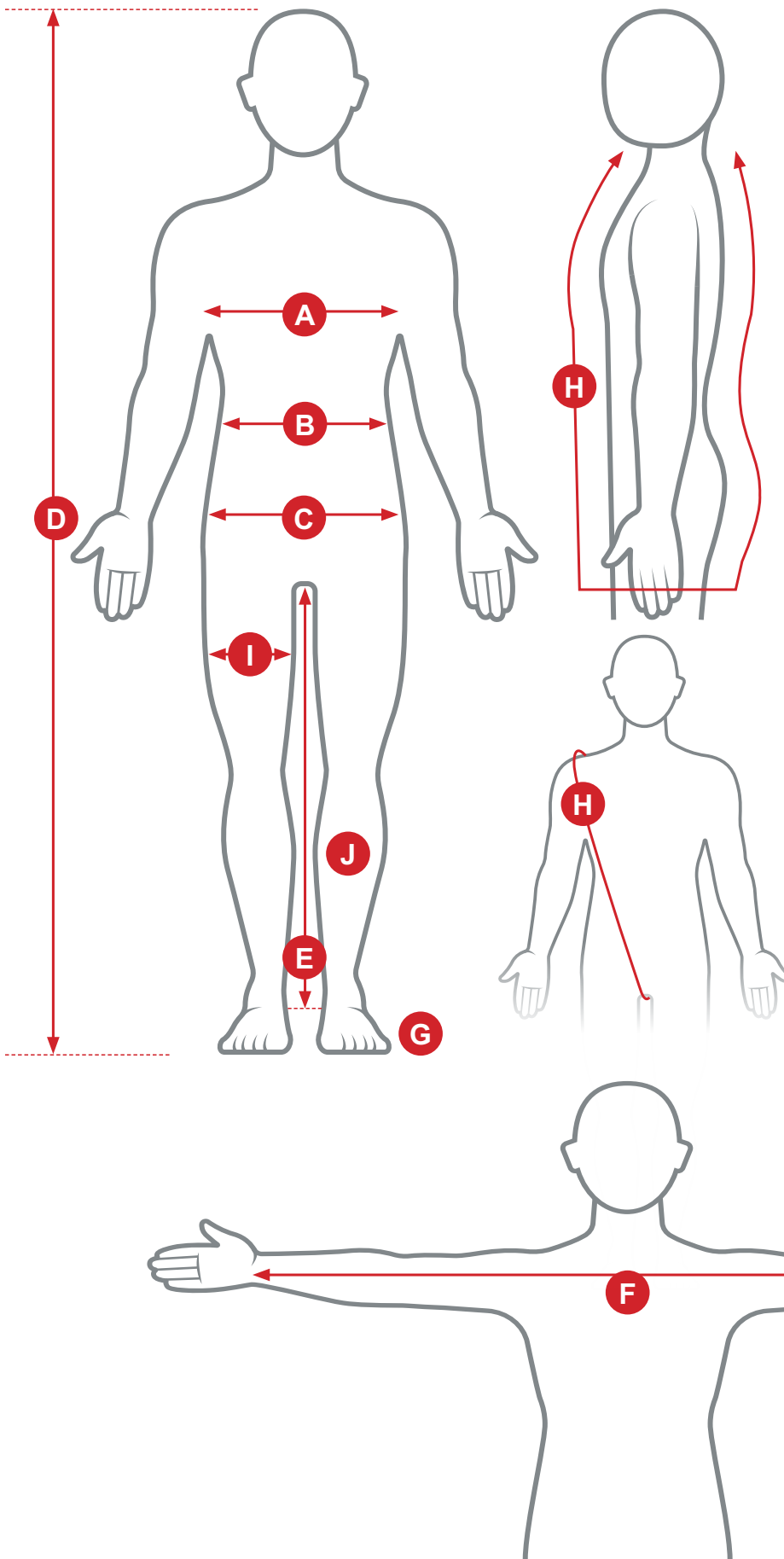


PRODUCT SIZING DOCUMENT

IONIC
RESCUE



SELF MEASUREMENT INSTRUCTIONS



A. CHEST

The maximum horizontal girth measured over the shoulder blades; under the arm pits and over the chest with the subject standing upright.

B. WAIST

The girth of the natural waistline between the top of the hip bones and lower ribs measured with the subject breathing normally and standing upright with the abdomen relaxed.

C. HIP

The horizontal girth measured around the buttocks at the level of the maximum circumference.

