please Email completed form to sales@safequip.co.uk

## A. CHEST

The maximum horizontal girth measured over the shoulder blades; under the arm pits and over the chest with the subject standing upright.
B. WAIST

The girth of the natural waistline between the top of the hip bones and lower ribs measured with the subject breathing normally and standing upright with the abdomen relaxed.
C. HIP

The horizontal girth measured around the buttocks at the level of the maximum circumference.

## D. HEIGHT

The vertical distance between the crown of the head and the soles of the feet measured without shoes. Feet need to be together.

## E. INSIDE LEG

The distance between the crotch and the ankle bone measured in a straight line with the subject standing upright. Please ensure no footwear is worn and that the feet are slightly apart.

## F. CUFF TO CUFF

Measured with the arms outstretched, across the back, from the point of the wrist bone to point of the wrist bone.

## G. SHOE SIZE

Normal shoe size.

## H. THROUGH MEASURE (HOOP)

 Measured from outer top corner of shoulder down front of torso, through crotch and back of torso to the outer top corner of the shoulder.
## I. THIGH

Measure the circumference of the top of the thigh at the widest point.
J. CALF

Measure circumference of the calf at the widest point.
K. NECK

Measure the circumference of the neck at the level of the Adams apple.
L. WRIST

Measure the circumference of the wrist at the widest point.

## M. FOREARM

Measure the circumference of the forearm at the widest point.

## N. BICEP

Measure the circumference of the bicep at the widest point.

