

CONCEPT STORE & CAFE  
**COMPTOIR 102**  
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## REAL FOOD FOR EVERYDAY LIFE.

Four time winner of the What's On Award of Best Healthy Restaurant in Dubai, Comptoir 102 has become a favorite for healthy eating.

The philosophy behind the restaurant is to offer a more conscious and healthy lifestyle by bringing more sustainable and nutritious food to its guests, in harmony with our body, our souls and our environment. We source ingredients from local organic farms, which allows us to keep the highest standards of quality. Our sugar-free and dairy-free, with raw, vegan and gluten-free options menu changes daily according to harvest, just like at home! The aim is not only to serve better tasting food but also more nutritious and natural food for the body. Our famous smoothies and juices are all vitamin-packed, using locally sourced fruits and vegetables, organic super foods and homemade nut mylks.



# ALL DAY BREAKFAST

## **BREAD BASKET - 47**

Homemade bread with sunflower seeds, dates bread, homemade almond butter and raspberry jam (no sugar).

## **SUPER CHARGED PROTEIN - 52**

A protein charged bowl of beans, hummus, fresh tomatoes and onions, served with scrambled egg and topped with feta cheese crumbles.

**Vegan Choice: Served with Vegan Cheese - 55**

## **PUMPKIN TOAST - 59**

Toasted homemade bread with dates topped with Comptoir102's cashew sauce, savoury pumpkin, toasted pumpkin seeds, walnuts and sage.

## **HALLOUMI TOAST - 69**

Homemade bread, grilled halloumi, tomato, cucumber, radish, black olives, spring onion, homemade pesto, garnished with almonds, sunflower and pumpkin seeds.

## **VEGAN SCRAMBLED EGGS (chickpeas) - 69**

Made from homemade chickpea mylk, served on a toasted bagel, with our vegan mayo, tomato and sliced avocado, garnished with almonds.

## **VEGAN PANCAKES WITH FRESH BERRIES AND BANANA - 69**

Gluten-free vegan pancakes with homemade almond mylk, orange zest, orange blossom and maple syrup. Served with fresh mixed berries, banana and walnuts.

## **BUCKWHEAT PANCAKES WITH EGGS - 69-**

Gluten-free buckwheat pancakes, 3 organic eggs scrambled with fresh herbs and coconut oil. Homemade guacamole, cucumber and cherry tomato. Served with organic maple Syrup.

## **AVO' CLUB - 69**

Sliced avocado with miso, Comptoir102's cashew sauce, olive oil on homemade bread, topped with 2 poached organic eggs, garnished with walnuts, sesame, sunflower and pumpkin seeds.

## **MUSHROOM TOAST WITH POACHED EGGS - 69**

Sauteed mushrooms on homemade bread, topped with 2 poached organic eggs. Garnished with walnuts, turmeric on the eggs, seeds and a drizzle of truffle oil.

## **SHAKSHUKA OUR STYLE - 69**

3 fried organic eggs on a bed of roquettes with red and green tomatoes, mixed peppers, topped with sliced avocado, peas and feta cheese, served with crackers.

## **2 ORGANIC EGGS ANY STYLE - 48**

Poached, fried, soft boilded or scrambled eggs served with salad and homemade bread with rosemary and olive oil.

## **TURMERIC ORGANIC FRIED EGGS ON MUSHROOMS- 69**

Turmeric organic fried eggs on a mix of mushrooms sauteed in olive oil, topped with crispy sage and smoked paprika. Served with homemade bread.

## **EGGS'N TOMATOES- 69**

Organic scrambled eggs in a flavourful tomato sauce. Served with homemade paratha. Garnished with rockets, thyme, radish and fresh onions and pine nuts.

## **SCRAMBLED ORGANIC TOFU - 59**

Organic tofu in olive oil sauteed tomatoes, onions, capsicum and tomato paste. Garnished with fresh chives and paprika. Served with homemade vegan paratha.