D. HEIGHT

The vertical distance between the crown of the head and the soles of the feet measured without shoes. Feet need to be together.

E. INSIDE LEG

The distance between the crotch and the ankle bone measured in a straight line with the subject standing upright.

Please ensure no footwear is worn and that the feet are slightly apart.

F. CUFF TO CUFF

Measured with the arms outstretched, across the back, from the point of the wrist bone to point of the wrist bone.

G. SHOE SIZE

Normal shoe size.

H. THROUGH MEASURE (HOOP)

Measured from outer top corner of shoulder down front of torso, through crotch and back of torso to the outer top corner of the shoulder.

I. THIGH

Measure at the widest point of the thigh.

J. CALF

Measure at the widest point of the calf.

CYCLONE PRO UNISEX DRYSUIT SIZING

Sizes	UOM	X-Small	Small	Medium	Medium Large	Large Short	Large Regular	Large Tall	X- Large Short	X-Large Regular	X-Large Tall
Height	ft./in.	5'2" - 5'6"	5'5" - 5'8"	5'7" - 5'10"	5'10" - 6'1"	5'7" - 5'11"	5'11" - 6'3"	6'2" - 6'6"	5'7" - 5'11"	5'11" - 6'3"	6'2" - 6'6"
	cm.	158 - 168	165 - 173	170 - 178	178 - 185	170 - 180	180 - 190	188 - 198	170 - 180	180 - 190	188 - 198
Weight	lbs.	119 - 139	134 - 154	150 - 176	170 - 196	180 - 205	180 - 205	180 - 205	200 - 231	200 - 231	200 - 231
	kg.	54 - 63	61 - 70	68 - 80	77 - 89	82 - 93	82 - 93	82 - 93	91 - 105	91 - 105	91 - 105
Chest	in.	30 - 34	32 - 36	34 - 38	36 - 40	40 - 44	40 - 44	40 - 44	44 - 48	44 - 48	44 - 48
	cm.	76 - 89	81 - 92	86 - 96	92 - 102	102 - 112	102 - 112	102 - 112	112 - 122	112 - 122	112 - 122
Waist	in.	26 - 30	28 - 32	30 - 34	32 - 36	34 - 38	34 - 38	34 - 38	38 - 42	38 - 42	38 - 42
	cm.	66 - 76	72 - 81	76 - 89	81 - 92	89 - 96	86 - 96	86 - 96	96 - 106	96 - 106	96 - 106
Hips	in.	30 - 34	32 - 36	34 - 38	36 - 40	40 - 44	40 - 44	40 - 44	44 - 48	44 - 48	44 - 48
	cm.	76 - 89	81 - 92	86 - 96	92 - 104	102 - 112	102 - 112	102 - 112	112 - 122	112 - 122	112 - 122
Inseam	in.	24 - 27	26 - 29	28 - 31	29 - 32	28 - 31	31 - 34	33 - 36	28 - 31	31 - 34	33 - 36
	cm.	61 - 70	66 - 74	72 - 79	74 - 81	72 - 79	79 - 86	84 - 92	72 - 79	79 - 86	84 - 92

Sizes	UOM	2X-Large Short	2X-Large Regular	2X-Large Tall	3X-Large Short	3X-Large Regular	3X-Large Tall	4X-Large Short	4X-Large Regular	4-X-Large Tall
Height	ft./in.	5'7" - 5'11"	5'11" - 6'3"	6'2" - 6'6"	5'7" - 5'11"	5'11" - 6'3"	6'2" - 6'6"	5'7" - 5'11"	5'11" - 6'3"	6'2" - 6'6"
	cm.	170 - 180	180 - 190	188 - 198	170 - 180	180 - 190	188 - 198	170 - 180	180 - 190	188 - 198
Weight	lbs.	220 - 251	220 - 251	220 - 251	245 - 278	245 - 278	245 - 278	264 - 298	264 - 298	264 - 298
	kg.	100 - 114	100 - 114	100 - 114	111 - 126	111 - 126	111 - 126	120 - 135	120 - 135	120 - 135
Chest	in.	48 - 52	48 - 52	48 - 52	52 - 56	52 - 56	52 - 56	56 - 60	56 - 60	56 - 60
	cm.	122 - 132	122 - 132	122 - 132	132 - 142	132 - 142	132 - 142	142 - 152	142 - 152	142 - 152
Waist	in.	42 - 46	42 - 46	42 - 46	46 - 50	46 - 50	46 - 50	50 - 54	50 - 54	50 - 54
	cm.	106 - 116	106 - 116	106 - 116	116 - 127	116 - 127	116 - 127	127 - 137	127 - 137	127 - 137
Hips	in.	48 - 52	48 - 52	48 - 52	52 - 56	52 - 56	52 - 56	56 - 60	56 - 60	56 - 60
	cm.	122 - 132	122 - 132	122 - 132	132 - 142	132 - 142	132 - 142	142 - 152	142 - 152	142 - 152
Inseam	in.	28 - 31	31 - 34	33 - 36	28 - 31	31 - 34	33 - 36	28 - 31	31 - 34	33 - 36
	cm.	72 - 79	79 - 86	84 - 92	72 - 79	79 - 86	84 - 92	72 - 79	79 - 86	84 - 92

