HealthSmart

Infrared SaunaUser Manual









Questions? Comments?

Table of Contents

Safety Information	02
Product Installation - General	03-05
Product Installation - Corner Models	05-07
Accessory Installation & Use	08
Control Panel Operation	09
Operating Instructions	10
Cleaning & Maintenance	10
Troubleshooting	10-11
Warranty Information	11-12

Safety Information

READ AND FOLLOW ALL INSTRUCTIONS PERTAINING TO RISK OF FIRE, ELECTRIC SHOCK, OR INJURY TO PERSONS

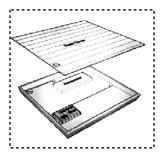
Each sauna will require a dedicated circuit when plugged into an outlet. A "dedicated circuit" means that no other appliance should share the outlet with the sauna. Failure to comply with this requirement may cause electrical interruption and/or diminished performance.

It is recommended that a qualified electrician installs the dedicated electrical wiring for proper sauna functionality and to avoid any potential electrical hazards. **Please make sure the sauna is properly grounded.** Serious injury may occur if proper electrical requirements are not met.

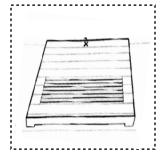
THIS SAUNA IS FOR INDOOR USE ONLY, TO BE USED ONLY FOR ITS INTENDED PURPOSE AS DESCRIBED IN THIS MANUAL

- INSTALL IN ACCORDANCE WITH THE MANUFACTURER'S INSTALLATION INSTRUCTIONS
- CONNECT ONLY TO A DEDICATED CIRCUIT
- KEEP AWAY FROM WATER SOURCES, PLUMBING, AND PLUMBING FIXTURES
- INSTALL ON A COMPLETELY LEVEL SURFACE
- DO NOT EXPOSE THE HEATER ELEMENTS TO ANY WATER SOURCE
- KEEP AWAY FROM FLAMMABLE OBJECTS AND CORROSIVE CHEMICAL SUBSTANCES
- DO NOT USE IF PREGNANT, HAVE SERIOUS INFLAMMATION, FEVER, COMMUNICABLE DISEASE(S), ACUTE BLEEDING, OR ARE INTOXICATED
- DO NOT CONSUME DRUGS OR ALCOHOL WHEN USING THE SAUNA
- DO NOT INSTALL A LOCK ON THE SAUNA
- DO NOT BRING WET TOWELS INTO THE SAUNA
- ALL REPAIRS NEED TO BE AUTHORIZED BY THE SUPPLIER'S REPRESENTATIVE; OTHERWISE PRODUCT WARRANTY MAY BE VOIDED
- IF THE TEMPERATURE BECOMES UNBEARABLE, LOWER THE TEMPERATURE OR STOP USING THE SAUNA IMMEDIATELY

Product Installation - General



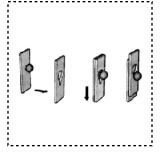
The sauna comes in three (3) boxes. Lay each box on the ground, making sure they will be opened face-up, & open them carefully. The accessories, user manual, & smaller parts are located under the dust cover inside the box with the top & bottom panels.



Place the floor panel flat in the desired location. Make sure to leave a space around the outer edge, so at least one (1) person can install the side panels. After the sauna has been assembled, it can be slid next to a wall.



Place the back panel on the back end of the floor panel. At this point, someone should hold the back panel in place until at least one (1) side panel is connected.



The sauna uses an inner locking system to connect the panels. Simply align the panels & lift the panel with the male locks a few inches. Push the lifted panel against the opposite panel, making sure to apply pressure around the bottom & top corners. Then slide the lifted panel down to lock in place, making sure all locks are connected. Make sure to inspect the top of the panels to ensure they are flat & leveled.



Install the left panel first. Install as per the image. Refer to the previous step on how to lock the panels together. Make sure the top of both panels are flat & leveled.

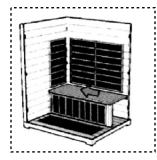
TIP: The left panel has 2-4 sockets on the lower end.



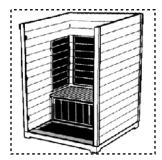
Before installing the right panel, you need to install the bench. Slide the bench stand panel between the two (2) vertical guides on the side panel.



Connect the heater plugs under the bench to the appropriate sockets.

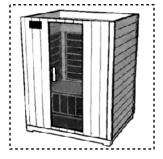


Install the bench top by placing it on top of the bench stand and the horizontal guide on the back panel. Make sure the smooth, finished side is facing up and forward.



Install the right panel panel. Make sure the top of all panels are flat & leveled.

TIP: Have somebody stand inside the sauna to match the bench stand with the vertical guide on the right panel and level the corners for easier installation. If the lower lock is not connecting, make sure the bench stand is not blocking the panel by aligning it with the vertical guide.

