



 **TRUE**[®]
RESIDENTIAL



TRUE[®]

Since 1981, TRUE has been designing and building premium cardio equipment with the same goal in mind - to make our treadmills, ellipticals and bikes unrivaled in comfort, durability and style. All of our product designs start with being biomechanically correct and orthopedically comfortable. In order to meet our own exceptional standards, all of our products must also have a smooth and natural feel that is extremely quiet and designed with superior durability. This simple philosophy has allowed TRUE to evolve into a leading global cardio equipment manufacturer.

PS300

 TRUE

At TRUE, we strive for perfection and we foster creativity and innovation. During the last three-plus decades, TRUE has changed many standards across the cardio equipment landscape by being the first to offer features such as:

Heart Rate Control

Weight Loss, Performance and Aerobic training all starts with your heart rate and TRUE's HRC Cruise Control gives you the option you to lock-in your heart rate when you reach your target, allowing you to train efficiently and maximize your workout.

Soft Select™

An engineered cushioning system found on TRUE treadmills that provides a soft impact area and firmer push off area, providing a treadmill that is easier on your knees and an orthopedically correct running surface.

Cardio 360™

TRUE's Core Drive™ elliptical design allows you to use the elliptical as a cardio machine and resistance trainer with a sequence of randomized upper body, lower body, and total body exercises.

Technology

No matter where we find ourselves, technology is an everyday part of our lives and being connected has never been more important. With TRUE's Transcend and Escalate displays, you can connect to entertainment and workout data tracking tools.

Mobile App

TRUE Fitness' own mobile app allows users to track their workouts and stay motivated. Available on both iTunes and the Android Marketplace, the TRUE Fitness app allows users to keep statistics of their time, distances, calories burned and more. Download the app for *free* today.





MOTIVATION

SERIES

TRUE's Motivation Series treadmills and ellipticals are compact in size so they easily fit in your home, while offering the highest value, quality and features in their class. The M-Series treadmills provide a cushioned front for softer impact and firmer back for a more stable push-off, while the M-Series ellipticals use a patented core drive design that delivers you TRUE's Cardio 360™ Total Body training programs. With Cardio 360™, you can engage in a total body, upper-body only, or lower-body only workout. All M-Series treadmills and elliptical are equipped with clear and crisp displays that help you stay motivated.



MOTIVATION SERIES ELLIPTICALS

- Cardio 360™ Total Body Workout
- Orange LED Display with 12 Preset Programs
- Extended Handrails for Easy Entry and Exit



MOTIVATION SERIES TREADMILLS

- HRC Cruise Control
- 7" Single Window LCD with 7 Preset Programs and 2 Saved Workouts
- Robotically Welded Heavy-Gauge Steel

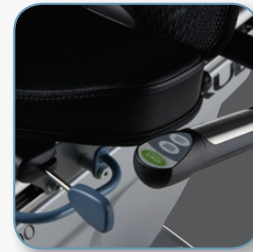




PERFORMANCE

SERIES

TRUE's Performance Series treadmills, ellipticals, and bikes are commercial designs and commercial quality made available for home use. TRUE's Performance Series treadmills, ellipticals, and bikes are the workhorses of home cardio equipment and come with an array of versatile features that will fit your needs.



PERFORMANCE SERIES ELLIPTICALS

- Cardio 360™ Total Body Workout
- Ergonomically Designed Multi-Grip Handles with Upper Body Only Capability
- Cushioned Anti-Fatigue Orthopedic Soft Step Footpads



PERFORMANCE SERIES RECUMBENT BIKES



- Ergonomic Mesh Seat with 24 Fore/Aft Positions to Accommodate Users of Various Heights
- Walk-Through Design for Easy Entry and Exit
- Dual Window Red LED With 7 Preset Programs

PERFORMANCE SERIES TREADMILLS

- Soft Select™
- Orthopedic Belts
- Three Display Options





EXCEL

SERIES

TRUE's Excel Series brings you the most rugged and innovative function in sleek and dynamic designs. TRUE's unrivaled Excel Series brings you the ultimate in home treadmills, ellipticals, and bikes.

EXCEL SERIES TREADMILLS

- Powerful Quiet-Drive 4 Horse Power DC Motor
- Orthopedic Belt
- Adjustable Soft Select™ System
- 3% Decline Option Available
- Multiple Display Options



EXCEL SERIES ELLIPTICALS

- Electronically Adjustable Stride from 16" to 27" in 1/2" Increments
- Cardio 360™ Total Body Workout
- Cushioned Anti-Fatigue Orthopedic Soft Step Footpads
- TRUE Lock™ locks the footpads in place for increased safety while not in use
- Two Dynamic Display Options



EXCEL SERIES UPRIGHT BIKES

- Extremely Low Step-Over Height Allows for Easy and Safe Entry and Exit
- Gel Seat with an Adjustable Universal Seat Post
- Ergonomic Handlebars



EXCEL SERIES RECUMBENT BIKES

- Walk-Through Design Maximizes Space and Allows for Easy and Safe Entry and Exit
- Elastic Mesh Seat with Conforming Lumbar Support
- Thumb Control Resistance Switches



Z-SERIES

If you are looking to bring your fitness routine home, but space is an issue, look no further than the TRUE Z-Series treadmills. Voted Runner's World's "Plushiest Ride", the TRUE Z5.4 treadmill offers the known TRUE quality in one of the most space efficient home treadmills on the market. Designed to fit into your lifestyle without overtaking it, these machines offer not only a small footprint and low step-up height, but a proven belt and deck combination, further enhanced by TRUE's Soft Select system. The Z treadmills offer a compact design without compromising your running surface. Intelligent design, features, and TRUE durability in a compact machine makes Z treadmills perfect for the space-conscious consumer.





treadmills | ellipticals | bikes

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