CYCLONE PRO FEMALE DRYSUIT SIZING

Sizes		UK 6	UK 8	UK 10	UK 12	UK 14	UK 16	UK 18	UK 20	UK 22
	UOM	XX-Small	X-Small	Small	Medium	Medium Large	Large	X-Large	2X-Large	3X-Large
Height	ft./in.	5'0" - 5'2"	5'2" - 5'4"	5'4" - 5'6"	5'5" - 5'7"	5'6" - 5'8"	5'7" - 5'9"	5'8" - 5'10"	5'9" - 5'11"	5'9" - 6'0"
	cm.	153 - 158	157 - 162	161 - 166	165 - 170	169 - 174	170 - 175	173 - 179	175 - 180	175 - 183
Weight	lbs.	106 - 116	115 - 125	123 - 135	130 - 141	139 - 150	146 - 157	154 - 165	161 - 174	170 - 183
	kg.	48 - 53	52 - 57	56 - 61	59 - 64	63 - 68	66 - 71	70 - 75	73 - 79	77 - 83
Chest	in.	28 - 31	30 - 33	32 - 35	34 - 37	36 - 39	38 - 41	40 - 43	42 - 46	44 - 49
	cm.	71 - 79	76 - 84	81 - 89	86 - 94	91 - 99	96 - 104	101 - 109	107 - 114	112 - 124
Waist	in.	20 - 24	22 - 26	24 - 28	26 - 30	28 - 34	30 - 36	32 - 38	34 - 40	36 - 42
	cm.	51 - 61	56 - 66	61 - 71	66 - 76	71 - 86	76 - 92	81 - 96	86 - 102	91 - 107
Hips	in.	30 - 33	32 - 35	34 - 37	36 - 39	38 - 41	40 - 43	42 - 45	44 - 47	46 - 50
	cm.	76 - 84	81 - 89	86 - 94	92 - 99	96 - 104	102 - 109	106 - 114	112 - 120	117 - 127
Inseam	in.	24 - 26	25 - 27	26 - 28	27 - 29	28 - 30	29 - 31	30 - 32	30 - 32	31 - 33
	cm.	61 - 66	65 - 70	67 - 72	69 - 74	71 - 76	73 - 79	76 - 81	76 - 81	79 - 84

CYCLONE SAR AND RESPONDER SIZING

Sizes	UOM	X-Small	Small	Medium	Large	X-Large	2X-Large	3X-Large	4X-Large
Height	ft./in.	5'0" - 5'4"	5'3" - 5'7"	5'6" - 5'10"	5'9" - 6'2"	5'10" - 6'3"	5'11" - 6'4"	6'0" - 6'6"	6'1" - 6'7"
	cm.	152 - 162	160 - 170	168 - 178	174 - 188	178 - 190	180 - 193	183 - 198	185 - 201
Weight	lbs.	120 - 140	135 - 156	150 - 175	180 - 205	200 - 230	220 - 255	250 - 285	270 - 305
	kg.	54 - 64	61 - 71	68 - 79	82 - 93	91 - 104	100 - 116	113 - 129	123 - 138
Chest	in.	31" - 35"	34" - 38"	37" - 41"	40" - 44"	43" - 46"	46" - 50"	49" - 53"	52" - 56"
	cm.	79 - 89	86 - 97	94 - 104	102 - 112	109 - 117	117 - 127	124 - 135	132 - 142
Waist	in.	25" - 29"	28" - 32"	31" - 35"	34" - 38"	37" - 41"	40" - 45"	44" - 49"	47" - 54"
	cm.	64 - 74	71 - 81	79 - 89	86 - 97	94 - 105	102 - 114	112 - 124	119 - 137
Hips	in.	31" - 35"	34" - 38"	37" - 41"	40" - 44"	43" - 47"	46" - 51"	50" - 54"	53" - 57"
	cm.	79 - 89	86 - 97	94 - 104	102 - 112	109 - 120	117 - 130	127 - 137	135 - 145
Inseam	in.	24" - 27"	26" - 29"	28" - 31"	30" - 33"	31" - 34"	32" - 35"	33" - 36"	34" - 37"
	cm.	61 - 69	66 - 74	71 - 79	76 - 84	79 - 86	81 - 89	84 - 92	86 - 94