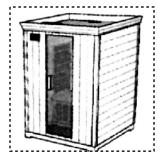


Install the door handle before installing the front panel.

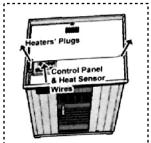


Connect the front panel to both side panels as per the image. Make sure to align the corners of the two (2) side panels and the edges of the front panel.

TIP: The front panel is heavy due to the glass door. At least two (2) people are needed to lift it. For the inner locking system, have somebody stand inside the sauna to align the edges and corners of the panels. Make sure to put pressure on the top and bottom corners of each side to ensure the locks are connecting.



To install the top panel, raise it over the body of the sauna. Insert the wires for the control panel, temperature sensor, and heaters through the openings in the ceiling.



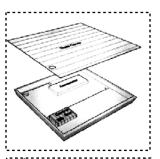
Connect the control panel wire (white) and the heat sensor (2-pin wire) on top of the sauna. Then, connect the heater plugs into the control box.

TIP: The heater plugs may be labeled, but they can connect into any socket on the control box

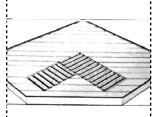


Slide the dust cover over the top panel and pass the main power plug through the opening. Make sure to match the holes for the vent on the dust cover with the sauna's vent holes.

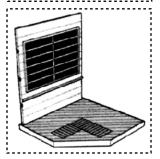
Product Installation - Corner Models



The sauna comes in three (3) boxes. Lay each box on the ground, making sure they will be opened face-up, & open them carefully. The accessories, user manual, & smaller parts are located under the dust cover inside the box with the top & bottom panels.



Place the floor panel flat in the desired location. Make sure to leave a space around the outer edge, so at least one (1) person can install the side panels. After the sauna has been assembled, it can be slid next to a wall.

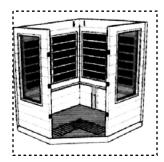


Place the first back panel on the back end of the floor panel. At this point, someone should hold the back panel in place until the next step is completed.

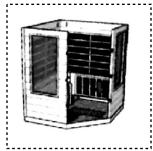
TIP: The first back panel has female locks on both sides.



Connect the second back panel to the first panel as per the image.



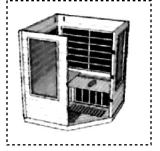
Install the front panels to the back panels as per the image.



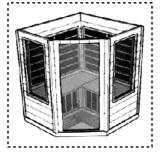
Before installing the front panel, you need to install the bench. Slide the bench stand panels between the two (2) vertical guides on the side panels.



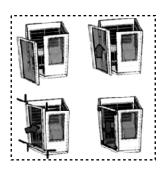
Connect the heater plugs under the bench to the appropriate sockets.



Install the bench tops by placing them on top of the bench stand and the horizontal guide on the back panels. Make sure the smooth, finished sides are facing up and forward.

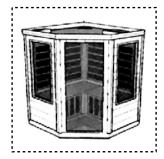


Install the door handle before installing the front panel.

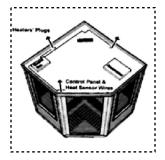


Connect the front panel to both side panels as per the image. Make sure to align the corners of the two (2) side panels and the edges of the front panel.

TIP: The front panel is heavy due to the glass door. At least two (2) people are needed to lift it. For the inner locking system, have somebody stand inside the sauna to align the edges and corners of the panels. Make sure to put pressure on the top and bottom corners of each side to ensure the locks are connecting.

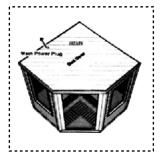


To install the top panel, raise it over the body of the sauna. Insert the wires for the control panel, temperature sensor, and heaters through the openings in the ceiling.



Connect the control panel wire (white) and the heat sensor (2-pin wire) on top of the sauna. Then, connect the heater plugs into the control box.

TIP: The heater plugs may be labeled, but they can connect into any socket on the control box.



Slide the dust cover over the top panel and pass the main power plug through the opening. Make sure to match the holes for the vent on the dust cover with the sauna's vent holes.

Accessory Installation & Use



To install the oxygen ionizer, locate the ionizer plug (1-pin plug) that is extended out of the sauna ceiling. Connect the oxygen ionizer to the plug and screw it onto the back panel. The oxygen ionizer is used to refresh the air inside the sauna by killing odor-causing bacteria and removing airborne particles.

To Use: Before and while using the sauna, select the 'Ion' option to remove airborne particles. After using the sauna, select the 'O3' option to kill odor-causing bacteria.



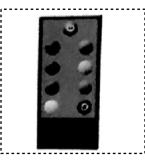
To install the cup holder (optional), screw it into either the right or left front corner. The placement of the cup holder is optional, based on personal preference. Do not install the cup holders on or in front of the heaters. Some models with glass fronts or corner saunas will not include the cup holder.