## THE SUPERBOWLS

### **ALMOND BUTTER OATMEAL PORRIDGE - 52**

Gluten-free organic rolled oats cooked in homemade almond mylk, almond butter, maple syrup. Topped with banana, almonds and cinnamon.

### **VEGAN PROTEIN CHOCO PORRIDGE - 55**

Millet, buckwheat, sunflower seeds, pumpkin seeds, cacao powder, Nufyx vegan protein and maple syrup. Cooked in our homemade almond milk. Fresh blueberries and banana to top it up.

### **SUPERBOOST SALAD - 52**

Papaya, pomegranate, mangosteen, avocado and goji berries soaked in freshly squeezed orange juice.

### **CHIA OATS MANGO PUDDING - 52**

A mixture of gluten-free rolled oats and chia seeds soaked in coconut mylk. Topped with a mango puree.

### **ACAI BOWL - 52**

Staight from Amazonia, açai berries blended with coconut water and banana. Topped with fresh berries, banana and chia seeds.

### **COCONOLA - 55**

A colorful pink flamingo granola served with coconut yogurt, fresh banana and berries.

## ADD-ONS

1 EGG - 9

AVOCADO - 15

TUNA - 29

ORGANIC CHICKEN STRIPS - 29

SAUTEED MUSHROOMS - 12

PINK FLAMINGO GRANOLA - 18

FETA CHEESE - 18

GRILLED HALLOUMI - 18

PARMESAN CHEESE - 18

GUACAMOLE - 20

FLAX SEED CRACKERS - 12

SIDE SALAD - 12

HOMEMADE BREAD - 18

HOMEMADE ALMOND BUTTER - 10

HOMEMADE RASPBERRY JAM - 12

ORGANIC HONEY- 12

ORGANIC MAPLE SYRUP - 12

# A LA CARTE

## ALL DAY & SHARING

### 102'S MEZZE PLATTER - 59

3 dips on the platter..., Moutabal, chickpeas hummus, guacamole. Served with our homemade vegan parathas.

### SEAWEED PESTO - 65

Hijiki marinated in sesame oil, cider vinegar and red onions, served with homemade guacamole and vegan gluten-free crackers.

### SPICY SWEET POTATO WITH HUMMUS - 55

Oven baked spicy sweet potato, marinated in coconut oil, paprika, chilli flakes and turmeric powder. Served with our homemade chickpeas hummus garnished with parsley.

### ORGANIC KALE QUESADILLAS - 55

Sauteed kale, grated zucchini, corn kernels and melted vegan mozzarella in our homemade parathas, served with a tahini sauce.

### VEGAN NUTCHEESE PLATE - 69

Vegan truffle and mozzarella cheese. Served with our homemade fig paste, blueberry and organic homemade breads.

### THE GOOD PIZZA - 74

Gluten-free pizza crust topped with homemade tomato sauce, mix of seasonal veggies, vegan mozzarella, gouda and cheddar. Garnished with roquette leaves and a drizzle of truffle oil.

### THE GOOD BURGER - 79

Homemade patty from herbs, garlic, organic chicken breast, served in a gluten-free bun with tomato and lettuce. Served with baked sweet potato and homemade tomato sauce and mayo.

## SALAD BOWLS

### MUSTARD LEAVES SALAD - 63

A bowl full of mustard leaves and flowers, avocado, fennel, walnut, radish and onions. Topped with grilled cherry tomatoes, flax, pumpkin and sunflower seeds. Tossed in a hazelnut, olive oil and apple cider dressing.

### COMPTOIR 102 GREEN SALAD - 63

A bowl full of vitamins: mixed greens, avocado, cucumber, fennel, walnut, parsley, spring onion, sunflower, pumpkin, flax and sesame seeds. Tossed in a lemon and olive oil dressing.

### TUNA GREEN SALAD - 75

Tuna, celery, cucumber, avocado, parsley, spring onions, nori seaweed, sunflower, pumpkin and sesame seeds. Tossed in tamari, umeboshi, cider and olive oil dressing.