FLOOD SUIT SIZING

Sizes	UOM	Small	Medium	Large	X-Large	2X-Large	3X-Large
Height	ft./in.	5'3" - 5'7"	5'6" - 5'10"	5'9" - 6'2"	5'10" - 6'3"	5'11" - 6'4"	6'0" - 6'6"
	cm.	160 - 170	168 - 178	174 - 188	178 - 190	180 - 193	183 - 198
Weight	lbs.	135 - 156	150 - 175	180 - 205	200 - 230	220 - 255	250 - 285
	kg.	61 - 71	68 - 79	82 - 93	91 - 104	100 - 116	113 - 129
Chest	in.	34" - 38"	37" - 41"	40" - 44"	43" - 46"	46" - 50"	49" - 53"
	cm.	86 - 97	94 - 104	102 - 112	109 - 117	117 - 127	124 - 135
Waist	in.	28" - 32"	31" - 35"	34" - 38"	37" - 41"	40" - 45"	44" - 49"
	cm.	71 - 81	79 - 89	86 - 97	94 - 105	102 - 114	112 - 124
Hips	in.	34" - 38"	37" - 41"	40" - 44"	43" - 47"	46" - 51"	50" - 54"
	cm.	86 - 97	94 - 104	102 - 112	109 - 120	117 - 130	127 - 137
Inseam	in.	26" - 29"	28" - 31"	30" - 33"	31" - 34"	32" - 35"	33" - 36"
	cm.	66 - 74	71 - 79	76 - 84	79 - 86	81 - 89	84 - 92

WETSUIT SIZING CHART

Sizes	UOM	X-Small	Small	Medium	Large Regular	X-Large Regular	2X-Large Regular
Height	ft./in.	5'0" - 5'4"	5'3" - 5'7"	5'6" - 5'10"	5'9" - 6'2"	5'10" - 6'3"	5'11" - 6'4"
	cm.	152 - 162	160 - 170	168 - 178	174 - 188	178 - 190	180 - 193
Weight	lbs.	120 - 140	135 - 156	150 - 175	180 - 205	200 - 230	220 - 255
	kg.	54 - 64	61 - 71	68 - 79	82 - 93	91 - 104	100 - 116
Chest	in.	31" - 35"	34" - 38"	37" - 41"	40" - 44"	43" - 46"	46" - 50"
	cm.	79 - 89	86 - 97	94 - 104	102 - 112	109 - 117	117 - 127
Waist	in.	25" - 29"	28" - 32"	31" - 35"	34" - 38"	37" - 41"	40" - 45"
	cm.	64 - 74	71 - 81	79 - 89	86 - 97	94 - 105	102 - 114
Hips	in.	31" - 35"	34" - 38"	37" - 41"	40" - 44"	43" - 47"	46" - 51"
	cm.	79 - 89	86 - 97	94 - 104	102 - 112	109 - 120	117 - 130
Inseam	in.	24" - 27"	26" - 29"	28" - 31"	30" - 33"	31" - 34"	32" - 35"
	cm.	61 - 69	66 - 74	71 - 79	76 - 84	79 - 86	81 - 89

