



# ForeGals Golf Corporate Enrichment Women's Golf Clinic

A women's golf clinic offers several professional benefits, including:

- 1. Skill Development:** Women can improve their golfing skills through personalized coaching and training sessions at the clinic. This can help them enhance their performance on the golf course and compete at a higher level.
- 2. Networking Opportunities:** Women's golf clinics provide a platform for networking with other female golfers, instructors, and industry professionals. Building relationships and connections in the golfing community can open up new career opportunities and partnerships.
- 3. Confidence Building:** Participating in a women's golf clinic can boost confidence on the golf course and in professional settings. As women develop their skills and gain more experience, they become more self-assured and assertive in their interactions with colleagues and clients.
- 4. Career Advancement:** Golf is a popular sport for business networking and entertainment. By participating in a women's golf clinic, women can enhance their golfing abilities and leverage this skill for career advancement opportunities. Golfing with clients or colleagues can strengthen professional relationships and create new business opportunities.
- 5. Health and Wellness:** Golf is a great way to stay active and maintain a healthy lifestyle. Women who participate in golf clinics can improve their physical fitness, reduce stress, and enhance their overall well-being, which can positively impact their professional performance and success.

Overall, a women's golf clinic provides a unique opportunity for professional development, networking, confidence building, career advancement, and health and wellness benefits.

## Benefit Highlight

Skill Development

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Networking Opportunities

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Confidence Building

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Career Advancement

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Health and Wellness

**FOREGALS**  
GOLF

# Clinic Schedule

1

## Perfecting Grip and Stance

Learn the precise grip and stance techniques to optimize your swing and enhance accuracy.

2

## Mastering Swing Mechanics

Delve into the fundamental principles of a proper golf swing, encompassing the backswing, downswing, and follow-through.

3

## Elevating Short Game Techniques:

Refine your chipping, pitching, and putting skills to elevate your scoring proficiency.

4

## Strategic Course Management

Acquire valuable insights on strategic planning and decision-making on the golf course.

5

## Precision Putting Green Practice

Refine your putting skills under the expert guidance of our instructor, focusing on setup, alignment, and reading the greens.

6

## Embracing Golf Etiquette

Cultivate a deep understanding of golf etiquette to enhance your personal experience and demonstrate respect for the game's traditions.

7

## Driving Range Practice

Practicing on the driving range with a PGA coach offers a structured and supportive environment for honing your skills, refining your technique, and ultimately elevating your performance on the golf course.



# What's Included:

**On the day of the women's golf event clinic hosted by ForeGals Golf, participants can expect a professionally organized and engaging experience. Here is a detailed outline of what is included on the day of the event:**

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## ForeGals Golf Welcome Table Setup:

- Upon arrival, participants will be greeted with welcoming tables set up by ForeGals Golf, creating a warm and inviting atmosphere for all attendees.

## Crafted two-hour coaching session for 20 women led by our PGA-certified coach:

- The coaching session will be tailored to meet the specific needs and skill levels of the women, ensuring a comprehensive and enriching learning experience.

## Drinks:

- Refreshments will be provided, including a selection of hard seltzers and water bottles to keep participants hydrated and energized throughout the event.

## Beginners Golf Swag Bag:

- Each participant will receive a personalized beginners golf swag bag, which includes essential items to kickstart their golfing journey.

## Custom Golf Cookies:

- To add a fun and personalized touch to the event, custom golf-themed cookies will be available for participants to enjoy. These delicious treats will complement the overall experience and delight participants with their creative design.

**\$2000**

**Empowering women to excel on and off the golf course, our mission is to inspire, connect, and create a more comfortable environment for playing golf. By fostering a supportive and inclusive community, we aim to empower women to reach their full potential both in their game and in their lives.**