



Download the Power Plate App today for even more ways to get the most out of your Power Plate.



**Convenient, Targeted Vibration.
Accelerated Results.
Efficient and Effective, Less Time.**

Prepare - increase circulation, enhance flexibility

Recover - relieve tension, reduce pain

- Premium handheld massager
- Four intensity levels
- Six attachments
- Press **POWER** button once to display battery life
- Press **POWER** button two to five times to increase intensity
- Press **POWER** button six times to turn off



NEW PREMIUM CARRYING CASE

The Power Plate® Pulse™ now includes a convenient, durable carry case. Perfect for travel, perfect for storage.

- Protective padded case ensures the Power Plate Pulse can go with you anywhere
- Keeps charging cord, travel adaptors and massage attachments in one place



SIX MASSAGE ATTACHMENTS

The Power Plate Pulse comes with six different attachments to better suit your preparation and recovery.