THERMACORE / THERMAFLEECE CHART

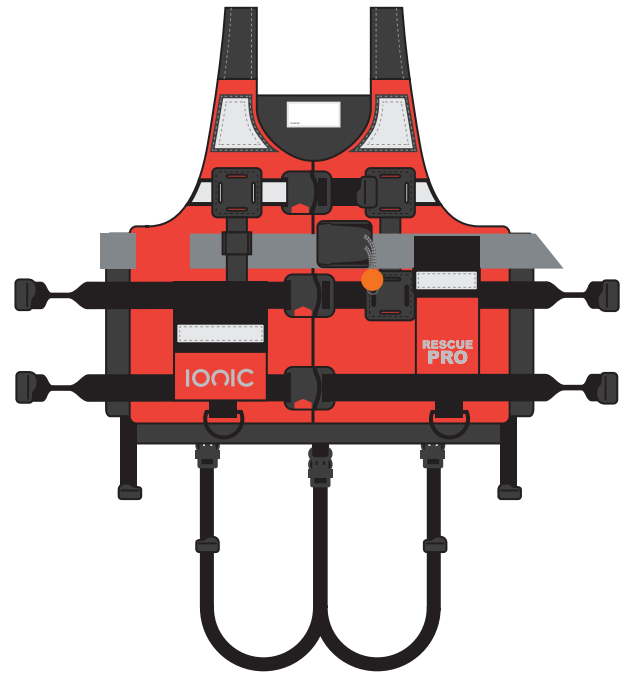
Sizes	UOM	Small	Medium	Medium Large	Large	X-Large	2X-Large	3X-Large
Height	ft./in.	5'5" - 5'8"	5'7" - 5'10"	5'10" - 6'1"	5'11" - 6'2"	6' - 6'3"	6'1" - 6'4"	6'3" - 6'6"
	cm.	162 - 170	168 - 175	175 - 182	178 - 185	180 - 187	182 - 190	188 - 195
Weight	lbs.	135 - 155	150 - 175	170 - 195	180 - 205	200 - 230	220 - 250	245 - 275
	kg.	61 - 70	68 - 80	77 - 89	82 - 93	91 - 105	100 - 114	111 - 126
Chest	in.	34 - 37	37 - 39	38 - 42	40 - 44	42 - 46	44 - 48	46 - 50
	cm.	85 - 93	96 - 98	95 - 105	100 - 110	105 - 115	110 - 120	115 - 125
Waist	in.	28 - 31	29 - 33	32 - 36	34 - 37	37 - 40	39 - 43	42 - 45
	cm.	70 - 78	73 - 83	80 - 90	85 - 93	93 - 100	98 - 108	105 - 113
Hips	in.	34 - 37	37 - 39	38 - 42	40 - 44	43 - 47	45 - 49	47 - 51
	cm.	85 - 93	93 - 98	95 - 105	100 - 110	108 - 118	113 - 123	118 - 128
Inseam	in.	26 - 28	28 - 30	29 - 31	30 - 32	31 - 33	32 - 34	33 - 36
	cm.	65 - 70	70 - 75	73 - 78	75 - 80	78 - 83	80 - 85	83 - 90

THERMACORE QUAD SIZING CHART

Sizes	UOM	XS/S	M/ML	L/XL	XXL/XXXL	4XL/5XL
Height	ft./in.	5'2" - 5'7"	5'6" - 5'10"	5'9" - 6'1"	5'11 - 6'3"	6'0" - 6'5"
	cm.	157 - 170	168 - 178	175 - 185	180 - 191	183 - 196
Chest	in.	33 - 38	36 - 42	40 - 46	44 - 50	48 - 55
	cm.	84 - 97	91 - 107	102 - 117	112 - 117	122 - 140
Waist	in.	27 - 32	30 - 35	33 - 39	37 - 44	42 - 49
	cm.	69 - 81	76 - 89	84 - 99	94 - 112	107 - 124

RESCUE PRO SIZING CHART

Sizes	UOM	S/M	L/XL	2XL/3XL
Chest	in.	32 - 40	40 - 43	43 - 50
	cm.	80 - 100	100 - 110	110 - 130
Weight	kg	50+	70+	70+
	lbs.	110+	155+	155+
Buoyancy	newtons	90N	120N	140N

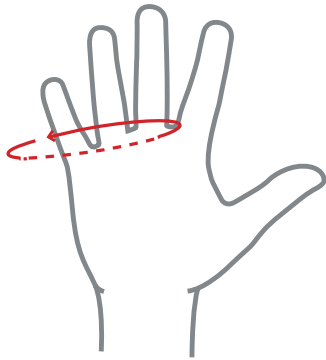


PRO MARIX SIZING CHART



Sizes	UOM	XS/S	M/L	XL/XXL	3XL/4XL
Chest	in.	30 - 38	36 - 44	42 - 50	48 - 58
	cm.	75 - 96	91 - 112	107 - 127	122 - 147
Weight	kg	50+	70+	70+	70+
	lbs.	110+	155+	155+	155+
Buoyancy	newtons	88N	118N	140N	158N

GLOVE SIZING CHART



To obtain the correct size for neoprene gloves wrap a tape measure round your hand at your knuckles to obtain the correct sizeE.