### HALLOUMI SALAD - 69

Grilled halloumi on a mix of greens, brussels sprouts, tomatoes, cucumber, radish, fresh olives. Topped with spring onions and pine nuts, with a homemade basil pesto dressing.

### PROTEIN POWER BOWL - 69

Quinoa, fried organic egg with turmeric, homemade pesto, sauted kale, red cabbage, avocado, cucumber, fresh herbs and spring onion.

### THE LENTIL BOWL - 63

Lentils mixed with iceberg lettuce, radish, onion, sundried tomatoes, hazelnuts and feta cheese. Tossed with a honey mustard and olive oil dressing.

### WATERMELON AND FETA SALAD - 59

Fresh mix of watermelon, feta and mint, topped with sunflower and pumpkin seeds and olive oil.

### FRESH COCONUT CEVICHE- 75

Vegan ceviche made from fresh coconut and a salsa mix of mango, pickled cucumber, red onion, tomato, radish and capsicum. Topped with basil avocado pesto.

### THE HEALTHY CAESAR - 79

Mix of kale and greens, dressed with homemade cashew caesar dressing mixed with anchovies. Topped with tender strips of grilled organic chicken breast, radish, chives, parmesan and homemade croutons.

## PITA, WRAPS & CO...

### TUNA PITA - 75

Whole wheat fresh pita bread with tuna, tomato, avocado, cucumber, spring onions, and tahini dressing. Served with a side salad.

### FETA PITA - 59

Whole wheat fresh pita bread with feta, tomato, cucumber, avocado, spring onions and tahini dressing. Served with a side salad.

### SHIMEJI SHAWARMA - 69

Shimeji and oyster mushrooms marinated in garlic, honey, onion, paprika and Tamari. Wrapped in gluten-free Almond Wraps. Stuffed with fresh tomato, lettuce and coriander. Served with a vegan tzatziki

**WALNUT PITA - 55** - Whole wheat fresh pita bread with activated walnuts, tomato, cucumber, avocado, spring onions and tahini dressing. Served with a side salad.

# JUICES & SMOOTHIES

## JUICES

All our juices are freshly made with organic fruits and vegetables. Nothing added!

### SUNSET BLUSH - 39

**Pineapple, mango, lime and ice**  
Immunity boost and aids digestion

### SUNSCREEN - 39

**Carrot, mango, coconut oil**  
Skin regenerator, healthy hair and nails, anti-bacterial.

### HEAVY METAL GREEN - 39

**Kale, cucumber, fennel, celery, spirulina, coriander, lemon juice**  
Digestive support, improve circulation, detoxifier, metal chelator.

### ENERGY KICK - 39

**Pineapple, ginger, guarana**  
Anti-inflammatory, immune support, metabolism booster.

### IMMUNITY JUICE - 37

**Apple, carrot, ginger**  
Anti-inflammatory, immune support, reduces cholesterol.

### IT PEARS SO WELL - 35

**Grapefruit, pear, lime and ice**  
Skin health, iron absorption and wound healing

### SKINNY BOOST - 35

**Pineapple, cucumber, green apple, ginger, basil**  
Digestive aid, reduces fat absorption, anti-bacterial.

### MAKE MY HEART BEET - 35

**Red apple, beetroot, carrot, ginger, cinnamon**  
Anti-inflammatory, immune support, reduces cholesterol and keeps your blood pressure in check.

### SKIN GLOW - 35

**Pomegranate, cucumber, red apple, açai**  
Antioxidant, anti-inflammatory, healthy skin, cell growth.

### SLIM JUICE - 35

**Watermelon, coconut water, rose water, strawberry**  
Mind and body purification, electrolyte rich, refreshing, calming.

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## SMOOTHIES

All our smoothies are made with homemade almond mylk. No added sugar!

### STRAWBERRY - 35

**Strawberry, banana, almond mylk**  
Bone & joint health, boosts memory, lowers cholesterol.

### MIXED BERRIES - 35

**Blueberry, cherry, raspberry, strawberry, banana, açai, almond mylk**  
Energy booster, enhances skin complexion, antioxidant.

