



P23 HEALTH

Patient Instructions for Fecal Swab Collection and Handling

The following instructions are intended to help you collect the correct specimen for the test. Read all the instructions carefully, make sure you are prepared, and follow each step described below to ensure proper collection.

WASH YOUR HANDS PRIOR TO SPECIMEN COLLECTION

1. Open the specimen collection kit.
2. Go to the bathroom as you normally would.
3. Do not flush your used toilet paper right away. You will use this to collect your specimen.
4. Open the swab, careful not to touch anything to the soft tip. Rub the swab on the used toilet paper to collect your sample.
5. Unscrew the tube cap and hold the tube opening away from you and carefully insert the soft tip of the swab into the tube.
6. Break the swab at the point indicated by the colored line.
7. Tightly screw the cap on the tube. Wash your hands thoroughly. Place the specimen tube into the return packaging provided.

NOTE: It will take 24 to 48 hours for the lab to release your results.