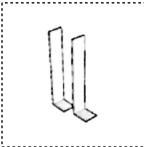
The magazine holder (optional) can be installed on either the front wall (in front of the window) or on the side wall (next to the legs). The placement of the magazine holder is optional, based on personal preference. Do not install the magazine holder on or in front of the heaters. The size of the magazine holder may vary based on the model.



For models with full glass doors, the towel rack (optional) can be installed either on the front wall or on the side wall. The placement of the towel rack is optional, based on personal preference. For models with glass and wooden frame doors or wooden doors, install the towel rack on the middle of the door frame and use it as a door handle. Do not install the towel rack on or in front of the heaters.

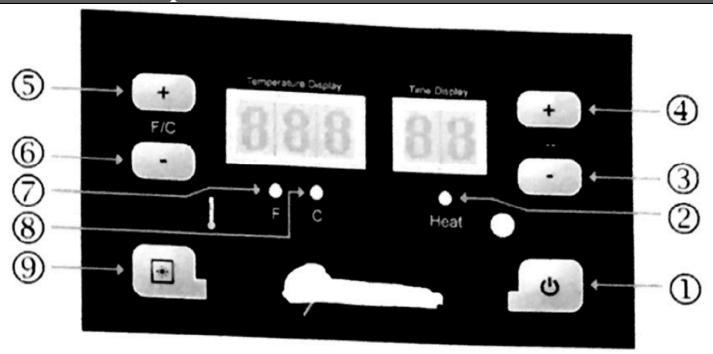


Some models will include color therapy (chromo) lights. The chromo lights are operated by remote control only. Press any color on the remote control to turn the lights on, then select a color. Press the 'cycle' button on the lower right to cycle through the colors randomly. Press the 'power' button to turn the lights off.



The AM/FM CD player will be pre-installed on the sauna. There are two (2) parts to help remove the CD player if needed, which are the two (2) L-shaped metallic pieces pictured.

Control Panel Operation



No.	Control	Function
1	Power Button	Turns the sauna on or off
2	Heat Light	Light will be on when heaters are working & will turn off when the sauna reaches the desired temperature
3	Timer Control (-)	Decrease the sauna timer
4	Timer Control (+)	Increase the sauna timer
3 & 4	Press at the same time for no timer	No timer; the sauna will work continuously until manually shut off
5	Temperature Control (+)	Raise the temperature inside the sauna
6	Temperature Control (-)	Lower the temperature inside the sauna
5 & 6	Press at the same time to switch between °F and °C	
7	°F Light	Turns the °F light on or off
8	°C Light	Turns the °C light on or off
9	Interior Lights	Turns the interior lights on or off

Operating Instructions

Allow the sauna to warm up for 15-20 minutes, or until it reaches 110°F (43°C) prior to use. You may close the ceiling vent to speed up the preheating process. Drink plenty of water to avoid dehydration before and after the sauna session. It is not recommended to exceed 40 minutes per session. If the sauna becomes stuffy, open the vent on the ceiling to allow fresh air into the sauna.

Tips

- Start using the sauna within 10° before it reaches the set temperature to receive the most benefits out of the infrared heaters. For example, if you set the sauna to 125°F (52°C), you can start using the sauna when it reaches 115°F (46°C)
- Customers report an average use of 125°F (52°C)

Care & Maintenance

- Use a clean, damp towel to wipe off the bench, floor, & around the back panel
- Do not use a towel that is soaking wet, as it can drip water inside the sauna & damage the electrical parts
- Do not use cleaning agents inside the sauna
- Make sure to keep the sauna dry & clean
- Do not leave towels, water glasses, or bottles inside the sauna after use
- Wipe the exterior of the sauna with a towel & clean the glass at least once a month

If the sauna exterior has been scratched or scuffed, it can be concealed by using a small amount of furniture polish, oil, or other furniture treatment. Make sure to test on an inconspicuous area first. Any interior blemishes, scratches, or scuffs can be either left alone, sanded, or a combination of gluing + sanding. Avoid any treatment containing benzene or a high concentration of alcohol.