### MANGO - 35

**Mango, vanilla, banana, almond mylk**  
Healthy skin, electrolytes balance, healthy glow.

### COFFEE SHAKE - 35

**Coffee shot, almond butter, dates, maca, cardamon, almond mylk**  
Energy boost, antioxidant, enhances brain function.

### HEAVEN ON EARTH - 35

**Dates, banana, raw cacao, almonds, cinnamon, almond mylk**  
Hair & skin health, energy release, enhances brain function.

### ESSENTIAL GREEN - 35

**Kale, banana, spirulina, maca, vanilla, dates, almond mylk**  
Hair & skin health, energy booster, antioxidant.

### AÇAÍ - 35

**Açai, banana, coconut water, almond mylk**  
Antioxidant, anti-inflammatory, skin health, anti-aging effects, detoxifier, digestive aid, alkalizing, hangover helper.

### PROTEIN SHAKE (VEGAN PROTEIN) - 39

**Vegan protein, orange blossom, chia seeds, almond butter, banana, almond mylk**  
Build muscle, lowers cholesterol, energy release.

### GREEN PROTEIN SHAKE (VEGAN PROTEIN) - 43

**Banana, mango, fresh mint, spirulina, homemade almond mylk and vegan vanilla protein.**  
Improves digestion, enhances muscles recovery, lowers cholesterol

### COLLAGEN SMOOTHIE - 43

**Blueberry, banana, celery, walnuts, flaxseeds, Agent Nateur Collagen Powder "Holi-Mane", almond mylk.**  
Hair, skin & nails health, anti aging effect.

# HEALTHY SWEETS

## STRAWBERRY "NO" CHEESE CAKE - 32

Cashews, strawberries, maple and coconut oil with an almonds hazelnut and dates base. topped with homemade strawberry vanilla maple compote.

## BLUEBERRY "NO" CHEESE CAKE - 32

Almond nuts, dates, grated coconut meat, cashew nuts, lemon, honey, vanilla topped with homemade fresh blueberry sauce made with blueberry, vanilla and maple syrup.

## BANANA SPRING ROLLS - 37

Banana and apple slices wrapped in spring roll paper, coated with coconut sugar and cinnamon. Pan fried in coconut oil. Served hot with a scoop of homemade vegan vanilla ice cream.

## TIRAMISU - 32

A blend of cashews, coconut mylk, cacao, pinenuts, maple and a coffee shot. Served with a scoop of ice cream.

## CHOCO PETIT POT - 32

Vegan homemade chocolate ganache made with cashew, dates, raw cacao and maple syrup. Topped with roasted hazelnuts.

## HOMEMADE VEGAN ICE CREAM - 32

Choice of 3 scoops of our homemade vegan smooth rich and delightful ice cream. (no sugar)

## ASK US FOR THE AVAILABLE FLAVORS

Turmeric

Açai/Blueberry

Açai/Strawberry

Citrus

Black Sésame

Coconut

Vanilla

Thyme

Chocolate

Mint

Matcha/Avocado

Coffee

Sweet Potato

Mocha

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# REFRESHERS & SHOTS

## Black Lemonade - 29

Filtered water, Activated charcoal, lemon juice, maple syrup

Detoxifier, digestive cleanser, flat tummy.

## Lime and Mint Mojito - 32

Sparkling water, green apple, lime, mint, maple syrup

Improves digestion, treats bad breath.

## Bam Shot - 18

Ginger, lemon, turmeric and black pepper.

## Kombucha Ginger - 29

Organic raw sparkling fermented black tea, purified water,

cinnamon, cardamom, fermented cane sugar, ginger.

## Kombucha Original - 29

Organic raw sparkling fermented black tea, purified water,

cinnamon, cardamom, fermented cane sugar.

