



P23 HEALTH

Patient Instructions for Urine Collection and Handling

The following instructions are intended to help you collect the correct specimen for the test. Read all the instructions carefully, make sure you are prepared, and follow each step described below to ensure proper collection.

WASH YOUR HANDS PRIOR TO SPECIMEN COLLECTION

1. Remove sterile container from packaging and write your name on the label, if provided.
2. Females should then spread their labia with one hand and start urinating into the toilet. With the other hand, they should put the urine container under the genital area to catch the stream of urine without touching any skin.
3. Males should retract the foreskin if necessary with one hand and start urinating into the toilet. Then, position the urine container with the other hand to catch the stream without touching any skin.
4. Don't fill urine to the top of the sterile container. No more than half a container is necessary.
5. Place the lid on the container and set it on the sink or someplace stable while you finish urinating into the toilet.
6. Screw the lid securely on the container and wipe it off. Wash your hands and drop off the container to the lab as instructed.
7. It will take 24 to 48 hours for the lab to culture the sample.

NOTE: It will take 24 to 48 hours for the lab to release your results.