	X-Small	Small	Medium	Large	X-Large	XX-Large
inches	6.5 - 7	7.5 - 8	8 - 9	9 - 10	10 - 11	11 - 12
cms	16.5 - 18	18 - 20	20 - 23	23 - 25.5	25.5 - 28	28 - 30

HEADGEAR SIZING CHART

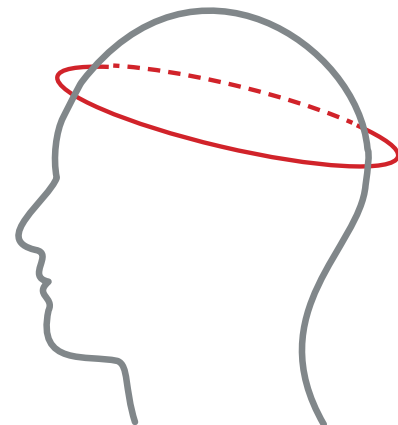
SAF46030- NitroHelmet

	X-Small	Small	Medium	Large	X-Large
inches	20 - 21	21 - 22	23 - 24	24 - 25	25 - 25.5
cms	52 - 54	54 - 56	58 - 60	60 -62	62 - 64

To obtain the correct size for the Nitro Helmet or Skull Caps, wrap a tape measure round your head as per diagram to obtain the correct size.

SAF46001 - Neo Skull Cap

	Small	Medium	Large	X-Large
inches	20 - 22	21 - 22	23 - 24	24 - 25
cms	52 - 54	54 - 56	58 - 61	62 - 64



SAF46026 - Nitrotherm Skull Cap

	S/M	L/XL
inches	20 - 22	23 - 25
cms	52 - 56	58 - 64

ROCKA BOOT SIZING CHART

UK	3	4	5	6	6.5	7	8	9	10	10.5	11	12	13
EURO	36	37	38	39	40	41	42	43	44	45	46	47	48
US	4	5	6	7	7.5	8	9	10	11	11.5	12	13	14
Length (cms)	22.6	23.3	24	24.9	25.6	26.3	26.9	27.5	28.2	29	29.6	30.3	30.7

SAR COVERALL SIZING CHART

Sizes	UOM	X-Small	Small Short	Small Regular	Small Tall	Medium Short	Medium Regular	Medium Tall	Large Short	Large Regular	Large Tall
Height	ft./in.	5'2" - 5'6"	5'2" - 5'6"	5'5" - 5'8"	5'8" - 5'11"	5'5" - 5'8"	5'7" - 5'10"	5'11" - 6'2"	5'7" - 5'11"	5'11" - 6'3"	6'2" - 6'6"
	cm.	158 - 168	158 - 168	165 - 173	173 - 180	165 - 173	170 - 178	180 - 188	170 - 180	180 - 190	188 - 198
Chest	in.	30 - 34	32 - 36	32 - 36	32 - 36	34 - 38	34 - 38	34 - 38	40 - 44	40 - 44	40 - 44
	cm.	76 - 89	81 - 92	81 - 92	81 - 92	86 - 96	86 - 96	86 - 96	102 - 112	102 - 112	102 - 112
Waist	in.	26 - 30	28 - 32	28 - 32	28 - 32	30 - 34	30 - 34	30 - 34	34 - 38	34 - 38	34 - 38
	cm.	66 - 76	72 - 81	72 - 81	72 - 81	76 - 89	76 - 89	76 - 89	89 - 96	89 - 96	89 - 96

Sizes	UOM	X-Large Short	X-Large Regular	X-Large Tall	2X-Large Short	2X-Large Regular	2X-Large Tall	3X-Large Short	3X-Large Regular	3X-Large Tall
Height	ft./in.	5'7" - 5'11"	5'11" - 6'3"	6'2" - 6'6"	5'7" - 5'11"	5'11" - 6'3"	6'2" - 6'6"	5'7" - 5'11"	5'11" - 6'3"	6'2" - 6'6"
	cm.	170 - 180	180 - 190	188 - 198	170 - 180	180 - 190	188 - 198	170 - 180	180 - 190	188 - 198
Chest	in.	44" - 48"	44" - 48"	44" - 48"	48 - 52	48 - 52	48 - 52	52 - 56	52 - 56	52 - 56
	cm.	112 - 122	112 - 122	112 - 122	122 - 132	122 - 132	122 - 132	132 - 142	132 - 142	132 - 142
Waist	in.	38 - 42	38 - 42	38 - 42	42 - 46	42 - 46	42 - 46	46 - 50	46 - 50	46 - 50
	cm.	96 - 106	96 - 106	96 - 106	106 - 116	106 - 116	106 - 116	116 - 127	116 - 127	116 - 127





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