# COFFEE, TEA & OTHERS

## COFFEE

All our coffees can be served hot, iced or frappe.  
Choice of : homemade Almond Mylk or Oat Mylk

Single Espresso - 11  
Double Espresso - 22  
American Coffee - 22  
Café Latte - 29  
Cappuccino - 27  
Latte Macchiato - 29  
Single Macchiato - 22

Double Macchiato - 25  
Flat White - 27  
Cortado - 27  
Piccolo - 25  
Affogato - 29  
Espresso with 2 scoops of homemade vanilla ice cream.  
Shredded with vegan homemade chocolate or roasted hazelnut.

## LATTE

All our Latte can be served hot, iced or frappe.  
Choice of : Homemade Almond Mylk or Oat Mylk.

**Matcha Latte - 39**  
Homemade almond mylk, matcha tea and maple syrup.

**Golden Latte - 39**  
Homemade almond mylk, tumeric, honey, pepper and cinnamon.

**Chai Latte - 39**  
Homemade almond mylk, masala spices, maple syrup and cinnamon.

**Blue Latte - 39**  
Oat Mylk, spirulina, cardamom and maple syrup.

**Rose Latte - 39**  
Homemade almond mylk and coconut mylk, beetroot juice maple syrup and rose water.

**Hot Chocolate - 35**  
Homemade almond mylk with cocoa powder and organic maple syrup.

## ORGANIC TEA

**Peach & Pear - 29**  
Smooth and velvety organic white tea mixed with dried peach and pear pieces.

**Japanese Sencha - 29**  
Organic green tea with vegetal flavors.

**Moroccan Mint - 29**  
Traditional blend of green gunpowder and Moroccan Nana mint leaves.

**Masala Spice Chai - 29**  
Delicious hand blended Indian black teas with oriental masala spices.

**Fresh Ginger Tea - 35**  
Fresh ginger, lemon, hot water, honey.

**Magic Portion - 35**  
Fresh ginger, turmeric, lemon, hot water, honey.

**Majestic Earl Grey - 29**  
A classic tea made with the essence of Bergamot orange and finest organic black tea.

**English Breakfast - 29**  
Full bodies and malty Assam, blended with fruity ceylon and earthy Yunnan tea.

**Ginger Breeze - 29**  
A refreshing herbal, ginger flavored mix.

**Jasmine Mao Jian - 29**  
Finest organic green tea gently scented with Jasmine flowers.

**Rose White - 29**  
Elegant combination of finest organic white tea and fragrant rose.

# SUPERFOODS

## **Açaí - 10**

Powerful antioxidant, skin health, improves digestion, anti-inflammatory, anti-aging, fights cancer.

## **Cacao Powder - 9**

Antidepressant, powerful antioxidant, lowers cholesterol, boosts cognitive performance.

## **Coconut Oil - 9**

Skin health, digestion, immunity, weight loss, anti-bacterial, anti-fungal.

## **Chia Seeds - 9**

Improves digestion, brain booster, skin and hair beauty, source of omega 3, intestinal strength, intestinal flora.

## **Flax Seeds - 9**

Improves digestion, brain booster, skin and hair beauty, source of omega 3.

## **Fresh Ginger - 5**

Strengthens digestion, anti-viral, boosts immune system, relieves muscle and joint pain, aphrodisiac.

## **Guarana - 9**

Powerful physical and intellectual stimulant. It increases vigilance, lifts spirits and boosts dynamism. Good for busy days, exams, jetlag, special performances.

## **Spirulina - 9**

Highly nutritional food, source of protein, strength, recovery, increases balance and vitality, good for growth. It is used to fight malnutrition.

## **Turmeric - 5**

Powerful anti-inflammatory, improves digestion, depurative.

## **Vanilla Powder - 9**

Strengthens nervous system, aphrodisiac, enhances memory.

## **Maca - 9**

Promotes healthy sexual functions, balances mood, hormonal regulation, mental and physical vitality. Improves memory and sleep quality.

## **Nufyx Vegan Protein- 12**

Builds muscle, lowers cholesterol, energy release.

## **Agent Nateur Collagen Powder "Holi-Mane" - 12**

Hair, skin and nails health, anti-aging effect.