Troubleshooting

The sauna doesn't power on

- Make sure the power cord is securely connected to the power socket and control box on top of the sauna
- Make sure the breaker is on and operational
- Make sure the control panel wire (white) is securely connected
- Make sure the power socket is operational

The light is not working

• Replace the light bulb

The chromo lights are not working

- Make sure the battery is inserted correctly
- Make sure to point the remote directly at the receiver (small, rounded tip next to the colored lights)
- Try a new battery

All heaters are not working

- Make sure the heater plugs are securely connected to the control box on top of the sauna
- Make sure the sauna is connected to the recommended power supply
- Make sure the heat sensor is operational

One or more heaters are not working

- Make sure the heater plugs are securely connected to the control box on top of the sauna
- Make sure the heater plugs under the bench are securely connected
- Make sure the plug behind the heater is securely connected you will have to unscrew the heater to check
- The floor heater & under-bench heater are not as hot as the other heaters, by design this is not a fault

Control panel display is unusual

- If the control panel displays a temperature of over 230°F (150°C), make sure the heat sensor is connected securely
- If the control panel displays time as two dashes (-), the sauna is on "continues working" mode; simply press the timer button to return to timer control mode

CD player not working

- If the CD refuses to play, try a different CD
- If the radio has bad reception, extend the antenna outside the sauna roof
- If the USB cannot read an MP3 player, try using an aux plug & play the music from the MP3 player

Warranty Information

The Sauna warrants its products to be free of defects in material and workmanship. This warranty extends only to a retail purchaser of a sauna or parts directly from the supplier; the authorized wholesale purchaser of a sauna or parts directly from the supplier; or a retail purchaser of a sauna or parts from the supplier authorized wholesaler. However, in the event of a sale, transfer or conveyance of a sauna or parts from any of the three (3) proceeding persons or entities, any rights, duties and obligations associated with this warranty shall be null and void and of no further force and effect. The sauna or parts must be purchased and used within one year of the manufactured date. The sauna or parts must be placed in an indoor environment unless the sauna or parts are specifically designed for outdoor use. If an indoor sauna or parts are placed in an outdoor environment, warranty shall be null and void and of no further force and effect. The controls, heaters, electrical parts and wiring must be kept dry at all times and not exposed to any water or liquids.

Residential Use:

Indoor Models Parts: Lifetime warranty on power supply, circuit boards, control panels and heaters. One (1) year limited warranty on CD player, oxygen ionizer, and chromotherapy lights.

This warranty is for replacement parts only and does not include labor or shipping/freight costs.

Commercial Use:

Indoor Models Parts: Five (5) years warranty on wood, controls and heaters. CD player warranty is limited to six (6) months.

Labor: Six (6) months labor.

Freight & Shipping: Six (6) months on replacement part only.

The warranty begins on the original date of purchase, and is valid only on products purchased and used in the pointed market to receive determination and service procedures. Warranty service can only be performed by the supplier authorized service center. The original dated bill of sale must be presented upon request as proof of purchase to the supplier or the supplier authorized service center. In-home service will be provided during the warranty labor period subject to availability within the contiguous United States or Canada.

This warranty covers manufacturing defects in materials and workmanship encountered in normal use of this product, and shall not apply to the following, including, but not limited to: damage which occurs in shipment; delivery and installation; applications and uses for which this product was not intended; altered product or serial numbers; cosmetic damage or exterior finish; accidents, abuse, neglect, fire, water, lightning or other acts of nature; use of products, equipment, systems, utilities, services, parts, supplies, accessories, applications, installations, repairs, external plumbing and leaks, external wiring, circuit breakers, fuses or connectors not supplied and authorized by the supplier, or which damage this product or result in service problems; incorrect electrical line voltage, fluctuations, and surges; customer adjustments and failure to follow operating instructions, cleaning, maintenance and environmental instructions that are covered and prescribed in the instruction book; consumable items including light bulbs. The supplier shall not be liable for the loss of use of the sauna or other incidental or consequential damages. Under no circumstances shall the supplier or any of its representatives be held liable for injury to any persons or damages to any properties. Specifications are subject to change without notice.

The sauna uses the highest quality wood in our product lines. All structures using wood are susceptible to minor dents, scratches and scuffing. This is normal and will not affect the integrity or operation of your sauna. Wood is a living material that continues to respond to climate conditions, even after being manufactured into a sauna. Variations in the color or grain, and irregularities such fine cracks are part of the natural beauty of the wood and in no way should be considered defects. During normal operation, wood may crack slightly due to the changes in moisture level. This will not affect the structural integrity of the sauna.

Prior to shipping, the wood is inspected for consistency, color and quality. Our saunas are shipped around the globe, and can experience slight blemishes, scratches or scuffs in transit. In most cases, these blemishes on the exterior of the sauna can be concealed by using a small amount of furniture polish, oil or other furniture treatment. The interior blemishes, scratches, or scuffs can be either left alone, sanded or combination of gluing plus sanding. Please avoid any treatment containing benzene or a high concentration of alcohol.

ATTENTION: Shipping damage must be notated on the Bill of Lading (BOL). The Supplier must be notified of any damage to your sauna within three (3) business days of signing the BOL. Failure to notify the supplier within the established time frame will result in the owner taking full responsibility for cost of ALL REPLACEMENT PARTS including shipping and handling fees.



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