

Patient Instructions for Saliva Collection and Handling

The following instructions are intended to help you collect the correct specimen for the test. Read all the instructions carefully, make sure you are prepared, and follow each step described below to ensure proper collection.

WASH YOUR HANDS PRIOR TO SPECIMEN COLLECTION

- 1. Remove sterile container from packaging and write your name on the label, if provided.
- 2. Spit into the tube until the amount of saliva reaches the fill line. It's ok if there are bubbles ABOVE the line.
- 3. Close the lid tightly by pushing down hard on the funnel lid until you hear a loud click.
- 4. Unscrew the funnel from the tube.
- 5. Use the small cap to close the tube tightly and shake the capped tube for 5 seconds.
- 6. Ensure the specimen is placed into the biohazard bag and securely seal it.
- 7. Return your test to the lab in the return shipping packet provided. It will take 24 to 48 hours for the lab to culture the sample.

NOTE: It will take 24 to 48 hours for the lab to release your results.